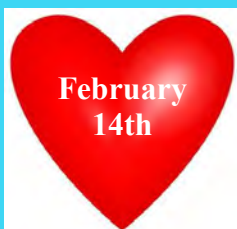


FREE

SPECIAL POINTS OF INTEREST:

- Onaping Falls Huskies
- 2nd Annual Jordan Landry Funspiel
- Sewing Classes
- Golden Age Club
- Library Fun
- Free Acrylic Art Instruction
- Warming Hearts...
- FREE Cooking Classes
- World of Prayer Day 2019
- Onaping Legion Branch 503



Family Day
is Monday,
February 18th

INSIDE THIS ISSUE:

- School News
- Feel FREE to Swim
- Feel FREE to Skate
- Melinda Moments
- Lions Club
- Healthy Living with Danika
- Camo Fridge Raffle
- Hypnosis Show & Dinner
- The Tradition Keeps On
- Free Acrylic Art Class
- FALLS FOOD hours
- Kids Korner
- Community Action Network



ONAPING FALLS NEWS

VOLUME 17

FEBRUARY 2019



Onaping ~ Levack ~ Dowling

CARNIVAL BUTTONS
\$5

Friday February 1

Join us in celebrating the 1st Annual Onaping Falls Winter Carnival!

6 pm to 7 pm
Opening Ceremony @
Dowling Leisure Centre
(free cake, coffee, tea)

7 pm to 9 pm
Community Bon Fire

Buy your CARNIVAL buttons at local stores

Saturday February 2

9 am - 12 noon
\$ 3 Pancake Breakfast @
Onaping Curling Club

10:30 am - 12 noon
FREE Kids Curling @
Onaping Curling Club
(Must bring indoor shoes for ice surface)

12 noon - 4 pm
Onaping Community Centre
Carnival Games & Prizes, Wagon Rides, Face
Painting, Bouncy Castle, Greater Sudbury
Police Service Display, Levack Fire
Department, Snowshoe Races, 2x2 Races
FREE Hot Chocolate, Coffee or Tea, Cake Walk &
BBQ by Knights of Columbus-Levack
(not included in Carnival Button)

2 pm - 4 pm
Russell Beaudry
Outdoor Rink -
FREE Family Skate,
Puck Shoot-Out Competition
for all ages

8 pm to 1 am
Re-introducing the
"Malamute Saloon",
\$ 10/person @ Dowling
Leisure Centre,
Live entertainment
by Outsider

Sunday February 3

9:30 am - 12 noon
Buffet Breakfast @ Windy
Lake Restaurant
(\$ 9 for Adults, \$ 6 for Kids under 10 yrs)

10 am - 1 pm
\$ 3 Pancake Breakfast @ Dowling LC

11 am - 2 pm
Onaping Falls Nordics Ski Club -
FREE X-Country Ski & Snowshoeing
mini-tours & lesson

12 noon - 4 pm
Dowling Leisure Centre -
Carnival Games & Prizes, Face Painting,
Bouncy Castle, Greater Sudbury Police
Service display, Dowling Fire
Department, Vintage & Modern
Snowmachine Show, Photo Booth,
Martial Arts Demonstration by
KMAC Dowling, FREE Hot Chocolate,
Coffee or Tea

12 noon - 2 pm
Meet Sudbury 5 players @ Dowling LC

1 pm - 3 pm - FREE Family Skate
1 pm - 3 pm - "Fill Your Belly"
Bingo by Onaping Falls Lions Club

4 pm - 7 pm - Carnival Close @
Onaping Falls Legion
Live Entertainment by
Dave McNabb
-Lock & Key Raffle Draw



Home hardware

STORE HOURS
Monday to Saturday
from 9am to 5pm
CLOSED on Sundays

47 Levaack Drive, Levaack, Ontario
705-966-3335

Check out our many products online at
www.homehardware.ca

EXTRA BIG SAVINGS HURRY IN! WHILE SUPPLIES LAST.
No rainchecks. No online orders. We reserve the right to limit quantities.

SAVE 58%
EZ Folding Step Stool 4466-050
Was \$10.99
4⁹⁷

SAVE 45%
14" x 29" Boot Tray Black. 4433-655
Was \$10.99
5⁹⁷

SAVE 46%
Biodegradable Cleaner/Degreaser 650 mL. 4521-764
Was \$4.99
2⁶⁶

SAVE 63%
Basket Coffee Filters 3849-189
Was \$3.49
1²⁷ Pack

Feb. 7 to 13 (9203)

EXTRA BIG SAVINGS HURRY IN! WHILE SUPPLIES LAST.
No rainchecks. No online orders. We reserve the right to limit quantities.

SAVE 41%
Clean Removal Painter's Tape 36 mm x 55 m. 1670-133
Was \$14.99
8⁷⁷ Pack

SAVE 53%
Dimmer Switch Single pole or 3-way application. Compatible with all bulbs. 3674-570
Was \$26.99
12⁶⁷

SAVE 50%
Super Strength Bowl Cleaner 900 mL. 4521-253
Was \$4.99
2⁴⁷

SAVE 50%
25' All-Weather Extension Cord 14/3. 3629-425
Was \$31.99
15⁹⁷

Feb. 21 to 27 (9204)

EXTRA BIG SAVINGS HURRY IN! WHILE SUPPLIES LAST.
No rainchecks. No online orders. We reserve the right to limit quantities.

