



# ONAPING FALLS NEWS

## Special points of interest:

- ◆ Learn to Make Moccasins
- ◆ Valley Driver Training has a new owner :)
- ◆ Onaping Falls C.A.N. in need of volunteers.
- ◆ Mother's Day is May 13th

◆ Victoria Day is May 21st  
 For some reason Victoria Day is a sign that summer is just around the corner. This holiday is in celebration to honour Queen Victoria's birthday. She was born on May 24th, 1819.

- ◆ Mother's Day Crossword
- ◆ Shuffleboard at the Golden Age Club
- ◆ RCMP MUSICAL RIDE June 9 & 10
- ◆ Ten Point Archery

**Rio Encore**  
 Theatre  
 FREE MOVIE every Friday night at 6pm  
 EVERYONE WELCOME

Be sure to order your flowers for Mother's Day locally from **Fleurs Magiques** now located in Dowling. They offer FREE delivery on orders over \$50 in Levack, Onaping or Dowling  
**705-855-3321**

Inside this issue:
Random Bits of Info
A moment with Melinda
Kids Korner
Seniors Corner
Home Sweet Home
Blues Outdoor World
The Learning Curve

FREE

MAY 2018

Volume 9

## Win a FITBIT flex for Mom

Write a poem or short story about your Mom. This contest is open to all children between the age of 7 to 17 who live in Levack, Onaping or Dowling (Onaping Falls) You can submit your poem by email, Facebook or text message photo.



Contest closes on Friday May 11th at 6pm. Winner will be notified on Saturday May 12th. Your submission will be judged by 4 Moms. There are no guidelines.

Write from the heart. Maximum 40 words.

There will be small gift baskets for 2nd and 3rd place. Please submit via Facebook to the Onaping Falls News. Email to justdolly@persona.ca or text to 705-662-9095.

All submissions are subject to display online with your first name and age.

Please be sure to send your full name, age and phone number.

## This month we highlight AJ Stoneworks in our Shop Local Series

You may have seen **AJ Stoneworks**, as you drive by Sun Valley on Highway 144 (some people also refer to the area as Lower Dog Patch or Old Levack Station).

Ralf Albrecht is the owner operator and he lives by his workshop with his lovely wife Lara and 2 beautiful daughters .

Their love for nature transfers into their work with stone. Using mostly natural stone like marble, granite and slate in an attempt to stay with earth friendly products. They live life trying to be as 'green as possible' says Lara. Heating with firewood and growing gardens.

Ralf's first trade was glass and mirrors but he soon fell in love natural stone .

Ralf's family immigrated to Levack in 1953, his father worked in the mine a few years, but his farming roots prevailed and the family moved to St. Charles. Ralf was born in St. Charles and, as some kids do, Ralf moved to Toronto. Lara immigrated from Russia in 1990 and they met in 2001 .

Ralf & Lara moved to the area in 2002, from Toronto. Liza was just a toddler and they wanted to raise children in a small community close to nature. They travelled all over Ontario looking for that perfect place, a place to call home. And here it was, right where the history of the Albrechts started in Canada 50 years ago.

If you are in the market for a home renovation that requires interior stone work **AJ Stoneworks** is the place to call. Counters, fireplace surrounds, backsplash? You name it..they can do it. They are friendly folks who have grown to love Onaping Falls like the rest of us. They are local. Keep your business local . Support your neighbour .

Shop Local! **705-966-2994**

You can view some of their work on their Facebook page , **AJ Stoneworks**.

# Home hardware

47 Levack Drive  
705-966-3335

Store hours: Monday to Saturday 9am to 5pm  
CLOSED on Sundays

Check out our many products online at  
[www.homehardware.ca](http://www.homehardware.ca)

## Grow your Garden Event

Event starts today! Cash & carry pricing

**SAVE NOW!**  
Here's How.

**All Purpose Grass Seed**  
For strong, healthy grass. 1kg. 5065-175

**SAVE 46%**  
Was \$12.99  
**6.97**

**Bird Solar Stake Light**  
Assorted. 3603-4358

**SAVE 52%**  
Was \$1.99  
**544**

**Plastic Hose Hanger**  
Reinforced. Holds 100' of 1/2" hose. 5042-072

**SAVE 50%**  
Was \$6.99  
**347**

**SAVE \$20**  
Was \$239.99  
**219.97**

**RBW - new image**

**12cc Powermower** 12cc engine, multi-side discharge, dual lever wheel height adjustment. 324-052

**21" Lawn Mower**

**YARD MACHINES**

**Premium Container Soil**  
For hanging baskets, planters and window boxes. 30 L. 5053-500

**SAVE 20%**  
Was \$6.69  
**535**

**2 Day Deals**  
May 11 & 12, 2018

May 2nd to 8th, 2018 (92461)

