JANUARY 2021

THE ONAPING FALLS WINTER CARNIVAL COMMITTEE





FOLLOW ON



FOR SOME FUN EVENTS TO BE POSTED!

Pancake Breakfast Take-Out

Paint Night

Virtual Talent Show

Snow Sculpture Contest

KIDS BUTTONS \$3

Don't forget to buy your Carnival Button Tag!!

IN THIS ISSUE

Community Heart & Soul





A Moment with Melinda





Observation Deck







MONDAY THRU SATURDAY 9AM TO 5PM

As mandated by the Provincial Government we will be returning to curbside service starting Monday, December 28th.

The store will be CLOSED to the public!

705-966-3335 CURBSIDE PICKUP

Or via email to jgouchie@personainternet.com.

www.homehardware.ca



Stay safe and keep following public health measures to help ensure the safety of our communities! I am here to help address your concerns and help you find support during these challenging times.

Restez en sécurité et continuez à suivre les mesures de santé publique pour aider à assurer la sécurité de nos communautés! Je suis ici pour répondre à vos préoccupations et vous aider à trouver du soutien en ces temps difficiles.

marcserre.ca 1-800-267-4829



Windy Lake Motel & Restaurant

OPEN Monday to Frid OPEN Saturday & Sur CLOSED at 7pm d Please note:
During quarantine we offer
our delicious food via
TAKE OUT ONLY

Request

ke out!

Northern Hill

Proud con

Jor over 20 years!

Highway 144 & Old Cartier Road

705-966-3967 www.windylakemotel.com





rates!

Gerry Montpellier

City of Greater Sudbury Councillor ~ Ward 3 Phone 705-698-2759

email: gerry.montpellier@greatersudbury.ca

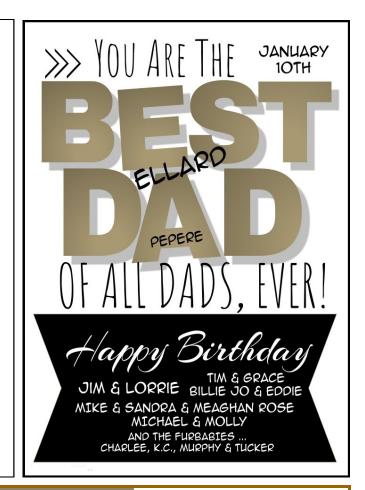
May this year bring new goals, new achievements and a lot of new inspirations in your life. Wishing you a year fully loaded with happiness.



A Big Thank You to the Windy Lake Motel for their support of the club for selling our Day Passes. We couldn't do it without you!

We anticipate opening the chalet for rentals and day passes on Saturday Jan 9th for weekends. Updates will be posted on our Facebook page. The chalet will be open under strict Covid protocols which are available at www.onapingfallsnordics.com. Please note that we can only accept cash in the chalet.

Weekday rentals will need adequate advance notice through our Facebook page. Weekday Day Passes will continue to be available through the Windy Lake Motel.





Happy New Year!



1-877-280-9990 fgelinas-co@ndp.on.ca www.francegelinas.ca

> 5085 Hwy 69 N, Unit 15 Hanmer, ON P3P 1P7

France Gélinas

La députée de Nickel Belt / MPP

WE ARE HERE TO HELP!

Our Community Office Team is available to help residents of Nickel Belt with:

- Birth Certificates and Certificates of Marriage
- Commissioner of Oath Stamp
- Congratulatory Messages: Birthdays, Anniversaries, Special Accomplishments
- Family Responsibility Office
- Health Services: Home Care, Ontario Drug Benefit, Travel Grants, etc
- Ministry of Transportation: Medical Review
- Social Services



The Catholic Parishes of Onaping Falls & Cartier would like to thank the following groups and businesses for donating and/or raising funds for the White Tag project.

Roger's Valu Mart Dowling IDA Knights of Columbus # 11565 Ladies of the Sanctuary Onaping Falls Lions Club Pine Grove Restaurant Levack Credit Union Chevaliers de Colomb #10801 Golden Age Club St. John's United Church Levack

Royal Canadian Legion Br. 503 & Ladies Auxiliary Royal Canadian Legion Br 503

- Alicia Dupuis (proceeds from the sale of her home made face masks)
- Thank you to the customers who frequented our local businesses where donations were accepted and collection boxes were located!
- Members of our communities.
- The parishioners of the Catholic Parishes of Onaping Falls & Cartier

Without your generosity and support this project would not be possible! You definitely helped make Christmas a little brighter for children in need in our communities.