SAVE 40%
Shop Towels Absorbs oil and grease. 55 sheets per roll. 4528-802
Was \$2.99
1⁷⁷ Roll

SAVE 39%
Max Alkaline Batteries 9V. 5302-842
Was \$8.99
5⁴⁴ Pack

SAVE 43%
Black Oil Sunflower Bird Seed 9 kg. 5408-925
Was \$18.99
10⁷⁷

SAVE 45%
LED Bulbs A19, 14.5W soft white or 1W daylight. 3652-984/985
Was \$3.99
7⁶⁷ Pack

SAVE 55%
Heavy Duty Utility Knife 18 mm. rubber grip insert. 1034-446
Was \$12.99
5⁷⁷

Feb. 28 to March 6 (9205)



Marc Serré

M.P./Deputé
Nickel Belt

2945 Hwy/route 69N
Suite/Bureau 203
Val Caron, Ontario P3N 1N3

Tel: 705-897-2222

Email:

marc.serre.parl.gc.ca

www.marcserre.ca

Facebook @ Marc Serre

Nickel Belt winters offer a beautiful landscape to explore.
A great way to make the most of these chilly months is to try a new winter activity with the family.



Did you know the Greater Sudbury Public Library has a Snowshoe Lending Program? Locations in Capreol, Coniston, Dowling, Garson, Onaping, South End, Valley East, Main, and more offer youth and adult snowshoes or rental at no cost if you have a library card.

<http://www.sudburylibraries.ca>
Snowshoe-Lending-Program
#NickelBelt #GreaterSudbury #Coniston
#Capreol #Dowling #Garson
#Onaping #ValleyEast



1,2,3,FORE!

Its Time for Golf

Come to Play , Stay for the Day! Join the Fun!

Everyone is welcome! No experience Necessary!

Homecooking at its finest! Try our homemade Burgers & Fresh Cut Fries

Sunday Brunch Served From July long weekend to September long weekend

Book now for Parties, meetings, lunches and tournaments! We'll cater your Needs!

Inquire about the benefits of our Memberships, 2019 memberships on sale now!

Gift Certificates available!

NEVER GOLFED? Join for the fun of it

TRIAL Memberships -Try out the beach & course

for the month of July for \$200*

For more information call 705-966-2077 or check online
at www.golfwindy.com

Mark your calendars and join us for league play.

Men's night Hole in One contest jackpot is growing!

*some restrictions apply



Men's Night—Tuesday Evenings **Sr. Ladies**—Wednesday Mornings

Sr. Men's—Thursday Mornings **Thirsty Nighters**—Open to all Thursday Evenings

Couple's Night—Friday Evenings **Many more Special Events!**

ELLARD for the Hattie!

by Dolly Gordon

Just a few days short of his 82nd birthday, yup, you read that right, his 82nd birthday, local resident extraordinaire, Ellard Durling scored a Hat Trick during his weekly hockey night with the Onaping Oldtimers Hockey Club. January 9, 2019.

He is being presented, in the photo to the right, with an award by Danny Besserer.

Ellard has been one of the most active volunteer of 'Everything Onaping' I have ever known.

If there was an 'Onaping Lifetime Achievement Award' I would vote for Ellard being the recipient.

Congratulations on your 'goals' Ellard.



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David Blackburn
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Onaping Falls Minor Hockey Association



WE ARE THE CHAMPIONS!



Congratulations to our **Peewee Huskies** bringing home Gold in the 2019 Julie Roy Memorial Verner Bulls Cup Challenge on January 13th winning their final game 4-1 against the Verner Bulls.

Front l to r ~ Lucas Morin (AP), Geret Lepage 2nd Row l to r - Maxwell Yarkie, Drew MacNeil, Jack Landry, Alex Trucotte and Ethen Wheatley.

3rd Row l to r ~ Caleb Robillard (AP), Jacob Rogerson, Olivier Drapeau and Curran Morin

Coaching Staff - back row l to r Mark Turcotte, Keith Landry, Eric Drapeau. Missing : Andre Lepage, Derrick Charron and Manager, Sylvie Lavigne.

Atom Huskies brought home Gold in the Wrightway Winter Classics Tournament from Sturgeon Falls.

Congratulations Team!

Front row l to r - Hunter Gagne, Evan Deziel, Lucas Morin, Felix Comtois, Emersson Demers, Logan Lessard and Gregory Dusick. Middle row l to r Kameron Goudreau, Carsyn Duguay, Evan Jones, Reagan Purvis, Lowell Huskinson, Caleb Robillard, Aubry Charron and Carter Allair. Absent Owen Bouchard.