## The Lawn & Garden Event

**SAVE NOW!**  
Here's How.

**Bow Rake**  
14 inch treated steel teeth, 34" ash handle. 3000-3001

**SAVE 45%**  
Was \$21.99  
**11.97**

**LED Solar Garden Light**  
Stainless steel. 3603-4358

**SAVE 44%**  
Was \$11.99  
**4.97**

**10 m Outdoor Extension Cord**  
16/2 wire. 2 outlets. 3008-071

**SAVE 54%**  
Was \$21.99  
**9.97**

**4' x 4' Raised Garden Kit**  
Easy to assemble, snap lock system. Heavy duty PVC construction. 15" height. 300-068

**SAVE \$25**  
Was \$99.99  
**74.97**

**FRIDAY & SATURDAY ONLY!**

**Featherweight Hand/Stick Vacuum**  
3402-309

**SAVE 60%**  
Was \$59.99  
**23.97**

**Premium Lawn Soil**  
Retains moisture for fast seed germination and growth. 30 L. 5053-486

**SAVE 20%**  
Was \$2.79  
**5.77**

**2 Day Deals**  
May 11 & 12, 2018

May 9th to 15th, 2018 (92111)

**SAVE NOW!**  
Here's How.

**Stainless Steel Hydration Bottle**  
Assorted. 500 mL. 100-100

**SAVE 54%**  
Was \$12.99  
**6.88**

**Super Blending/Third Feeder**  
Blends capacity. 340-100

**SAVE 60%**  
Was \$12.99  
**8.77**

**REACTOR**  
RBW - new image. please CC

**SAVE 50%**  
Was \$1.99  
**1.97**

**Rechargeable Solar Light Batteries**  
2 x AA. 340-100

**SAVE 50%**  
Was \$1.29  
**6.47**

**Metal Hose Hanger**  
340-100

**SAVE 50%**  
Was \$1.29  
**6.47**

May 2nd to 8th, 2018 (92101)

**SAVE NOW!**  
Here's How.

**HOME GARDENER ALL PURPOSE TOUT USAGE**

**SAVE 39%**  
Was \$12.99  
**9.97**

**All Purpose Premium Grass Seed Mix**  
4 kg. 5053-107

**SAVE 39%**  
Was \$12.99  
**9.97**

**Rust Coat Interior Exterior Paint**  
Covers 200 sq. ft. 400-100

**SAVE 51%**  
Was \$6.99  
**3.67**

**PACK OF 100**

**Nitrile Gloves**  
L-XL. 100. 340-100

**SAVE 56%**  
Was \$12.99  
**6.97**

**Insect Repellent**  
300 mL. 340-100

**SAVE 52%**  
Was \$1.99  
**4.97**

May 16th to 21st, 2018 (92121)

**Mother's Day**  
May 13

**3 Piece Wicker Sectional Set**

**SAVE \$100**  
Was \$599.99  
**499.97**

**10" Throw Pillows**  
Assorted design. 4 x 16. 340-100

**SAVE \$17**  
Was \$179.99  
**179.97**

**RAISED GARDEN CANADA**

**Ultra Green Golfgreen Lawn Fertilizer 24-0-5**  
40% slow release nitrogen, DCP iron coated for a deep green lawn.

**SAVE \$17**  
Was \$28.99  
**28.97**

**2 Gallon Watering Can**  
Assorted colors. 500-045-004

**SAVE 42%**  
Was \$1.19  
**4.97**

**FRIDAY & SATURDAY ONLY!**

**2 Day Deals**  
May 18 & 19, 2018

**SAVE 40%**

**WOOD SHIELD**

**100% Acrylic Deck & Siding Stain**

**SAVE 39%**  
Was \$74.99  
**27.97**

**SAVE 35%**  
Was \$29.99  
**10.37**

**Wash & Wax**  
Quality outdoor dirt, helps wash, leaving with shine. 1.89 L. 8004-009

**SAVE 10%**  
Was \$19.99  
**19.97**

**Sling Chair**  
RBW - new image. please CC

**FRIDAY & SATURDAY ONLY!**

**2 Day Deals**  
May 18 & 19, 2018

**20 L Gas Can**  
4000-2547

**SAVE 55%**  
Was \$18.99  
**8.77**

May 16th to 21st, 2018 (92121)





**MARC SERRÉ**

**Marc Serré**

M.P./Député

Nickel Belt

2945 Hwy/route 69N

Suite/Bureau 203

Val Caron, Ontario P3N 1N3

Tel: 705-897-2222

Email :

[marc.serre@parl.gc.ca](mailto:marc.serre@parl.gc.ca)

[www.marcserre.ca](http://www.marcserre.ca)

Facebook @ Marc Serre

Did you know that every 3 days 1 person dies due to the lack of organ donors in Canada? By registering to be a donor, you have the power to change the life of individuals like André Auger of West Nipissing who received a lung in June 2017.

Join the [#DONORnation](https://www.beadonor.ca):  
<https://www.beadonor.ca>



**ONAPING**

# **KWIK-WAY**

**705-595-3003**

or

**705-966-2066**

**OPEN EVERYDAY**

**5:30am to 11:00pm**

**...more than a convenience store!**

Located in the Onaping Plaza

## **In Store Specials for MAY**

Schneider Red Hots  
2 for \$5

McCain Cakes  
\$4.99

FRUITÉ Drinks  
2 for \$3

Plus applicable taxes

## **FIREWORKS**

will be available  
for sale from  
Wednesday  
May 15th  
until Monday  
May 21st  
**ONLY**



**Stop in at the  
restaurant for  
our daily specials**

**Restaurant hours**

**Sunday to Wednesday**

**11am-7pm**

**Thursday to Saturday**

**11am-9pm**

**Orders can be phoned in  
for pick up also**

**705-595-3004**

Direct phone # to restaurant



# The Learning Curve

by Kyleen Gray

## The Muddy Waters of Religion in Ontario Public Schools

To avoid controversy, one must divert discussions away from issues relating to politics and religion. Well, this article will touch on both of those topics - so fair warning.