Moment with Melinda

"We must be
living right
because
Mother Nature
is being kind
to us!"



Onaping Falls Lions Club

27 Sturgeon Street, Dowling, Ontario 705-855-1765



DNAPING FALLS LIONS CLUB

50 / 50 DRAW \$1 each

Draw Date Feb. 14th 2021



Support Onaping Falls Lions Club by purchasing our 50/50 tickets

at any one of these locations
A&T Automotive 99 Blais Rd, Dowling
Al's Automotive 4025 - Regional Rd 35, Chelmsford
Andy's Auto Service HWY 144, Chelmsford
Bioped Sudbury 1942 Regent St, Sudbury
Canada Post Dowling 94 Main W, Dowling
Dowling I.D.A. Pharmacy 30 Main Street, Dowling
Fort Garry Industries 112 Feilding Road Lively
Fox Lake Lodge AE83 Fox Lake Road, Cartier
Gillo's Gas & Lube 94 Main W, Dowling
Kelly's Family Diner HWY 144, Cartier
Levack Mini Mart 37 Main Street, Levack
Onaping Quik Mart, 30 Regional Rd 8, Onaping
Pine Grove Restaurant 3 Main St. Cartier
Windy Lake Restaurant HWY 144, Levack

YOU CAN CONTACT ANY MEMBER FOR TICKETS also

CALL THE LIONS DEN @ 705 855 1765 or Email - OFLCEvents@gmail.com Leave your name and phone number and someone will get back to you

Stay safe and Healthy!

We miss you all and look forward to seeing you soon at our Bingo and other events!

FALLS FOOD FOOD BANK





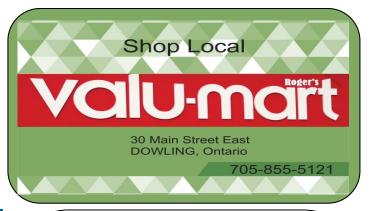
Tim (T.J.) Gordon, Professional (705) 523-2438
Sales Consultant x211

2601 Regent Street Sudbury, ON P3E 6K6 Fax: 705-523-0120 Service: 705-523-5235

Cell: 705-670-7856

tim@southsidechev.com











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Care giver relief (Respite) for seniors or adults/children with disabilities

1:1 care

Home help & home making, including cleaning and meal prep

In-home nursing services such as post surgery care

Palliative care

Advanced and Diabetic Foot care

CALL KIM FOR YOUR FREE CONSULTATION 705-590-2445



Need to place an order??

Look no further! Contact me today!

Jodee Desbiens at 705-561-1010

Find me on Facebook ~ Tupperware with Jodee

Get in touch if you would like to host an online or an in home party! Fundraising? I can help! Maybe you would like to join my team? It's fun! It's rewarding! It's TUPPERWARE!



We believe the best mines are the safest mines. We are committed to zero harm to our employees, the communities we operate in and the environment.

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Ten Point Archery is your local source for top-quality archery products, including bows, targets, hunting clothing and more.

Located at **3450 Hwy 144 in Chelmsford**, our store also features an air-conditioned range where you can test your aim.

TAKE YOUR BEST SHOT AT TEN POINT ARCHERY. VISIT US TODAY!







Our Services

- Archery Sales and Service
- Indoor Range
- Hunting Equipment
- Game Calls
- Scents & Attractants
- Bow Accessories & Targets
- Hunting Clothing and Apparel
- DVD Rentals

Our Brands

- Hoyt
- Mathews
- Elite
- PSE
- Bear
- Obsession
- Quest
- Prime

- Mission
- Diamond
- Bowtech
- Martin
- Jandao
- Excalibur
- Stryker
- Killer Instinct



Condolences to families who have lost loved ones lately: John Brkljacich, Rita Kiernan, Irene Liepold, Eddie McLellan, Agnes Roger, Maurice Savard, Pete St. Jean, Dick Plaus, Cathee Dubblestyne, Marc Demers and Doris Raymond

The Organizers are to be congratulated for presenting the Santa vs Grinch Parade. It filled the spectators hearts with Joy and Hope.