Coaches back row l to r Shane Duguay, Bobby Allair, Jeremy Dusick, Dan Lessard and Ryan Huskinson Absent Manager Lori Huskinson



Come cheer on our HUSKIES in our hometown arena on Tuesday February 5th at 6pm ; Saturday February 9th at 2pm ; Sunday February 10th at 4pm and 5:30pm ; Saturday February 16th at 12pm and Sunday February 17th at 5:30pm

Volunteers Needed

The Onaping Falls Community Action Network (O.F.C.A.N.) in conjunction with the Greater City of Sudbury are considering the following new projects for Levack and/or Onaping and/or Dowling:

- ~ Community Gardens (edible or floral)
- ~ Community Bike Path (s)
- ~ Dog Park (s) contact Daniel Saur email habs143@golden.net
- ~ Greater Sudbury Community Centre User fee Cost Parity
- ~ Basic Computer Skills Training
- ~ Community Park benches
- ~ Seniors Rapport (Fall avoidance seminars, etc)
- ~ Community garage Sale
- ~ Community Beautification Committee

If any of these projects appeal to you and you would look to assist in making them happen in your community please contact Michael Armstrong at 705-966-2767 or email us a onapingfallscan@gmail.com.

If you have another project in mind that could help improve our community please contact us and we can help make it happen. We can provide liaison with appropriate city officials, help arrange release of city resources and can help arrange funding **but without volunteers, projects will be shelved until resources become available.**

Community Action Network

www.ofcan.ca

Contact
Chair: Michael Armstrong
(705)929-1547

Secretary: Cristale Marier
Treasurer: Sharon Leblanc
Communications
Coordinator: Scott Sagle



Photo by Alfred Royal

2nd Annual JORDAN LANDRY

FUNSPIEL

Sunday, February 24th, 2019
 \$50 per person
 Includes Dinner, Fun and Prizes
 at the Onaping Curling Club

Wear your hockey team colours !



Jordans favourite player

For more information or to sign up please call Jana Lahnalampi at 705-923-1774

Monies raised will be donated to

NEO KIDS



Follow us on Facebook

Onaping Falls Pastoral Charge

Larchwood Memorial, Dowling & St. John's, Levack, Onaping, Cartier

Schedule of Services

Larchwood Memorial, Dowling 9:30 a.m.
 St. John's, Levack 11:00 a.m.

February 10th St. John's Annual Meeting followed by a 'Pot Luck' Lunch

February 24th Larchwood Annual Meeting

FEBRUARY 6th St. John's is having another 'Buttertart Bee'

Large, Yummy Tarts - with or without raisins
 Butter tarts \$16.00 per doz. Or \$8.00 for 1/2 dozen
 Available for Pickup after 1:30 p.m. on Feb. 6th

To order: contact Sharon LeBlanc 705-677-4585

Shop Local

valu-mart Roger's

30 Main Street East
 DOWLING, Ontario

705-855-5121



Onaping Falls Branch 503
1 St James, Onaping, ON
705-966-2387
 Email: Branch503@eastlink.ca



Branch 503 welcomes another new Member ~ Hayden Pearson ~ at the January 9th General Membership Meeting.



Hayden has been a volunteer at many of our Branch events and we are happy to have him join our Membership. Hayden is pictured here with President John Getchell M.B. and Membership Chair Melanie Moggy.



Royal Canadian Legion
 Branch 503
 1 St James Street, Onaping



Student Public Speaking Contest
Sunday February 10, 2019

Open to ALL Students in the
 Onaping, Levack and Dowling school zone area
 Including Home Schooled Students.

Annual Student Public Speaking Contest starts at 1:00 pm sharp on
 Sunday February 10th, 2019 at Onaping Falls Branch 503 Legion Hall.

Registration for all Grades starts at 12:00 noon and closes at 1:00 pm.

The speech topic selection is open for Students to decide and speeches can be in either French or English. Time parameters of the speeches are 3 to 5 minutes for grades 1 to 9, and 5 to 7 minutes for senior grades 10 to 12.

All First Place Winners will advance to the Zone Level Contest, which will be held on Sunday February 24th, 2019 at the Espanola Legion Branch 39, located at 370 Annette Street, Espanola. ~ Registration is 12:00- to 1:00 pm.

Entry Forms are available at the Schools or
 Contact us by e-mail or phone the Branch:

Ramona Halldorson, Youth Education Chair
 Onaping Falls R.C.L. Branch 503
mhalldorson@eastlink.ca
 Tel: 705-966-2387

Weekly Events at Branch 503

Monday	7:00 pm	Mixed Pool ~ in the Club Room ~ \$5.00
Thursday	7:00 pm	Dart League ~ in the Club Room ~ \$7.00 Join the League or Spare In
Thursday	7:30 pm	Euchre ~ Upstairs in the Hall ~ \$10.00
Saturday	3:00 pm	Porquetta Bingo ~ in the Club Room ~ \$15.00

Club Room Hours:
 Monday to Friday ~ 4:00 pm to closing
 Saturday ~ 1:00 pm to closing
 Sunday ~ 3:00 pm to 7:00 pm

MIXED POOL EVERY MONDAY NIGHT
 Games start at 7:00 pm ~ \$5.00



Members and Non-Members ~
 Everyone is Welcome to Join In!

It's Euchre Time

Branch 503 Plays
EUCHRE every Thursday at 7:30 pm at Branch 503 Legion Hall
 No Pottery is Impaired!
 Please register between 7 and 7:30 pm.

LEGION DART LEAGUE PLAYS EVERY THURSDAY at 7:30

\$7.00 to Play
 Everyone is Welcomed

YOU CAN JOIN THE LEAGUE OR JUST COME OUT AND SPOON! SEE YOU THERE!