There have recently been many debates about religion in Ontario public schools, especially focusing on the double standard of minority religions being given special privileges.

I was recently invited to participate in a smudging ceremony at my public school. During the smudging ceremony, our collective souls were 'cleansed' by the practice of smudging or bathing in smoke; this is quite relatable to the washing of sins via showers of holy water that occur in Christian masses.

Smudging is an activity that is open to students to participate in during the school day, in some public schools across the province of Ontario. Due to this practice, smudging in public schools hasn't been without controversy. There are many articles on the topic that a quick Google search can discover; also, a mother in B.C. sued a local school board in 2016 after her children were pressured into participating in smudging, which she viewed as a religious ceremony.

Reading the aforementioned articles on the topic of the smudging debate led me to another religious controversy: allowing Muslim Imams to preach every Friday in some Toronto public schools. In this context, another minority religious group has been allowed special privileges in Ontario public schools that any other religious group would be scoffed at for even requesting.

These examples are significant, as since the 1980's all aspects of Christian religion were removed from all Ontario public schools: prayers were banned, as were Christmas concerts and Easter teas. Recently, public school teachers have been pressured by board officials to even avoid Christian salutations, like "Merry Christmas" and "Happy Easter".

The Ontario School Boards Council is quoted on their website as encouraging religious diversity in Ontario public schools, however, this 'diversity' seems to be far from egalitarian for all religious practices, and in my opinion that reflects political hypocrisy at it's best.

To ban religious activities from Ontario public schools isn't the answer to the problem: inclusion and equal opportunities should be offered to all religious practices for public school students. **Only then can true 'diversity' exist.**

Have you registered your child for  
High School yet?

**C.V.D.C.S.**

(Chelmsford valley District Composite School)

is an awesome school.

Register your child today.

**705-675-0225**

**GO FLYERS!!**

## SCHOOL NEWS

### Mothers Day Draw!

Win a painting for Mom 😊



Tickets are 1 for \$3 or 2 for \$5.

Draw is on Saturday May 12 2018 at 4pm

Drawn at Windy Lake Motel & Restaurant in the Banquet Room  
Proceeds go to Levack Public School

 *Windy Lake Motel  
& Restaurant*

Call 705-966-3967 for tickets or stop in  
at the restaurant

## PLANT SALE

**Chelmsford Valley District Composite School (CVDCS)** will be having their annual **Mothers Day Plant Sale** on May 2nd, 4th, 7th, 9th and 11th from 10:30am to 2:30pm



Also, the yearly vegetable plant sale offering tomatoes, peppers, etc will be on **May 19th, 2018**



All funds raised to go to students bursaries

**Onaping Falls News May 2018**

# Community Action Network

[www.ofcan.ca](http://www.ofcan.ca)

## Contact

**Chair:** Michael Armstrong  
**(705)929-1547**

**Secretary:** Chris Allen  
**Treasurer:** Sharon Leblanc  
**Communications  
Coordinator:** Scott Sagle



Photo by Alfred Boyd

## Your Onaping Falls Community Action Network (OFCAN) is in need of members and volunteers.

With many projects in the works for our communities your help is greatly needed. If you have an interest in gardening, community beautification, helping with your community, community park benches, garage sales, seniors rapport, etc. we would love to have your help.

Many projects are under consideration but a team of local residents are needed to help is make them happen.

Please contact Michael Armstrong at 705-966-2767 or email him at [onapingfallscan@gmail.com](mailto:onapingfallscan@gmail.com) with your name and phone number and what interest or idea you may have for the community.

## Spring Yoga Schedule

Join Inward Focus Yoga  
Dowling Private Studio

**Mondays: 6:30-7:30pm**  
4/ 6 week session \$40/ \$60

OR

Drop in when you can \$15 Per Class.  
Call to Register- 705-698-1039

**Beginner to Advanced  
Instruction Every Class**

Start Date is flexible/ Shift Workers Welcome



## Mothers Day Menu

**Sunday May 13/18**

**Breakfast 6am-1pm**

2 Egg Breakfast \$6.95

Eggs Benedict \$8.25

Fresh Fruit ☺

**Supper 4pm-8pm**

Prime Rib Dinner \$16.95

Green Beans or House Vegetables

Choice of: Mashed or Baked Potato,

Fresh Cut Fries or rice

Choice of Homemade Soup-

Roasted Red Pepper,

Cream of Cauliflower

Dessert- Cherry Cheesecake



*Windy Lake Motel  
& Restaurant*



Shop Local

**Levack I.D.A. Pharmacy** 705-966-3612  
Mickey Brunelle - Owner/Manager 2 First Avenue North

**Onaping Falls Pastoral Charge**

*Larchwood Memorial, Dowling & St. John's, Levack*  
Rev. Cathy Taylor Office: 705 966-3823

**Schedule of Services ~ Sunday**

St. John's 9:30 a.m.  
Larchwood Memorial 11:00 a.m.