Citizen 2021 Wish List

End Covid ~ Revive Onaping Falls to a Seperate Ward (Ward 3 is to spread out) ~ Repaint Dowling Water Tower with a 'Tourist message' ~ Lower Taxes ~ Renovate/Revive the Onaping Community Centre ~ New Canadian Flag at Mountain Side Trash Cans at Outdoor Mail Boxes ~ more volunteers for community groups like the Onaping Falls Community Action Network and the Ourdoor Rinks ~ larger childrens playground in Levack and Dowling.

A message from our previous Mayor Bob Parker

As we begin the year 2021 there is real hope for the residents of Onaping Falls. We have a migration of new residents along with our vibrant local citizens. Please follow the Covid 19 health rules and social distance to keep us all safe and healthy. Happy New Year to ALL!

PLEASE
SUPPORT
LOCAL
merchants
and
churches







EXPANSION OPENING IN 2020

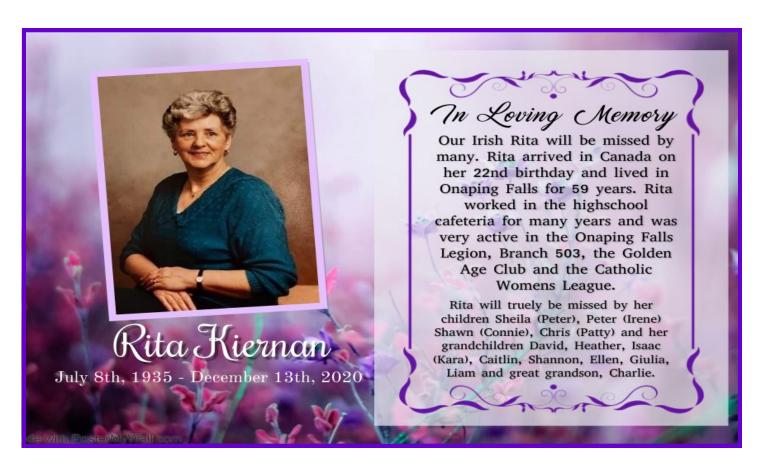
We are excited to share that we will be adding three-storeys of new independent supportive living suites with contemporary one-bedroom layouts to the northwest side of our retirement residence! Additionally, the new wing of our community will feature brand-new amenities that all residents can benefit from, including a welcoming fireplace lounge, bistro for snacks and beverages, and a lovely outdoor terrace.

This new expansion will also include the construction of 14 townhomes available for rent, located along the eastern edge of our property. Ideally suited for independent and active individuals, theses two-bedroom townhomes will offer older adults who are looking to downsize with the freedom to continue to cook and manage their own household, as well as the benefits of 24-hour security, housekeeping services and all social and leisure opportunities in our retirement residence.

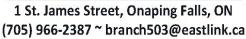














Branch 503 will be CLOSED during this current lockdown period.

We hope to get back to our regular programs soon!

We know you have a choice!

Thank you for choosing us!



2 First Avenue N. LEVACK, Ontario

705-966-3612

levackpharmacy@gmail.com



Here is a reminder of the many services we offer at the Pharmacy for your health and well-being

- Medication reviews. Meet with the pharmacist to go over your medications. You should always know what medications you are taking and how they are helping you and what side effects to watch out for!
- Compliance blister packaging, If your medication regimen is new, changing, complex/confusing, or if you are having trouble remembering to take your medications, compliance packaging might be right for you! Don't hesitate to ask us about this service.

- We are OPEN Monday to Friday from 9am to 5pm
- * Masks/face coverings are mandatory when visiting the pharmacy
- * We offer FREE PRESCRIPTION delivery every Tuesday and Friday to residents of Levack & Onaping
- Along with the seasonal influenza vaccine, the pharmacist can inject certain medications.

 Ask us if your injection qualifies!
- Medication synchronization: Let us work with you to synchronize your regular medication so they all become due at the same time.
- Smoking cessation program.



Wishing you health and happiness in 2021!



facebook



Virtual Paint Night

No experience necessary! Join in on this free virtual event & create your own piece of the Onaping Falls Winter Carnival.

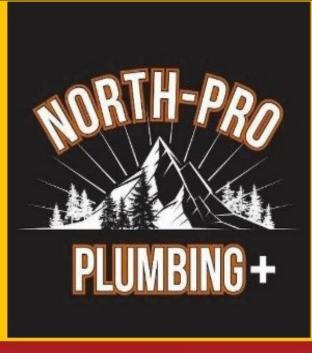
Saturday, February 6th 7 pm via Zoom

Registration required with Carnival Tag. Limited spots available.