For Information Call Marlene Orsinger at 705-966-2387 or the Legion at 705-966-2387

Ladies' Auxiliary Presentation to Onaping Falls Branch 503



The Ladies' Auxiliary of R.C.L. Onaping Falls Branch 503 was thrilled to present a Donation of \$2,000.00 to the Branch. The presentation was made at the January 9th General Membership Meeting by the Ladies' Auxiliary President Shelly Chisholm to our Branch President John Getchell, M.B.

BOOK YOUR SPECIAL EVENT at Onaping Falls Branch 503

1 St James Street, Onaping, Ontario
 705-966-2387 ~ Email: branch503@eastlink.ca



Weddings, Parties, Anniversary, Fundraisers and Special Occasions ~ The Legion Hall at Branch 503 is an excellent venue for your Special Event. We are Fully Licensed and can provide full Bar Service for your event! Contact Branch 503 to book your event and let our friendly staff help you coordinate your special occasion **the way you want it!**



Johnny CASH night in Onaping
Friday April 12, 2019
 At Branch 503 - 1 St James in Onaping



Canada's most critically acclaimed tribute to Johnny Cash!
 The Ring Of Fire: A Johnny Cash Experience
 It doesn't get any better than this anywhere.

THIS EVENT IS NOW SOLD OUT

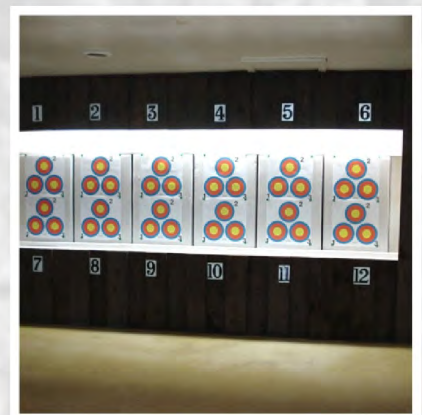
The band is currently on tour to specifically support Royal Canadian Legion Halls. The young generation of today need to know the importance of our Legions and the community benefits they offer to our Veterans & their families. Every year 11 Branches close their doors forever due to lack of funding and support. That is 11 doors that close on our Canadian Military Veterans. Our mission is to prevent that from happening.



Ten Point Archery is your local source for top-quality archery products, including bows, targets, hunting clothing and more.

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Call us today! **1-705-222-0010**

The Tradition Keeps On!

The Tradition Keeps On!

Onaping Oldtimers Hockey by Ellard Durling

In 1955, a group of dedicated young athletes came together to form a hockey team called the “Hardy Falcons”. In the early years the team roster consisted of Falconbridge employees, and the intent was to play a game of hockey with colleagues, enjoy a few beer, and have some laughs. The first games were played on Sunday mornings at the Sudbury Sportsman League in Falconbridge. The boys from Onaping would load equipment and themselves into cars early and travel to Falconbridge to play their counterparts. Their coach was Bill Nichols. Early members of the team were Ellard Durling, Lawrence Belec, Ron Green, Bill Gordon, Gene Barkett, Russ Beaudry, Ron Decou and Alton Evans. To this day Ellard has remained active in keeping this team and its spirit alive. While the faces and venues have changed over the years, one aspect has not changed, and that is the spirit of good fun camaraderie and good clean hockey.

In the 1960’s the team quit travelling to Falconbridge (because Moffats went out of business) and started playing hockey at the Levack Arena. Here games were arranged between the Onaping and Levack teams utilizing ‘oldtimers rules’. Some games were held at open air rinks for the Winter Carnivals where the change rooms were the payers cars and it was so cold the ice surface cracked. Players who joined during the sixties were Don Fife, Vic Butkevitch, Chummy White, George Lamothe, Ray Landry, Larry Watkinson, Ernie Domenico, Ted Holmes, Van van Buskirk, Sam Waytowich, Paul Labine, Al Barry, Bob Corrigan, Keith Winn, Rick Allair and Oliver Toppi.

Entering into the 1970’s, the oldtimers played various exhibition game against Falconbridge ‘s Toronto Office and also assisted in the development of the local Minor Hockey League and Winter Carnival. In the 70’s this group of gentlemen became known as the ‘Wednesday Niter Oldtimer Hockey Club’ and drafted the likes of John Hancock, Dan Besserer, Bill Terrick, Bill Shaver, Pat Gougeon, Len Rivest, Hector Sloan, Ray Leverre, Mickey Allair, Jim Nerpin, Robert Jussila, Don Cornett and Paul Severin.

The Next decade, the team kept getting together and selected the teams based on who would show up to each outing. The 80’s were extremely good years for the Oldtimers and many talented players joined the ranks. Big names that were drafted in the 80’s were Jack Miller, Rick Landry, Jack Corrigan, Graham Marshall, David Beaudry, Arnold Pechkoff, Bert Leadbeater, Roy Bishop, Mark Mooney, Ron Sarazin, George Watier, Doug Armstrong and Vic Mc Donald.