**Sailing Into the Future**



**Rev. Cathy Taylor is Retiring!**

Our wonderful minister for the last twelve years, Rev. Cathy Taylor will be retiring on June 30<sup>th</sup> and how we will miss her and her husband, Lorne!  
A special **Retirement Celebration** is being held on June 2<sup>nd</sup> at the Onaping Falls Legion.  
Mix and Mingle from 4:30 – 5:30 p.m. with dinner at 5:30 p.m. Tickets are available from Sharon LeBlanc, Terrie Shinton, Lynda Todd and Tamara Drake and others.  
Please get your tickets and plan to be part of this special celebration.  
On Sunday, June 24<sup>th</sup>, Rev. Cathy's final Sunday with us, a special **Celebration Service** for all will be held at St. John's in Levack followed by a BBQ.  
Everyone is warmly invited to attend.

Shop Local

**Cathy's Artistic Cuts**

Buy a Gift Certificate for Mother's Day

**Win a Gift Basket**

and receive a ballot for a chance to win a fabulous gift basket.  
Draw will be held on Friday, May 11th, 2018

May 11th, 2018

**705-966-2766**  
Onaping Plaza

**ONA-LAC Canoe Club**

**JOIN TODAY!!!**

Family Membership is \$40 per year

**Canoes, Kayaks,  
Paddle/SUP Boards and  
Paddle Boats  
Floating Dock, Sauna, BBQ.  
A beautiful beach sheltered  
from the wind.  
Located on Windy Lake  
close to Tower Bay**

Call Rae McLaren 705-966-2532  
Or Marlene Draper 705-595-2074  
for membership information.



**ONAPING POOL**

**April 23<sup>rd</sup> to May 17<sup>th</sup>, 2018  
RECREATIONAL SWIMS**

Adult Swim

Monday & Wednesday 2:30pm  
Tuesday/Thursday/Friday 8:00pm

Public Swim

Monday to Friday 3:30pm  
Tuesday/Thursday/Friday 7:00pm

Family Swim  
(Children under 16 must be accompanied by parents in the pool)

Monday & Wednesday 1:30pm  
Friday 6:00pm

**May 18<sup>th</sup> to September 3<sup>rd</sup> Onaping Pool is closed.**

	1 Visit	10 visit Card	3 Month Pass
Student/ Child	\$4.00	\$40.00	\$80.00
Senior	\$5.50	\$46.00	\$106.00
Adult	\$11.50	\$94.00	\$186.00
Family			

Child Rate is for ages 0-16 yrs. Senior Rate is 65+ yrs. Students must show valid student I.D.

# Home Sweet Home

by Samantha Brazeau-Wilson

## Bed Bug Prevention

This month, we're focusing on bed bug prevention – an all too familiar experience I went through a few years ago. Naïve to the fact that my tidy apartment could get infested with bed bugs, it happened and I'm here to help ensure it doesn't happen to you!

As unpleasant as it is to think about, bed bugs can invade the cleanest of houses and wreak havoc on your home. If you've recently travelled, purchased from a thrift shop or have hosted out-of-town guests, you could be at risk of some unexpected visitors. Here are some tips to prevent bed bugs from happening in your home.

### Eliminate Clutter

Clutter provides an infinite number of hiding places for bed bugs and prevents pest control professionals from eliminating them should you ever develop a problem. Keep all areas of your home clutter-free – especially the bedroom.

### Do Your Laundry

Heat is deadly to bed bugs which means if they're living in your bed sheets or in that stinky pile of laundry, they'll meet their demise as soon as you pop them in the washer or dryer. These pests and their eggs are killed by exposing them to temperatures of 120 F for at least 20 minutes, which is typical for a low-heat dryer setting.

### Use a Mattress Protector

Mattress protectors are essential to not only preserving the longevity of your mattress but to protect it from critters like bed bugs. Some covers are specifically designed to encase your entire mattress and prevent bed bugs from nesting.

### Call a Professional

Bed bugs can be very tiny and hard to see at first glance. If you discover them on your mattress or think you have bites on your skin, contact a professional immediately to inspect your home. These pests can be challenging to get rid of and spread quickly so the quicker you are to catch them the better.

- Are you looking for a way to make extra money?
  - Are you ready to work from home either full time or part time?
- Do you love the beauty industry and have an interest in helping others have great hair everyday?
  - Would you like to be your own boss and set your own hours?



**We are expanding our team!**  
**For more information call**  
**Dana at 705-207-1624**





# Moments That Matter

**CHARTWELL MEADOWBROOK**

18 Jacobson Drive, Lively  
705-836-9999 • [CHARTWELL.COM](http://CHARTWELL.COM)



**CHARTwell**  
retirement residences



# Mike E's Siding

Since 1992

WINDOWS ~ DOORS ~ ALUMINUM & VINYL SIDING



Soffit/Fascia ~ Shingles ~ Patio Doors/Decks

 GENTEK  
GENTEK BUILDING PRODUCTS LIMITED



WORKMANSHIP GUARANTEED

705-855-3858

## High Tea

You are invited to a High Tea

WHERE - at the Golden Age Club

WHEN - Thursday May 10<sup>th</sup> 2018

TIME - 2pm to 5pm

COST - Silver Collection

Wear your special Garden Party Outfit  
or just your jeans with your

Special HAT (Prizes for the most original HATs)

Shirley will have A "HAT" Display & you can borrow  
a HAT for the afternoon (if you don't have a hat).

