

ONAPING FALLS NEWS

FREE

January 2018

Volume 5

Special points of interest:

- Phone Number List (back page)
- Onaping Falls Snowmobile Club ~ Poker Run
- Blues Outdoor World
- The Learning Curve
- Home Sweet Home
- Sesquicentennial Award

Returning to our February issue...

- ◆ Monthly Crossword
- ◆ Church Services
- ◆ Shop Local Series
- ◆ Community Heart & Soul

You are never too old
to set another goal or
to dream a new
dream.

– C.S. Lewis

Inside this issue:

Kids Korner
Seniors Corner
Onaping Falls Minor Hockey
O.F.C.A.N.
C.V.D.C.S. Open House
A Moment with Melinda
What's happening at Branch 503

ONAPING FALLS

WINTER CARNIVAL

February 3rd and 4th, 2018

\$5 Unlimited Bracelets available



- Indoor Games
- Outdoor Games
- Wagon Rides
- Puck Shoot Out
- Dizzy Lizzy
- 2x4 Races
- Ring Toss
- Face Painting
- Curling for Kids
- Open Air Rink Family Skate
- Cake Walk
- Movie Time (Rio Encore Theatre)
- Pancake Breakfast (Curling Club)
- Breakfast Buffet (Windy Lake Motel)
- Free Hot Chocolate
- Lock & Key Raffle
- Carnival Round Up (Legion adults only)
- Outdoor BBQ
- Snow Painting

and so much more

CARNIVAL

FAMILY PASS

\$60 (2 Adult 2 Children)

4 All Day Fun Pass Bracelets ~ 4 Pancake Breakfast Tickets

2 Cake Walk Tickets ~ 4 Buffet Breakfast Tickets

**1 Special Raffle Ticket to win a Family Prize
package valued at over \$100**

(only Family Pass holders are eligible to win this prize)

All events subject to change

Order online from home
www.homehardware.ca

Shop Local



Home
hardware

Open Monday to Friday 8:30am-5:30pm
Open Saturday from 8:30am-5:00pm

47 Levack Drive

705-966-3335

SAVE NOW!

Here's How.

Ultra High Efficiency Laundry Detergent
With Australian tea tree oil. 2.85 L.
4527-391#



SAVE 30%

Was \$8.99
6²⁷

SAVE NOW!

Here's How.



Omni Storage Boxes
Clear. 14" x 8" x 5"H.
4410-170

PACK OF 5

SAVE 52%

Was \$10.99
5²⁷
Pack

SAVE NOW!

Here's How.

Tamper Resistant GFCI
15A, 125V, with LED indicator lights.
3666-036



SAVE 60%

Was \$21.99
8⁷⁹
Each



24AA Premium Alkaline Batteries
5314-216

SAVE 50%

Was \$10.99
5⁴⁷
Pack



Lined Work Gloves
'A' grade leather.
5525-274

SAVE 56%

Was \$11.99
5²⁷
Pair

Poly Pex Pipe
1/2" x 20'.
3298-078



SAVE 55%

Was \$8.99
3⁹⁷

Windshield De-Icer
425 g. 8678-361



SAVE 52%

Was \$10.49
4⁹⁷



21" Poly Snow Pusher
5551-262

SAVE 41%

Was \$19.99
11⁷⁷

Toilet Brush With Storage Caddy
3215-079



SAVE 57%

Was \$6.99
2⁹⁷

While supplies last. No rainchecks. No online orders. Available in-store only. We reserve the right to limit quantities.