Now into the 1990’s and over 4 decades of excellent sportsmanship and camaraderie the club has flourished and now the sons are coming on stream. Joining the ever increasing brotherhood of the Wednesday Niters are such names as Matti Hawryluk, Bo Thomson, Barry Scully, Shawn Byrne, Brendan Byrne, Jay Gordon, Oscar Whalen, Tim Durling, Keith Trott, Sandy McDonald, Jack Lampi, Paddy O’Byrne, Boo Lappan, Doug Armstrong, Larry Whalen, Alex Rouleau and Steve Bastien. Anyone who has ever had the pleasure of playing Wednesday Niter Hockey can attest to the fact that it is the most fun you can have while playing hockey.

In the early 2000’s..... **to be continued in the March issue of the Onaping Falls News.**



FRANCE GÉLINAS

**La députée provinciale de
NICKEL BELT
MPP**

705-969-3621

fgelinas-co@ndp.on.ca

**5085 HWY 69 N, Unit 15,
Hanmer, ON P3P 1P7**

WE ARE HERE TO HELP!

Our Community Office Team is available to help residents of Nickel Belt in areas such as:

- **Birth Certificates and Certificates of Marriage**
- **Commissioner of Oath Stamp**
- **Congratulatory Messages (Birthdays, Anniversaries, Special Accomplishments)**
- **Family Responsibility Office**
- **Health Services (Home Care, Ontario Drug Benefit, Travel Grants)**
- **Ministry of Transportation (Licensing, Medical Review)**
- **Social Services**

Fleurs Magiques
Flowers

Order your Valentine flowers before February 9th and receive a FREE box of Chocolates.
(Free delivery to Levack, Onaping or Dowling with an order over \$50)

705-855-3321

Kids Korner

by Arianna Thibodeau

What do you call two lovebirds in love?

TWEETHEARTS!

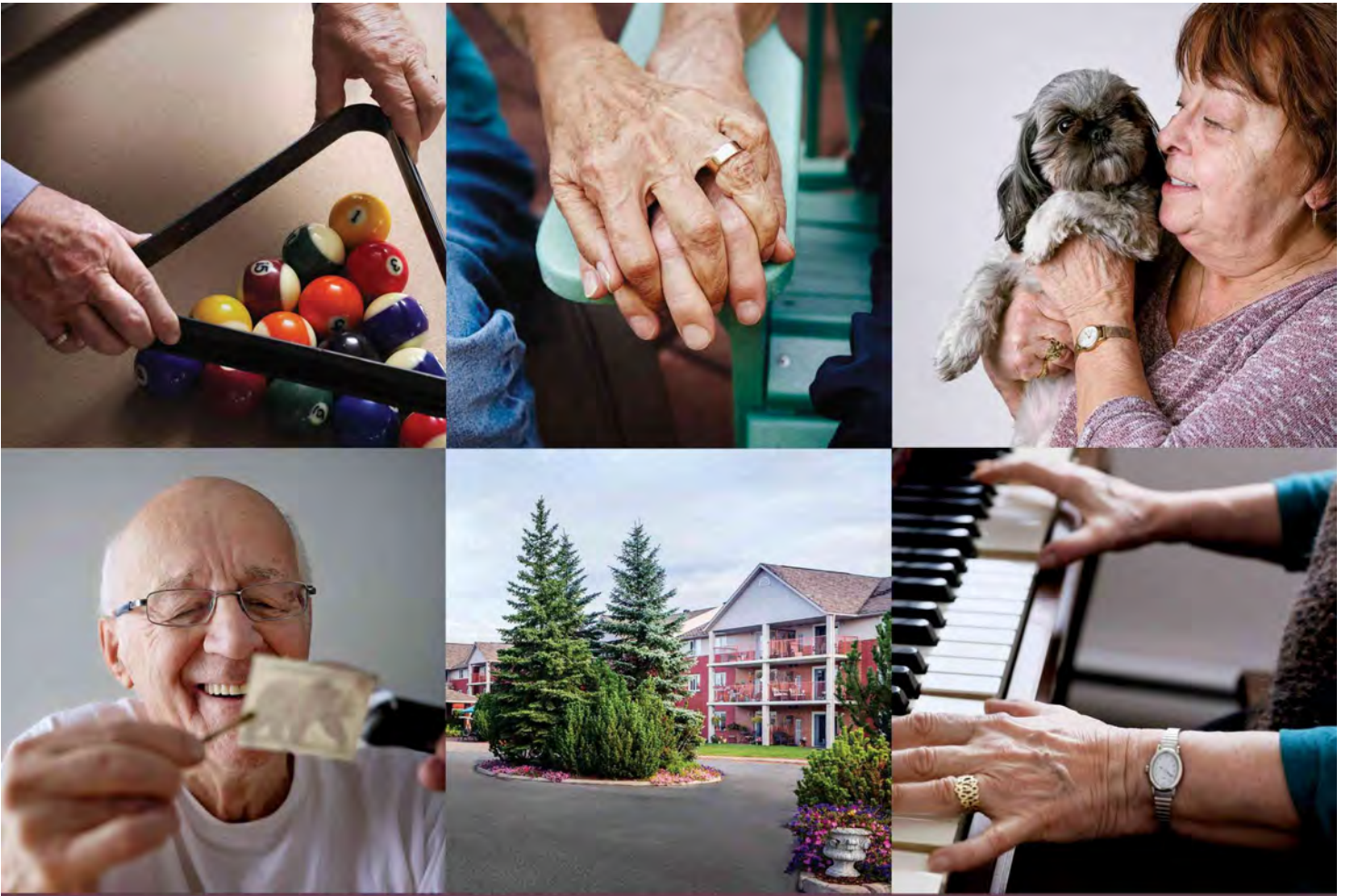


What did the boy octopus say to the girl octopus?