Lots of goodies with your favourite tea (many types of tea)  
Tons of Prizes & Surprises ~ Come and join in the fun

Call: Carol - 705-966-5306 or Nevada - 705-966-0137  
or Bev - 705-966-3741

[SudburyLibraries.ca](http://SudburyLibraries.ca) | [SudburyBiblios.ca](http://SudburyBiblios.ca)



## Kids' Programs - Spring Crafts

Kids are invited to take part in different activities at the library, from story time and technology, to Lego and crafts, this program will unleash their imaginations.

Levack/Onaping Library

Thursday May 24<sup>th</sup> - 6:30 - 7:30 PM

Register online or contact your local branch for more details.

Inscrivez-vous en ligne ou communiquez avec votre succursale locale pour plus de détails.

 Helping Hands  
Un coup de main

Donate at your library | Donnez à votre bibliothèque

 GREATER SUDBURY PUBLIC LIBRARY  
BIBLIOTHÈQUE PUBLIQUE  
121 GRANDS SUDBURY



## Onaping Falls Golden Age Club

109 Service Road, Onaping, Ontario P0M 2R0

**705-966-2502**

**Shuffle Board ~ Wednesdays at 1pm** (Members Free - \$5 for Non-members)

Contact Bea Ewing at 705-587-2113

**Pool/Billiards ~ will continue throughout the summer**

Contact Larry at 705-966-3932

**Bingo ~ the last bingo will be on Monday, May 28th.**

After the summer Bingo will start up again on September 11th

**Bowling ~ year end party is May 5th.**

Contact Gene for info 705-966-2251

**Line Dancing ~ will continue all summer.**

Contact Lillian at 705-966-9255 for info

**Moccasin Making ~ planned for June 1st**

Contact Paulette at 705-966-3076 if you would like to register

Everyone welcome ~ only 12 spots available

*New members over 50 always welcome.*

*Join today for only \$20 per year!*

# Seniors Corner

**Attention Seniors ~ If you would like to attend the iconic RCMP Musical Ride** to be held out in Whitefish on June 9th and 10th there will be a FREE bus available from the KwikWay in Onaping, the Mini Mart in Levack and the IDA in Dowling on both days.

You can buy your ticket/bracelet at any one of these stores also. They are \$15 each.

If you have any questions please do not hesitate to call Carrie Morin at 705-918-1978 or Dolly Gordon at 705-662-9095

This is an event you won't want to miss!

(see the ad in this months Onaping Falls News)

Bring your family and your friends!!

## AJ STONENWORKS

**Ralf Albrecht - Owner**

**Granite~Tile~Glass~Mirrors**

**705-966-2994**



ALL ROADS LEAD TO...

**SOUTHSIDE**  
CHEVROLET • BUICK • GMC

**Tim (T.J.) Gordon, Professional (705) 523-2438**  
*Sales Consultant* x211

Fax: 705-523-0120

Service: 705-523-5235

Cell: 705-670-7856

2601 Regent Street  
Sudbury, ON P3E 6K6

tim@southsidechev.com

## New 2 U

**Your community closet FREE**  
to local residents

Open Monday to Thursday from 10am ~1pm

Wednesday evenings from 4pm ~ 7pm

**A moment  
with  
Melinda**

Nobody can  
ever take  
a friends  
place ~ Nobody

**Maya Angelou**  
American Poet  
&  
Civil Rights Activist



**Mother's Day is May 13th.**  
**Order your flowers today!!**

**Fleurs Magiques**  
**Flowers**

Free delivery in Onaping Falls  
on orders over \$50.

**705-855-3321**

# Blues Outdoor World

## Why I Hunt by Sean 'Blue' Gray

I can remember as a young boy always loving the outdoors, especially hunting. Today this passion still follows me. Growing up, my parents always exposed my sister and I to the outdoors. We lived in Thunder Bay, Elliot Lake and Onaping Falls. All areas where outdoor life was at our finger tips. I think hunting became an addiction for me in my twenties but began, when I was around twelve. I was grouse hunting with my dad one day, and one popped out on the trail. My dad handed me a single shot 12 gauge and I shot the bird. I remember being so proud of myself, having this sense come over me that I can't explain. But since that day, I have participated in every hunting season that Northern Ontario has to offer. I would like to write about why hunting is such a great tradition.

I believe that hunting and fishing allows individuals many opportunities to create unforgettable memories. I could sit here and write about all of the experiences I have had, but I do not have the space to do so. For me, it's the camaraderie, the peace and solace, the beauty, the process, the challenge and the feeling of accomplishment that I get out of a successful hunting or fishing trip. Being able to feed my family organic meat and explaining to my kids where it comes from is also very important and rewarding.

Being part of a hunt/fish camp builds great memories. I have been part of a deer group where I get to hunt with my dad, my friends and my uncles. During our hunts we build relationships and memories that will last forever. Every time I step into nature I see something beautiful, whether it's a stand of hemlocks blanketed in snow, an array of fall colours on a perfect October day, or the sound of a small stream running through an old growth forest. The challenge maybe what drives me the most, especially when we talk about big game animals. It's not about walking out the door with a rifle and shooting an animal. It's about educating yourself and taking the time to study a wide array of elements, many of which may take a lifetime to figure out. Hunting involves hard work, planning, patience and a lot of time in order give you a chance at success. I think with all the hustle and bustle in this world, we forget the importance of where our meat comes from and who got it for us. I also believe that by hunting, our younger generations can gain a new appreciation for how important it is to understand the process of how food gets to our table.