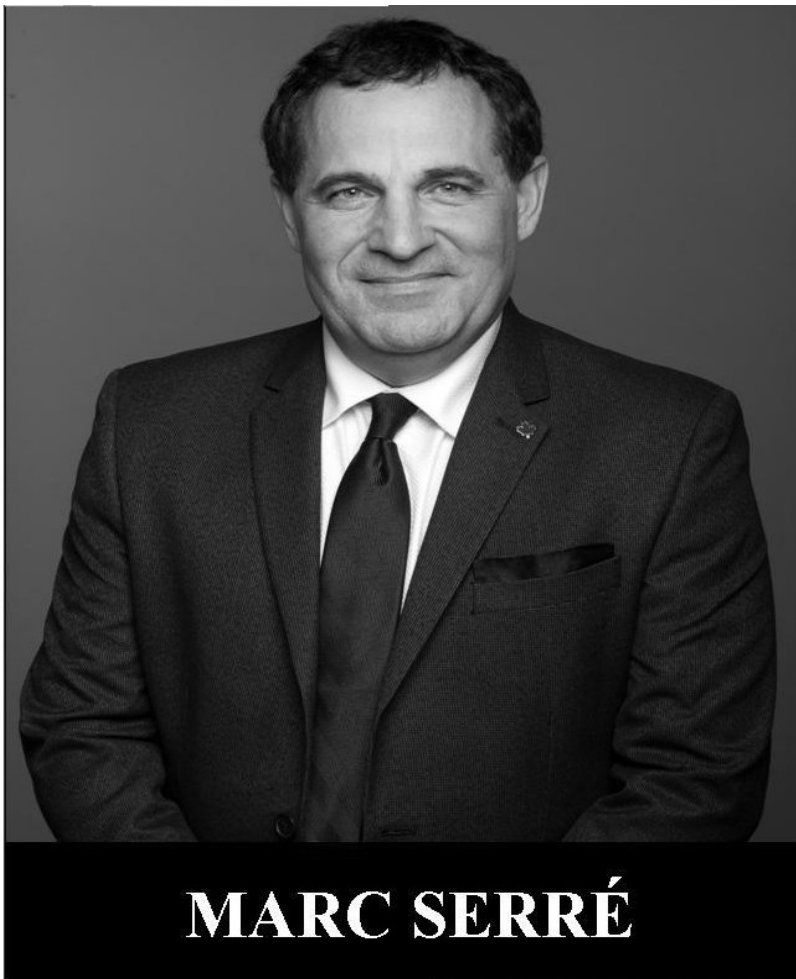
While supplies last. No rainchecks. No online orders. We reserve the right to limit quantities.

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January 3rd to 10th, 2018 (9237)

January 10th to 16th, 2018 (9201)

January 24th to 30th, 2018 (9202)



Marc Serré

M.P./Député

Nickel Belt

2945 Hwy/route 69N

Suite/Bureau 203

Val Caron, Ontario P3N 1N3

Tel: 705-897-2222

Email :

marc.serre@parl.gc.ca

www.marcserre.ca

Facebook @ Marc Serre

Meet Carrie Cook-Morin of Onaping

She is a recipient of a Canada Sesquicentennial 150 pin for her outstanding contribution to the community. Carrie is a wonderful mentor to the residents of Onaping Falls by bringing new ideas forward and getting involved with various committees and projects, like the Onaping Falls Splash Pad and many others.

Thank you for your dedication and the countless hours you spend to better our community.

Congratulations!

The pins received were made of pieces from the Parliament building roof that were rescued and redesigned during a recent renovation

(More winners of the Canada Sesquicentennial pin, #canada150 , can be viewed on the Facebook page for Marc Serre)



SENIORS CORNER

- Monday - Cribbage at 1pm
- Tuesday - Cards at 12:30pm
- Pool at 1pm
-Bingo at 7pm
- Wednesday - Euchre at 1pm
-Line Dancing
- Thursday - Cards at 1pm
- Friday - Yoga at 3:30pm

ONAPING FALLS GOLDEN AGE CLUB

109 Service Road, Onaping, Ontario P0M 2R0

705-966-2502

January 2018

Thursday, January 11th at 1pm - **Monthly Social**

Friday, January 19th at 1pm - **MUSIC JAM**

Thursday, January 25th at 2pm - **General meeting POTLUCK**

**NEW MEMBERS over 50 are always welcome to join.
Join today for only \$20 per year**

ONAPING FALLS LION'S CHARITY



Every Monday

6:30pm - Warm-ups

7pm - Regular Bingo

Dowling Lion's Den

27 Sturgeon St

Must be 18 years or older to play

Did you get engaged recently? Join us at the **SUDBURY LIVING WEDDING SHOWCASE** on Friday, January 19th at the Caruso Club from 5pm-9pm as we toss out bouquets with discounts in them!



Fleurs Magiques Flowers

705-855-3321

Community Action Network

www.ofcan.ca

Contact

**Chair: Michael Armstrong
(705)929-1547**

Secretary: Chris Allen

**Treasurer: Sharon Leblanc
Communications**

Coordinator: Scott Sagle



Photo by Alfred Boyd

Next O.F.C.A.N. MEETING is Thursday, January 4th at 6pm at the RIO ENCORE Theatre meeting room at the Onaping Community Centre. Members of the community are welcome to attend and get involved with the Onaping Falls Community Action Network (O.F.C.A.N.)

A Moment with
MELINDA

What is the most
beautiful word
in the
English language?