Can I hold your hand, hand, hand, hand, hand hand, hand, hand?

Happy Valentine's Day



Moments That Matter

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CHARTwell
retirement residences

Shop Local



Levack I.D.A. Pharmacy
Mickey Brunelle - Owner/Manager

705-966-3612
2 First Avenue North

Thank You

Norm's Celebration of Life and Birthday Bash was a blast. Many thanks to all who joined us. Thank you to the Golden Age Club Ladies for the fabulous lunch and to all the others who assisted. To those of you who were unable to attend, I know we were in your thoughts and prayers. Thank you to our bagpiper, Sandy Spenceley, who brought tears to many.

Thank you my dear people for everything you have done for my family.

Love, Leona

SEWING CLASSES

Every Tuesday at 10
Every Thursday at 6:30pm
Sergers Workshop—TBA

Please call LEONA DAWE
if you are interested in joining!

705-966-3493

Shop Local



Cathy's Artistic Cuts

HOURS

Tuesday 9am to 6pm
Wednesday 9am to 4pm
Thursday 11am to 9pm

CLOSED on
Friday, Saturday, Sunday & Monday

705-966-2766
Onaping Plaza

The Onaping Falls News

Published on the 1st day of each month
Submission deadline is the 25th of each month by noon

Editor ~ Dolly Gordon 705-662-9095

Website/Facebook Editor ~ Samantha Brazeau-Wilson

Contributors ~ Sean 'Blue' Gray, Kyleen Gray, Arianna Thibodeau,
Jana Niemi-Lahnalampi, Samantha Brazeau-Wilson, Melinda Mott
and Danika Lavoie-Rochette

Online Newspaper ~ www.onapingfallsnews.com

For more information please email justdolly@persona.ca

Call or text 705-662-9095



Windy Lake Motel & Restaurant

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OPEN Saturday & Sunday at 6am
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FEEL FREE TO *SWIM*

at the ONAPING POOL every
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EVERYONE WELCOME

FREE program runs until
April 20th, 2019

FEEL FREE TO SKATE

at the LEVACK ARENA
Friday Nights from 7pm to 8pm

EVERYONE WELCOME

FREE Program runs until
March 31st, 2019



Gerry Montpellier

City of Greater Sudbury
Councillor ~ Ward 3

Phone : 705-698-2759

Email

gerry.montpellier@greatersudbury.ca

Facebook @ Gerry Montpellier

Join today - \$20 a year - age 50 plus

Onaping Falls

Golden Age
Club

705-966-2502

109 Service Road, Onaping, Ontario P0M 1L0

Monday

Cribbage 1pm- Open

Pool 1pm contact -Harvey 705-855-4223

YOGA 6pm With Jana & Friends

contact Melinda 705-966 2379

Tuesday

Pay me Cards 12:30 pm – Open

also Cards - 31 at 1pm.

Pool 1:pm. - Open

BINGO at 7pm open to all legal age

Wednesday

Line Dancing 9:30 am

contact Lillian Xilon 705-855-9255

Euchre 1:00 pm -Open

Thursday

Thirty one 1pm – Also Open Cards

12:30 pm Pool (6 Ball Snooker)

Womens' Pool 6:30 pm (Open to public)

Friday

Open Music Jam 1 pm -Every third Friday –
contact Jim 705-966-0137

POOL—Open Pool 7pm Friday

contact Larry 705-966-3932

Friday Bowling White Water Lanes- please
contact gene 705-966-2251

Saturday

Every second Saturday Games night 6:30pm

contact Sharon at 705-677-4585

**Executive Meeting ~ second last Thursday
each month**

**General Meeting ~ last Thursday of each
month with pot luck**

**President Nevaida Howe ~ 705-966-0137
Club phone ~ 705-966-2502**

**Membership open to everyone age 50 or over.
Couples one spouse must be 50.**

Yearly fee \$20.00

ONAPING LIBRARY

Fun

Feb. 7th ~ 6:30pm ~ **Slime Time**
Feb. 21st ~ 6:30pm ~ **Minute to Win It**



Story Time

February 11th at 10:30

February 25th at 10:30

FALLS FOOD

**FEBRUARY
HOURS**

Feb. 20th
And
Feb. 27th
From
4pm to 7pm



Contact us via
Facebook
or email at
fallsfood@hotmail.com

Located in the Onaping Falls Community Centre

FREE Acrylic Art Instruction Day



ART SEMINAR

Sponsored by
the Onaping Falls Art Club

Saturday, February 9th at 10am
Location : Onaping Falls Golden Age Club

Free supplies

To register please call Rita at 705-966-2623 or
Emanuelle at 705-966-1999 or
Nevaida at 705-966-0137

Only 20 spots available.