Hunting is not about shooting animals; it's about sharing "moments" and continuing a heritage that began in Canada long ago. It's about building relationships/memories, hard work, dedication, sustainability, following rules and regulations and it's about personal values. Hunting has given me something to be passionate about and I treasure every moment of every hunt. I absolutely cherish the time I get to spend with my friends and family and now get to do this with my kids. I get to pass down to my kids what has been passed down to me. All in all, hunting has become a lifestyle for me. I cannot imagine not having the opportunity to hunt and spend time in nature. It has become part of me, and my family and is something that we all appreciate. My son has already become my apprentice and is only seven. He like his sisters loves the outdoors. He is about to experience his first bear hunt this spring and I am excited to share this with him.

At the end of the day, I think hunting can teach us a lot. I think it teaches us about life, about ourselves, and all of the things that make us better members in our society. So get into nature, experience what it has to offer, and be proud of our heritage.

10 ~ Grafton 11 ~ poem 12 ~ picnic 13 ~ parent 14 ~ bows 16 ~ infant 18 ~ Mom 19 ~ yellow  
 Down 1 ~ Monday 2 ~ love 4 ~ heart 6 ~ bouquets 8 ~ Anna Jarvis 9 ~ baskets  
 13 ~ present 15 ~ Woodrow Wilson 17 ~ flowers 20 ~ mother 21 ~ stroll  
 Across 3 ~ shine 4 ~ hug 5 ~ hue 7 ~ mothers day 10 ~ garden 11 ~ patience  
**Crossword Answers May 2018**



**Levack**  
 Knights of Columbus  
 Fr. Don McLellan  
 Council 11565

Catholic Gentlemen dedicated to:  
 Church Family Community Country

## KNIGHTS OF COLUMBUS FUNDRAISER SAUSAGE DRIVE – June 2, 2018

On June 2, 2018 the Knights of Columbus Council 11565 will be having a **Sausage Drive**.

The sausages are to be sold at \$5.00 per pound in 5 pound lots **only** which will cost **\$25.00** each. You have a choice of mild, hot or super hot, porketta, honey garlic, and breakfast sausage form or loose.

Knights may be approaching you to see if you're interested in placing an order or you can call Mike Maisonneuve at 705.966.3926 or cell 705.919.5549 to order or ask questions.

Knights will also be at the back of the church taking orders in late April and early May.

**All orders must be in and paid for by May 22, 2018.**

Profits will go to Knights and the Parish needs.

Thank you!

# SHUFFLE BOARD

The Onaping Falls Golden Age Club is now offering Shuffle Board on Wednesdays at 1pm  
 It is FREE to members and a \$5 charge if you are not a member.

Please contact Bea Ewing if you would like to join in at 705-587-2113



Carmen Portelance  
 Sales Representative  
 Telephone 705-560-5650  
 Cell 705-562-9067

RE/MAX Crown Realty (1989)  
 Inc. Brokerage

[www.carmenportelance.com](http://www.carmenportelance.com)



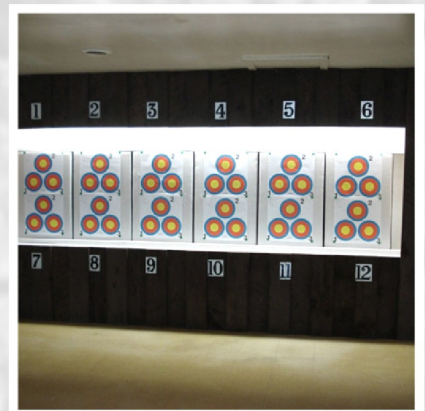




**Ten Point Archery** is your local source for top-quality archery products, including bows, targets, hunting clothing and more.

Located at **3450 Hwy 144 in Chelmsford**, our store also features an air-conditioned range where you can test your aim.

TAKE YOUR **BEST SHOT** AT TEN POINT ARCHERY. VISIT US TODAY!



### Our Services

- Archery Sales and Service
- Indoor Range
- Hunting Equipment
- Game Calls
- Scents & Attractants
- Bow Accessories & Targets
- Hunting Clothing and Apparel
- DVD Rentals

### Our Brands

- Hoyt
- Mathews
- Elite
- PSE
- Bear
- Obsession
- Quest
- Prime
- Mission
- Diamond
- Bowtech
- Martin
- Jandao
- Excalibur
- Stryker
- Killer Instinct

[www.tenpointarchery.ca](http://www.tenpointarchery.ca)  
[info@tenpointarchery.ca](mailto:info@tenpointarchery.ca)

Call us today! **1-705-222-0010**

# Sudbury Credit Union

Community Banking Services



## Fun, relaxing weekends don't just happen, do they?

We all know that camping takes hard-core planning — like coordinating schedules with family and friends, getting the camp open, the boat serviced, gas for the quad, buying groceries ...the list goes on and on.

Well, we'd like to see you do as much — or more — careful planning for your entire financial future as you do for your weekends and holidays.

That's because we want you to have the confidence and freedom to make the financial choices you need, and deserve, to have peace of mind for the years to come.

Thoughtful and serious preparation now can help give you the confidence and freedom to make smart financial choices for your family's future, your children's education, your retirement and your estate ... and your future weekends!

For help mapping out your financial future, please give me a call at the Levack branch of Sudbury Credit Union, 705-966-3451.