Each participant will need to provide their own supplies.

A supply list will be provided upon registration.

To register, contact Carrie Morin at (705) 918-1978



FOLLOW THE

LIVE DRAW ON

Tim Labelle









705-626-0866

Onaping Golf & Beach Club....

Beat the isolation with a round of golf. Experience it all and enjoy!



More than just golf, mmm good food, good views, good companyl

Buy your memberships, buy gift certificates, join us for league play, dinner and fun.

Book your event with us today!

Call 705-966-2077 or 705-626-8355 in the off season.





*Must be a resident of Levack, Onaping, Dowling or Cartier

*Build snowman and/or snowwomen and/or use your
imagination to build something else in your yard or property.

You must have authority to build on the property and your sculpture must be visible so judges can inspect from the road.

*Must take picture of sculpture and email to snowsculpturecontest@gmail.com

along with address, phone # and your name by 9pm , Monday Feb. 1st 2021

Judging will take place Wednesday, February 3rd, 2021 Winners will be announced on Friday, February 5th, 2021

1 ST PLACE: \$100 Gift Card

2 ND PLACE: \$ 75 Gift Card

3 RD PLACE: \$ 50 Gift Card

YOUR SCULPTURE MUST BE COMPLETED BY WEDNESDAY, FEBRUARY 1ST, 2021





Located in the Onaping Plaza



Levack

Knights of Columbus

Fr. Don McLellan Council 11565

Catholic Gentlemen dedicated to:

Church Family Community Country



This article is GARBAGE!!

Starting February 1st your Garbage pickup day changes!

The Greater City of Sudbury is changing its Garbage Day pickups across the Nickel City!
On February 1st residents of Levack , Onaping and Dowling will have their garbage
picked up on Friday ~ Every OTHER WEEK! (not weekly)

Every other week collection will include garbage and unlimited yard and lead trimmings.

BLUE BOX Recycling and GREEN CART organics will remain weekly.

(ie: the week of February 2nd to 5th they will be picking up Blue Box and Green Cart only!)











To Enter:

1. Send completed Registration Forms to:

OFcarnivaltalentshow@gmail.com

2. Participants will receive their unique talent show folder to upload their submission. **Submission Deadline: January 30th.**

Each participant will receive an Onaping Falls Carnival Touque

Prizes awarded in 6 different age categories (see Registration Form)







Submissions will be shown during the Carnival, February 5th to 7th, on our Facebook page.



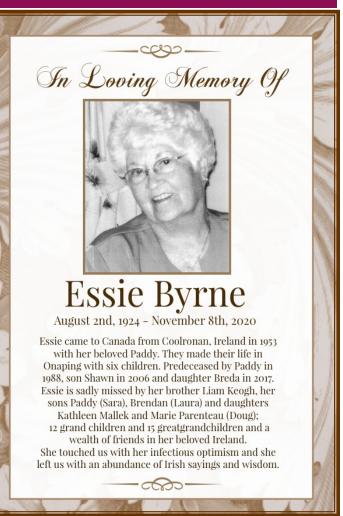
HEARING CLINIC

Wednesday, JANUARY 27th 10AM TO 3PM

Onaping falls Lions Club in Dowling

If you are interested in having a low cost hearing assessment please call 705-805-9630 to book an appointment.









Wishing our members and community a happy and healthy 2021!

LOWER YOUR PAYMENTS CONSOLIDATE YOUR DEBT Simplify Your Life

SPEAK TO A FINANCIAL ADVISOR ABOUT A CONSOLIDATION LOAN TODAY.



BRANCH MANAGER



Celina Martel FINANCIAL ADVISOR



Amanda Holmes MEMBER SERVICE REPRESENTATIVE SUPERVISOR



37 LEVACK DRIVE 705.966.3451 WWW.SUDBURYCU.COM



Onaping Falls Minor Hockey Association O.F.M.H.A.



Huskies Hockey Update

January 2021 by Carrie Morin

The Huskies are back this season! Practices began on October 13th and games started the beginning of November. Our teams have been going strong since. Covid19 restrictions were put in place by the City of Greater Sudbury in order for the arenas to be opened to users. The City's restrictions are understandable and we are all coping well with them.