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- Whitening: Wicked White
- Desensitizing
- Denture Cleaning
- Oral Hygiene Instruction
- Canadian Cancer Screening

*Did you know your Oral Health
is the Gateway to your Overall Health?*



Paula O'Connor

I am excited to provide mobile dental hygiene care for you right in the comfort of your own home, office or retirement home. I have over 25 years experience, this combined with a friendly and personal approach will ensure you will be treated with utmost care. Whether you're fearful of trips to the dentist, have difficulty getting around or are simply too busy to fit in a typical appointment I can provide you with the opportunity to experience dental hygiene care in a comfortable and convenient way.

♥ When you smile I smile. ♥

Proudly serving the Great City of
Sudbury and surrounding areas.

Direct billing to all
Dental Insurance
Companies

Healthy Smiles At Home



Paula O'Connor
Registered Dental Hygienist

705-920-5466

healthysmilesathome.ca
windylake@xplornet.ca

Win this Realtree Camo Fridge

Buy a \$5 key !

If your key opens the lock you win **the Fridge plus \$150 Beer Store Gift Card and a ton of Sports S.W.A.G. Only 250 keys available!!**

Join us at the Onaping Legion on Sunday, February 3rd from 4 to 7 and try your key in the lock.

Can't make it?? Still buy a key, put your name on the envelope and we will try your key for you, in front of the crowd!

Keys can be purchased throughout town and on Carnival weekend!



License # M812886

Healthy Living with Danika

by Danika Lavoie-Rochette

February is traditionally depicted as the month of love. One person we often forget to show our appreciation for, however, is ourselves. We are so busy trying to please others that we forget to take a bit of personal time out of our day. Small daily or weekly practices, such as ten minutes of meditation or half an hour of reading before bed can significantly improve our mental and overall health.

Here are a few other helpful practices: At the end of the day, take a moment to write down three great things that occurred, or that you are grateful for. Focussing on the positive aspects helps bring up our overall morale. On Sundays, take a half hour or so to arrange your weekly menu. Planning ahead increases your chances to make healthier food choices, resulting in you feeling your best. At least once a week, make sure you indulge in an activity that you truly enjoy, whether it's cooking a new meal, dancing, painting, etc. Make this time you take for yourself, non-negotiable. Lastly, take a few moments out of your day to just breathe. No noises, no distractions, just you, checking in with your body. The smallest, simplest things can make all the difference.

Don't be afraid to show yourself some love!

Danika



Onaping Falls Lions Club

27 Sturgeon Street, Dowling, Ontario

705-855-1765



ONAPING FALLS LIONS CHARITY



MONDAY FEBRUARY 18th 2019

The Onaping Falls Lions Charity Bingo is asking the communities of Onaping Falls and surrounding areas to come out to the bingo and help support

NORTH SHORE SEARCH AND RESCUE

Incorporated in 1993, North Shore Search and Rescue is a not-for-profit organization. We are the collective efforts of volunteers from various professions and all walks of life who bring together their skills and experience to provide assistance to those in need of our expertise. We provide assistance to all authorities when requested to conduct Search and Rescue operations. Our members are given the training to develop the skills required to successfully and safely conduct Search and Rescue operations



6:30pm - WARM UPS

7pm - REGULARS

Dowling Lions Den

27 Sturgeon St



FOR MORE INFORMATION VISIT: www.northshoresearchandrescue.ca

Must be 18 years of age to play

DONATION ONLY SPAGHETTI DINNER



SUNDAY FEBRUARY 10th 2019

4pm to 7pm

Dowling Lions Den

27 Sturgeon St

Come out and enjoy a home cooked meal with family and friends!

Dinner in memory of "Lion Larry Gauthier".

No Donation is too small cause every little bit helps!

All profits raised this year will be used to purchase supplies to make Chemotherapy Blankets for the

"Northern Cancer Foundation"



FILL YOUR BELLY



BINGO



SUNDAY FEBRUARY 3RD

Dowling Lions Den

1pm to 4pm

\$20.00 for 40 games

Porketta Style

Bingo

with Meals to Go!

Hosted by the Onaping

Falls Lions Club

must be 18 years of age to play

EVERY MONDAY NIGHT ONAPING FALLS LION'S CHARITY



6:30pm - WARM UPS

7pm - REGULAR

Dowling Lion's Den

27 Sturgeon St.

Must be 18yrs of age to play



A great big THANK YOU from the Onaping Falls Nordics Ski Club to the Onaping Falls Lions Club for hosting a Bingo on Monday, January 21st to raise funds for the Ski Club. A cheque for \$500 dollars was presented to Karen Kohl on Monday night at the bingo.
O.F.N.S.C. Executive

HYPNOSIS GONE WILD

Valentine's Day

COMEDY

HYPNOSIS SHOW AND DINNER

Cartier Community Center
Feb 16th

SINGLE: \$40
COUPLES: \$70

TIME 5:30PM *silent auction*
DINNER: 7PM *cash bar*
SHOW: 9PM *50/50*

THE BAD BOY OF HYPNOSIS
DAVE CURRAN



A moment with MELINDA

Be happy not because everything is good but because we can see the good in everything!



Winter Carnival
Breakfast Buffett
 from 8am to 11am
 on Sunday, February 3rd.