David Blackburn, Branch Manager



37 Levack Drive  
705-966-3451

[www.sudburycu.com](http://www.sudburycu.com)

Community  
**MINDED**  
...Just Like You





**Onaping Falls Branch 503**  
**1 St James, Onaping, ON**  
**705-966-2387**  
 Email: Branch503@eastlink.ca



## SPRING CLEAN

**Students Can Earn their  
Community Hours ~**

**Helping the  
Royal Canadian Legion  
At Onaping Falls Branch 503**

**High School and Senior Students that  
need to complete their Community  
Hours can earn hours by helping the  
Legion.**

**Contact John Getchell, President  
at 705-507-4334  
to make arrangements for  
Student Community Hours  
with our Branch.**

## Join in our Weekly Events at Branch 503

<b>Mondays</b>	7:00 pm	Pool ~ in the Club Room ~ \$5.00
<b>Tuesdays</b>	7:00 pm	Bean Bags ~ in the Club Room ~ \$5.00
<b>Thursdays</b>	7:30 pm	Euchre – Upstairs in the Hall ~ \$10.00
<b>Thursdays</b>	7:30 pm	Dart League ~ Join the League or Spare in ~ \$7.00
<b>Saturdays</b>	3:00 pm	Porquetta Bingo ~ in the Club Room ~ \$15.00
<b>Sundays</b>	1:00 pm	Open Singles Darts ~ in the Club Room ~ \$5.00



## 2018 Spring District H Convention ~ April 14-15<sup>th</sup> at Branch 76 in Subury

**Onaping Falls Branch 503 Executives were  
very busy at the District H Spring Convention!**

This year the Legion Members of District H were Recognized at the Northeast Cancer Centre in Subury with the presentation of a special Plaque Award acknowledging the Legion's support over the last 25 years with donations of more than \$645,000 from our District since the start of the partnership.



The plaque will be installed permanently at the Northeast Cancer Centre.

All the funds that were donated by the Legion in the past 25 years have been used 100% for the purchase of equipment – most recently completing the funding for the special Brachy Therapy Ultrasound and Applicator – and the future projects that the Royal Canadian Legion will work towards include an upgrade of the Radiation Treatment CT Scanner and launching an Integrated Lung Cancer Screening Program.



Onaping Falls Branch 503  
 1 St James, Onaping, ON  
 705-966-2387  
 Email:  
 Branch503@eastlink.ca



## 2018 HONOURS AND AWARDS PRESENTATIONS

**Wednesday June 13<sup>th</sup> ~ 7:00 pm**

The 2018 Annual Honours and Awards Ceremony at Branch 503 will be held on Wednesday June 13<sup>th</sup> at the General Membership Meeting.

We are excited to have quite a number of Members in line to receive their Membership Bars and Medals, and other special community individuals who will receive Legion Honours.

Please plan to attend and Celebrate your Membership with the Royal Canadian Legion ~ Onaping Falls Branch 503.

**\*\*For Information if You are an Honours and Awards Recipient  
 Contact Myrna DeCou, Honours & Awards ~ 705-966-2525  
 Or Kathy Moggy, Treasurer ~ 705-966-3884**



There are 36 Branches in District H, and Onaping Falls Branch 503 is very Proud to play a part in the District H Achievements in this outstanding Partnership.

**MIXED POOL EVERY MONDAY NIGHT**  
 Games start at 7:00 pm ~ \$5.00



**Members and Non-Members ~  
Everyone is Welcome to Join In !**

## Bean Bag Horseshoes

Tuesdays at 7:00 pm  
 ~ Downstairs In the Club Room ~



**Everyone is Welcome**

\$5.00 ~ No Partner required ~ Just come out and Have FUN!



**Porquetta BINGO**  
 every Saturday  
 at 3:00 pm

– Four Rounds of Games with  
 3 Meat Prizes each Round!  
 Plus – Draw Prizes for  
 Tasty Treats between Draws!

Bring your Friends and Have a Great  
 Afternoon in the Club Room!



See You There !!



## FRANCE GÉLINAS | NICKEL BELT CANDIDATE



[www.ontariondp.ca](http://www.ontariondp.ca)

### CAMPAIGN OFFICE

Val Est Mall - 3140 Hwy 69 N

Unit 25, Val Caron, ON

**705-897-7626**

[francegelinas2018@outlook.com](mailto:francegelinas2018@outlook.com)

Facebook: Nickel Belt NDP

Mailing Address:

NDP Box 3010, Hanmer, ON, P3P 1J6

**ONTARIO**  
**NDP**  **NPD**

## Let's get good things done.

France is an effective representative for Nickel Belt residents on important local issues such as health and long-term care, small and rural schools, road safety and helping our communities thrive.