“GRANDCHILDREN”

Alcoholics

**Anonymous
Meetings**

Every Tuesday Evening
at 7pm at the
Larchwood United
Church
15 Douglas Street
Dowling, Ontario

ART CLUB

The Onaping Falls
Art Club is
always seeking new
Members!
The Art CLUB
meets at the
Onaping
Community Centre
on Monday, Tuesday and
Wednesday of each week.
Yearly membership
is \$25



*Windy Lake Motel
& Restaurant*

Open Monday through Friday at 5am
Open Saturday & Sunday at 6am
Closed at 10pm everyday

- Licensed Family Restaurant—order in or take out!
- Breakfast > Burgers > Pizza > Home Baking on Request
- Clean, modern, and economical rooms
- Ontario Northland Bus Stop & BPX service
- We now sell Bus tickets!!
- Banquet room for your event
- Gas bar—including premium!

Northern Hillside Inn—daily, weekly and monthly rates!!

Proud community supporter for over 20 years!

Highway 144 & Old Cartier Road

705-966-3967

www.windylakemotel.com

Go to
www.ridethenorth.ca
for more poker run
information!

You can also purchase
your tickets online and
pickup your tally sheet
on the day of
registration!

4TH ANNUAL
**Ride the North
Poker Run**

Feb 10th, 2018

NSD
NORTHBOUND SNO DRIFTERS
Chelmsford ♦ Azilda

OFHR
Onaping Falls High Riders
SNOWMOBILE CLUB

ONAPING

KWIK-WAY

705-595-3003

or

705-966-2066

OPEN EVERYDAY

5:30am to 11:00pm

...more than a convenience store!

Located in the Onaping Plaza

The ONAPING FALLS NEWS

Published at the beginning of each month
Submission deadlines are the 25th of each month

For more information please email
justdolly@persona.ca

Call or Text to 705-662-9095

website www.onleoracle.ca



SEWING with LEONA

Leona will be offering a
SERGER WORKSHOP

On January 18th, 2018
from 10am - 1pm

Contact Leona Dawe at
705-966-3493 for more info

Blues Outdoor World

WINTER FISHING by Sean Gray

In Northern Ontario, many avid fishermen await the opening day of trout fishing on January 1st. Winter trout fishing usually produces some very nice catches and allows people to access lakes that may not be accessible in the summer. If you can deal with the frigid temperatures and cold winds you have a good chance of plating some great meals.

Before heading out to your favourite lake always be sure the ice is safe. It is always a good idea to check your local fishing regulations as changes may occur to limits, slot sizes or seasons. It is also very wise to check your fishing license and make sure it is up to date or valid. Many of us purchase 3 year licenses and forget the expiry dates. In terms of safe ice, I have provided a guideline for safe ice. However, always remember that just because one area of the lake has lots of ice does not mean the whole lake is safe. It is always a good idea to check the ice constantly on your first outing to prevent any accidents. Good luck and stay safe!





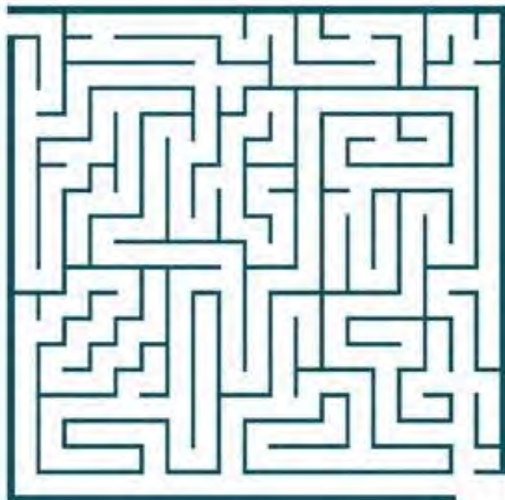
France Gélinas

La députée/MPP
Nickel Belt

705-969-3621

**HAPPY
NEW YEAR**

Start



End

2018

Kids Korner

By Arianna Thibodeau

Jokes by a little jokester

A customer ordered a pizza on New Year's Eve at 11:50 pm. When the pizza arrived at his house at 12:30 am, the customer said, "I ordered this pizza last year!"

Q. When is the best time to chop down a tree?

A. *Sept-timber*

Q. What is a cow's favourite holiday?

A. *Moo Years Day*

Annual Branch 503 Legion Curling Bonspiel



**AT THE ONAPING
CURLING CLUB**

SATURDAY JANUARY 27, 2018

**\$35.00 PER PERSON
MEAL & PRIZES INCLUDED**

**SIGN UP IN THE CLUB ROOM OR CALL
705-966-2387 TO REGISTER YOUR TEAM**




Join in our Weekly Events at Branch 503

EVERYONE WELCOME!