Windy Lake Motel & Restaurant
705-966-3967

\$6 for kids and \$9 for adults.

Come on out and enjoy a great breakfast before you head out to Carnival Festivities at the Onaping Falls Nordics Ski Club and the Dowling Leisure Centre!

SCHOOL NEWS



Become a
**CHELMSFORD
FLYER!**

C.V.D.C.S. OPEN HOUSE

Students in Grade 7 & Grade 8 are invited to join us to learn about what our highschool has to offer.

Come hungry because we will be serving a spaghetti dinner

WHEN: Tuesday, February 12th from 5pm to 7pm
Chelmsford Valley District Composite School



CHRISTMAS FEAST December 2018

All the kids got to have turkey dinner with all the fixins!



For bus cancellations you can call 705-521-1234 or go to the website at www.businfo.ca

**No School on February 18th
FAMILY DAY**





World Day of Prayer 2019

Come, Everything is Ready!

Please join us for the World Day of Prayer, a prayer movement that invites us to enrich our faith experience with the experience of Christians from other countries and cultures and to bring hope to women touched by injustice. Service written by the World Day of Prayer Committee of Slovenia.

St. Bartholomew Church

(location)

March 1st 2019 @ 2:00pm

(date and time)

More information about our community's service is available from

Terry Rapsky @ 705-966-3310

This service is organized by

C.W. of St. Bartholomew Parish

(participating churches)



The World Day of Prayer is coordinated by the Women's Inter-Church Council of Canada
47 Queen's Park Crescent East, Toronto, ON M5S 2C3
Tel: (416) 929-5184; Fax: (416) 929-4064
E-mail: wicc@wicc.org; Website: www.wicc.org
www.facebook.com/WICCCanada



Cooking with OCOF in Levack

Come join a group of parents to cook nutritious and inexpensive meals that are brought home.

Cooking Dates

Every 2nd & 4th Tuesday of the month,
from 10:00am-1:00pm

Levack Public School

100 High Street

**For more information or to register,
please call 705-677-0440 ext. 265**

Christmas Hamper Committee Report for 2018

January 11, 2019

Happy New Year!

Our Hampers were delivered on December 20th, 2018. This year we had 93 needy families sign up for a Christmas hamper. The hamper included everything that you would need for a Christmas dinner. The total cost was \$6,923.41. We delivered 91 hampers on the 20th and two after Christmas for a total of 93.

The Community Christmas Spirit was alive and well in Onaping Falls and Cartier this year. We had a Community dinner hosted by the Lions Club at the Leisure Center in Dowling and we served well over 300 people as well as some take-outs. It was a very busy night but enjoyed by all and we even had a visit from Santa.

The Christmas Spirit Committee also put white tags on Christmas trees in community Churches, financial institutions and local businesses and the people of the Community were quick to grab them and buy gifts for the children of the needy families who were signed up for the hampers. We try to cover children up to the age of 19 so that no one is left out Christmas morning.

The delivery of the hampers went well. The Knights of Columbus delivered the hampers in Levack, Onaping and Cartier and the Lions Club delivered in Dowling. Thank you so much for doing this.

It is truly a blessing to belong to a community that cares so much!

A **BIG Thank You** to everyone who helped in any way and/or donated. I am not going to name everyone because I would hate to miss someone. This is truly an awesome community who look after their own. Thank you very much for your generosity! The communities of Onaping Falls & Cartier are truly blessed to have such caring people living here.

Thank you for caring!

Karen Luttrell

Warming Hearts with Blessing Bags



The Onaping Falls Leos will be handing out
Blessing Bags at the Elgin Street Mission
in Sudbury on February 8th
from 6pm to 8pm

Things we need

Tooth Paste
Tooth Brush
Mini Shampoo
Mints, gum, candy
Hair brush
Hand warmers
Socks, Mitts, Hats
Water bottles
Wet Wipes
Deodorant
Chapstick
Blanket

If you have items for the
blessing bags please contact
Shannon Findlay at
705-920-1840 or email at
shannonfindlay8@gmail.com



"It's not how much we give but how
much love we put into giving."
— Mother Theresa



**Snow & Shine
Snowmobile Show
Sunday February 3rd
Noon to 4pm**

Dowling Leisure Center, Hwy 144 Dowling



Looking for snow vehicles of all kinds!

**Vintage, Custom, Modern, Racing,
Tracked Utility Vehicles, Snowbikes**

Any snow going machine!

**CARNIVAL BUTTONS
\$5**

Carnival activities, games, BBQ & More

**3\$ Pancake Breakfast
10am-1pm**



For more information look us up on Facebook

Onaping Falls Recreation Committee:
info@ofrecreationcommittee.com
(705) 918-1978

John Montpellier - Snowmobile show
john.montpellier@hotmail.com

Thank you to:



Regent St.
Sudbury



CANADIAN TIRE
Chelmsford



G.R. Montpellier
Appraisals



**ONAPING
FALLS
NEWS**

Onaping Falls Recreation Committee
"Believing in Community"



**MALAMUTE
SALOON**

Live entertainment by Outsider

Dowling Leisure Centre 8 pm
Saturday, February 2, 2019

\$10