Despite all of these rules to keep the players safe from the Northern Ontario Hockey Association, Hockey Canada and the City of Greater Sudbury, our Huskie parents and players are thriving. We have a total of 71 players registered this year with Initiation, Novice, Atom, Peewee and Bantam teams on the ice.

There are changes to the game play for our Huskies this year due to COVID-19 restrictions.

Teams will be allowed to have a maximum of 10 players each with 9 players and 1 goalie and any league is limited to 50 players, therefore, we have teamed up with Rayside-Balfour Minor Hockey for our league. This will keep our players in one cohort. Games will also be played as 3-on-3 competition with two 22-minute periods, non-stop time. Because of the 10-player regulation, we have two Novice teams and two Peewee teams. Both teams are split in the Minor and Major categories. Meaning the second year players are on the Major team and the first year players are on the Minor team.

However, the entire Novice and Peewee teams come together for their practices each week.

As for fans and spectators, the regulations are that only one person per player is allowed into the arena facility to be a spectator for a practice or game. Our numerous Huskies fans have had to keep up with our teams through the Onaping Falls Minor Hockey Association Facebook page as well some teams have begun to live-stream their games on Facebook.

OFMHA has had two fundraisers so far this season. The first one was our Bottle Drive on October 17th. A HUGE thank you to all of Onaping Falls who supported our Bottle Drive! And thank you to the volunteers who helped sort, haul and drop-off the empties! It was a great success and so much fun. We raised \$ 2,670 for the Association.

Our second fundraiser we just completed, the Little Caesars Pizza Kit sales, our final total raised was \$ 3,060. Both of these fundraisers are replacing our annual event which usually takes place in November. In previous years, it was the Yuk Yuk's Comedy Night and last year it was a Halloween Dance.

Our community fundraisers are crucial this season as fundraising events are limited due to COVID-19.

Keep a look out for our next fundraiser...

Community Heart & Soul

A little bit about.... **Shirley Mirka**

by Jana Niemi –Lahnalampi

Wow! Where does one start to share the involvement of such a high achieving person? I am truly at a loss as to where to begin. **Shirley Ann Mirka, nee Shea, was born in 1939, in Glace Bay, Cape Breton.** Her family, including twin sister Bernice, moved to Onaping when she was 15 years old, and attended LDHS. She married the love of her life, Gene Mirka, in 1960.

Shirley went on to Laurentian University, graduating with a double major in English and Political Science. A life long learner, she holds numerous other qualifications. She is a Certified Transactional Analyst, pastoral counsellor and a trained life coach. While Shirley is best known for her role at our local Council Level, she also served as a Counsellor, Counsellor at large, Deputy Mayor and Mayor, as well as the Regional representative, through the years of 1979-1995.



Shirley's volunteer involvement is varied and extensive to say the least. Musically, she was a member and director of St. Bartholomew's choir for 20 years; she belonged to the Bel Canto Choir, Onaping Falls Cantata Choir and Just Friends Choir. Her commitment to social justice saw her become an original member of "Save the Boat People Committee" for 3 years after the Vietnam War, where she served as director (who knew?). She was an original member of both Onaping Food Bank back in the early 60s and the Red Cross Transportation Committee. Shirley's political activism saw her act as a coordinator for the NDP during elections. Locally, she was involved in the Art Club and TOPS club serving terms as president. Shirley committed herself to our recreational facilities, being a member of the Curling Club and Cross Country Ski Club for 25 years each! Her efforts have been recognized through a number of awards: "Lifetime Member of the New Democratic Party", "Honorary Member of the Boy Scouts of Canada" and "The Queen's Diamond Jubilee Medal".

However, Shirley didn't get involved for the rewards or accolades. She in fact, believes that "you always get back more than what you give." While she realizes that volunteering does take time, energy and commitment, it does "open your mind to what is happening and what is needed in your community". She believes that community involvement helps develop who you are and gives her a sense of direction and deep sense of pride.

Her commitment to community service was inspired by two community leaders: her father Sergeant Major James Shea who trained troops, along with the Father of Medicare Tommy Douglas. She views her years of volunteering fondly through the lifelong friendships that developed and the successful completion of projects both large and small.

Today Mrs. Mirka lives in Lively and continues to keep busy walking, swimming and Cape Breton Step Dancing. While her beloved Gene passed away in 2017, she continues to take pride in the accomplishments of her children and grandchildren. Her varied interests and passion for education shine through her grandchildren's post-secondary educational pursuits.

Her legacy of community service is awe inspiring. What will your legacy be?