Mondays	7:00 pm	Pool ~ in the Club Room ~ \$5.00
Tuesdays	7:00 pm	Bean Bags ~ in the Club Room ~ \$5.00
Thursdays	7:30 pm	Euchre – Upstairs in the Hall ~ \$11.00
Thursdays	7:30 pm	Dart League ~ Join the League or Spare in ~ \$7.00
Saturdays	3:00 pm	Porquetta Bingo ~ in the Club Room ~ \$15.00

What's happening at Branch 503



Royal Canadian Legion
Branch 503
1 St James Street, Onaping

Student Public Speaking Contest
Sunday February 11, 2017



**Open to ALL Students in the
Onaping, Levack and Dowling school zone area.**

The Annual Student Public Speaking Contest starts at 1:00 pm sharp on Sunday February 11th, 2018 at the Onaping Falls Branch 503 Legion Hall.

Registration for all Grades starts at 12:00 noon and closes at 1:00 pm.

The speech topic selection is open for Students to decide and speeches can be in either French or English. Time parameters of the speeches are 3 to 5 minutes for grades 1 to 9, and 5 to 7 minutes for senior grades 10 to 12.

All First Place Winners will advance to the Zone Level Contest, which will also be held at the Onaping Falls Branch 503 Legion Hall, on Sunday February 25th, 2018.

Entry Forms are available at the Schools or
Contact us by e-mail or phone the Branch: [Ramona Halldorson, Youth Education Chair](mailto:Ramona.Halldorson@eastlink.ca)
Onaping Falls R.C.L. Branch 503
mhalldorson@eastlink.ca
Tel: 705-966-2387



ROYAL CANADIAN LEGION BRANCH #503

Poppy Fund Statement - October 1, 2016 - September 30, 2017

OCTOBER 1, 2016 OPENING BALANCE	\$ 7,872.21
<u>RECEIPTS</u>	
Wreath Sales and Distributions	\$ 2,843.00
Poppy Sales and Distributions	\$ 3,168.90
Donations/in memory	\$ 25.00
Reimbursements (bank/branch/poppy fund)	\$ 352.32
Total Income	\$ 6,389.22
<u>EXPENDITURES</u>	
Poppy, Wreath Purchases and Supplies	\$ 886.83
Donation to N.E.C.C. (brachytherapy)	\$ 1,000.00
Donation to Veteran's Benevolent Fund	\$ 1,000.00
Donation to Homeless Veteran's Fund	\$ 500.00
Youth and Literary Expenses	\$ 565.40
Bursary Awards	\$ 500.00
Veterans Assistance/Comforts	\$ 441.02
Service Officer's Expenses	\$ 78.02
Banking Fees	\$ 137.66
Office Expense	\$ 768.84
Total Expenditures	\$ 5,877.77
CLOSING BALANCE SEPTEMBER 30, 2017	\$ 8,383.66



**Onaping Falls Legion
Branch 503**
1 St. James Street
Onaping, Ontario
POM 2R0
705-966-2387



Branch 503 Plays

EUCHRE
every Thursday at 7:30 pm
at Branch 503 Legion Hall

No Partner is required!

Please register between 7 and 7:30 pm.

Come out and join us
at the Legion on
Thursday nights for a
fun-filled evening of
Euchre.



See Ya There !!

Onaping Falls Minor Hockey Association



SANDVIK HOUSE LEAGUE TOURNAMENT

Outcome

Novice Huskies - Finals

Atom Huskies - Finals

Pee wee Huskies - Finals GOLD

Midget Huskies - Semi finals

The 1st Annual Onaping Falls Initiation Jamboree was a success. The players, coaches and parents had a great time!

Every weekend the Levack Arena is a buzz with games or practices of our local hockey teams. If you see cars at the arena..stop in and watch our up and coming, best of the North hockey players.

The O.F.M.H.A. would like to wish the best of luck to our teams headed to out of town to tournaments !

Go Huskies GO

For more information on our local Snowmobile Club please check out their Facebook page



Levack Mini Mart

Your community grocery store

WINTER HOURS

Monday to Thursday 8am-8pm

Friday and Saturday 8am to 9pm

Sunday 9am to 8pm

705-966-2460



Gerry Montpellier

City of Greater Sudbury
Councillor ~ Ward 3

Phone : 705-698-2759

Email

gerry.montpellier@greatersudbury.ca

Facebook @ Gerry Montpellier

Shop Local



Cathy's Artistic Cuts

OPEN

Tuesday 9am-4pm
 Wednesday 9am-4pm
 Thursday 1pm-9pm
 Friday 9am-4pm
 Saturday 9am—Noon

705-966-2766
 Onaping Plaza

ONAPING FALLS

CURLING CLUB

Monday ~ Ladies
 Tuesday & Thursday ~ Mens
 Wednesday Morning ~ Seniors
 Friday ~ Mixed

SPARES NEEDED

\$10 a night

**COME OUT AND PLAY!
 COME OUT AND WATCH!**

705-966-2323

Shop Local




Levack I.D.A. Pharmacy

Mickey Brunelle - Owner/Manager

705-966-3612
 2 First Avenue North

ONAPING FALLS

LION'S CHARITY



Every Monday

6:30pm - Warm-ups
 7pm - Regular Bingo
 Dowling Lion's Den
 27 Sturgeon St
 Must be 18 years or older to play

HOME SWEET HOME by Samantha Brazeau-Wilson

Monthly DIYs, Home Hacks, and Organizing Tips

De-clutter for the New Year



The new year brings many opportunities to start fresh — including your home. De-cluttering your space will allow you to make room for new things and give you some extra breathing room. Start small and **recycle old magazines, throw out old makeup and beauty products** (these things have expiration dates) and create a **donate pile** for items like books, house wares and clothing. **Organize power cords.** Keep your power bar organized by **labelling the cords with milk or bread tab!** Simply use a black marker to label the tab (ex. Laptop, alarm clock, lamp). Attach the tab to the cord and you'll know exactly what is plugged in and won't risk unplugging the wrong thing! **Eliminate household odours Stinky garbage? Smelly shoes?** **Add a couple drops of tea tree and lemon essential oils to eliminate the stink.** The two oils act together as a natural odour eliminator and disinfectant. For garbage cans, add the oil to a cotton swab before dropping into the bottom of the bin.

THE LEARNING CURVE by Kyleen Gray

Rant like Rick: teaching students to rant is both necessary and fun!

While flipping through MacLean's magazine a couple of years ago I came across the article: "Rick Mercer: Why I rant. And why you should too".

I read it because I enjoyed Rick's work – especially his rants, but I walked away thinking: hey, I could teach this. The first time I taught the unit, we went straight to the rant. Don't get me wrong, we took a look at Rick's work and read the article that inspired me, but we didn't really get into the 'guts' of rant writing.

Nevertheless, my students thoroughly enjoyed it and I realized a fringe benefit of asking students to rant: it gave them a voice. I especially noticed this in previously disengaged students who complained about everything from their teachers to their classmates, and of course about every school policy in existence. Ranting was their niche.

When I finally felt like I had a great grasp on my teaching, I took a giant leap and contacted Rick (we have a good mutual friend). Not only did he support my teaching with some great suggestions to add to my unit, he also agreed to judge my top 3 rants each time I used the unit and held a 'ranting contest'. Like Rick argues in his MacLean's article, ranting is a necessary skill – one that students will use in and outside of classroom walls for the rest of their lives. It gives students the confidence they need to write and speak about something that they feel matters; teaches them to be engaged citizens. If we don't teach our students to rant, how will they be able to stand up to their boss who has taken advantage of their hard-working nature, or the local politician who has squandered taxpayers money on fancy new signs when roads are falling apart? How will they be able to teach their kids to rant?

As 2018 begins, and we say goodbye to the **Rick Mercer Show on CBC**, my hope is that teachers can continue to be inspired by his rants, and encourage their students to find their voices.

Chelmsford Valley District Composite School

C.V.D.C.S.



INFORMATION NIGHT

Come one!! Come all!!
Come and check us out
February 15th at 7pm
705-675-0225

PUBLIC SPEAKING CONTEST

Open to ALL students in the Onaping, Levack and Dowling school zone area



February 11th, 2018 at 1pm
Entry forms are available at school or by contacting the Onaping Falls Royal Canadian Legion, Branch 503



Contact Ramona Halldorson,
Youth Education Chair
705-966-2387
mhalldorson@eastlink.ca

FOOD DRIVE SUCCESS



Mr. Martin honoured his promise to be taped to the wall if more than 1000 cans were collected for Falls Food .

With the help of Mrs. Trembley, Mr. Martin was taped to the cafeteria wall as students enjoyed their lunches and cheered him on. The photo on the right is proof that duct tape is strong and that when a teacher promises and students follow through that fun can be had by all !

All for a great cause! A video of the chair being removed from Mr. Martins feet can be viewed online on the Levack Public School Facebook page!

‘GO LEOPARDS GO’

‘Melodies of Christmas’ held at Levack Public School was a great success. Thank you all those who supported this community event showcasing the Onaping Falls Youth Choir, Larchwood Public School Choir and Levack Public School Choir.



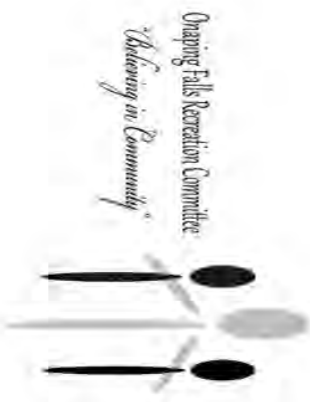
ONAPING FALLS - IMPORTANT PHONE NUMBERS

- Arena ~ I.J. Coady Memorial ~ 705-688-3920
- Blue Bird Restaurant 705-966-3707
- Beauty Den (Dowling) 705-855-1344
- Curling Club 705-966-2323
- Credit Union (Levack) 705-966-3451
- Cathy's Artistic Cuts 705-966-2766
- Cobi's Convenience 705-966-2822
- Citizens Centre ~ Dowling 705-688-3956
- Catholic Church 705-966-3762
- Dentist ~ Dr. Andrews 705-966-3715
- Dog Groomer (Nicole's in Onaping) 691-0013
- Deziel Repairs 705-966-5046
- Ecole St. Etienne 705-855-4333
- Emergency 911
- Falls Food [email fallsfood@hotmail.com](mailto:fallsfood@hotmail.com)
- Fleurs Magique 705-855-3321
- Gillos Gas 705-855-6665
- Golden Age Club 705-966-2502
- Health Unit (Sudbury) 705-522-9200
- Home Hardware 705-966-3335
- Hospital (HSN) 705-523-7100
- IDA Pharmacy 705-966-3612
- Kwik-Way 705-966-2066 or 705-595-3003
- Larchwood Public School 705-671-5944
- LCBO Onaping 705-966-2331
- Levack Public School 705-671-5943
- Legion, Branch 503 - 705-966-2387
- Lions Club (Onaping Falls) 705-855-1765
- LEO Club (Onaping Falls) 705-920-1840
- Library ~ Onaping 705-688-3951
- Library ~ Dowling 705-688-3956
- Leisure Centre ~ Dowling 705-688-3956
- Medical Centre ~ Levack 705-966-0252
- Mini Mart 705-966-2460

January 2018



- Melissa's Kitchen 705-929-1978
- Nickel Belt MP ~ Marc Serre 705-897-2222
- Nickel Belt MPP ~ France Gelinias 705-969-3621
- Northwest Fudge Factory 705-966-9666
- Onaping Falls News 705-662-9095
- Onaping Falls Recreation Committee - *contact via Facebook page*
- Pool ~ Onaping 705-688-3908
- Police (Non Emergency) 705-675-9171
- Post Office ~ Levack 705-966-2091
- Ski Club - Onaping Falls Nordic/Jackrabbit Program 705-966-3588 (Willy Koh) *contact via Facebook page*
- Snowmobile Club - Onaping Falls High Riders *contact via Facebook page*
- Sudbury, City of 311
- Subway (Onaping) 705-966-1223
- Scotia Bank (Dowling) 705-855-9039
- Tim Hortons (Dowling) 705-855-0752
- United Church 705-966-3823
- Ward 3 Elected Council ~ Gerry Montpeller 705-698-2759
- Valmart (Dowling) 705-855-5121
- Windy Lake Motel & Restaurant 705-966-3967
- Windy Lake Provincial Park 705-966-2315
- Yoga ~ Dowling (Inward Focus) 705-698-1039
- School Bus Consortium 705-523-1234 www.businfo.ca



Walk in clinics

Chelmsford (City of Lakes) 705-855-1018

Azilda (Northwood) 705-522-3380

Lasalle (Northwood) 705-222-9038

South End (Northwood) 705-522-3380

Downtown on Elm (Northwood) 705-522-3380

You can check wait times at clinics by going

www.medi-map.ca

Disclaimer ~ All phone numbers were found on the internet. If there are any errors please text or call 705-662-9095. Thank you!