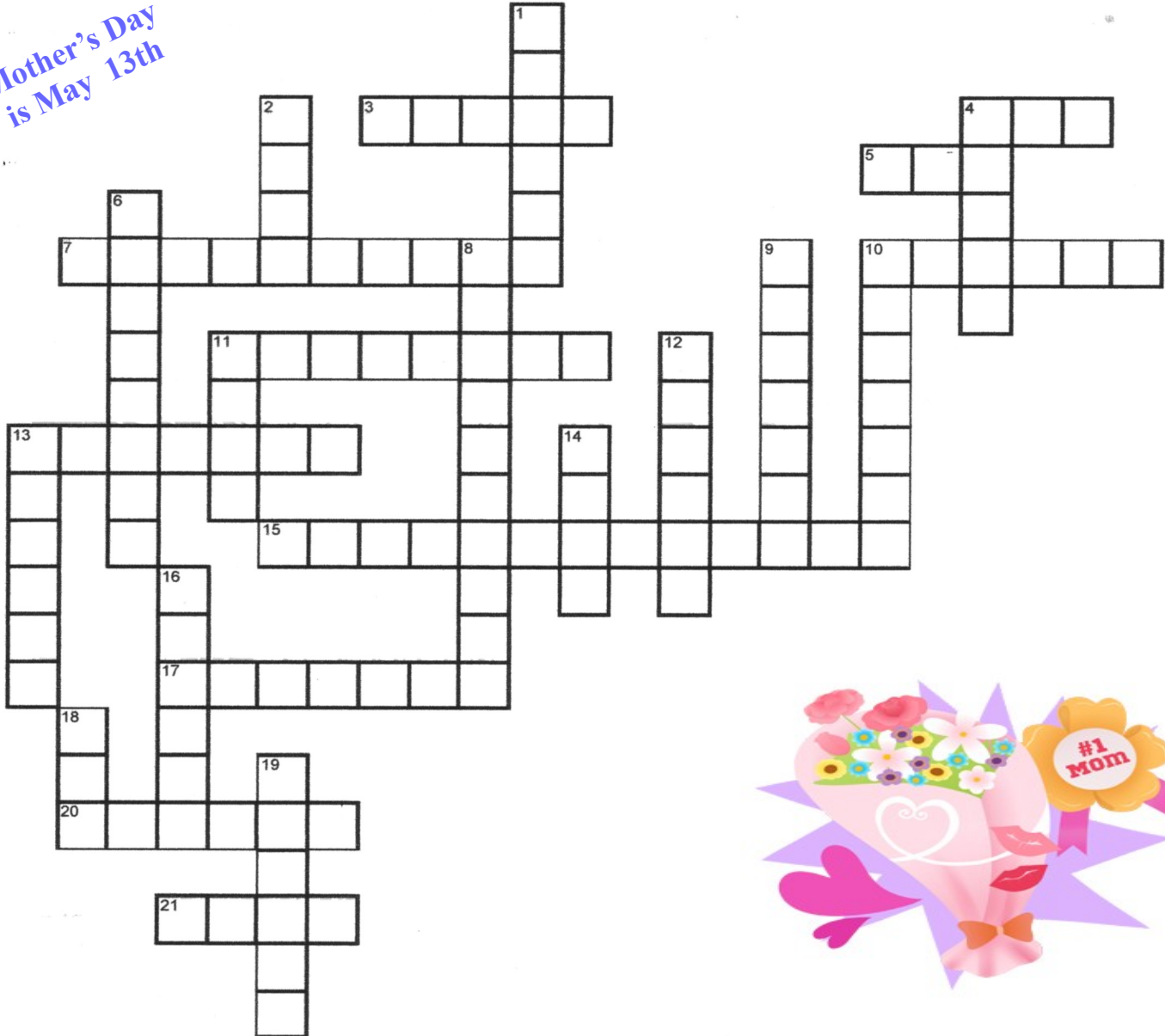
### FIVE CHANGES FOR THE BETTER

- Provide drug and dental coverage for all Ontarians
- End hallway medicine and fix seniors care
- Cut hydro bills by 30% and bring Hydro One back into public hands
- Provide financial help for students,
- Provide childcare and protect middle class families



# Mother's Day Crossword

Mother's Day  
is May 13th



**Across**

- 3 RISE AND \_\_\_\_\_!
- 4 HOLD SOMEONE IN YOUR ARMS
- 5 CHANGE THE COLOR OF SOMETHING
- 7 HOLIDAY ON MAY 14TH
- 10 WHERE BLOOMS MIGHT GROW
- 11 A MOTHER'S \_\_\_\_\_ IS ENDLESS
- 13 GIFT
- 15 PRESIDENT WHO MADE THIS HOLIDAY OFFICIAL
- 17 PRETTY BLOOMS YOU PICK
- 20 MATRIARCH
- 21 STROLL

**Down**

- 1 FIRST DAY OF THE WEEK
- 2 EMOTION FOR SOMEONE SPECIAL
- 4 SHAPE REPRESENTING A STRONG EMOTION
- 6 BUNCHES OF BLOOMS
- 8 "FOUNDER" OF THIS HOLIDAY
- 9 BLOOMS CAN HANG IN THESE
- 10 HOMETOWN OF HOLIDAY "FOUNDER"
- 11 PIECE OF WRITING, USUALLY RHYMES
- 12 OUTDOOR MEAL
- 13 MOM OR DAD
- 14 TIE TOGETHER BLOOMS WITH THESE
- 16 SMALL CHILD
- 18 SHORT NAME FOR MATRIARCH
- 19 COLOR OF THE SUN

Answers can be found inside the  
Onaping Falls News :)



## Windy Lake Motel & Restaurant

**Open Monday through Friday at 5am**  
**Open Saturday & Sunday at 6am**  
**Closed at 10pm everyday**

- Licensed Family Restaurant-order in or take out!
- Breakfast>Burgers>Pizza>Home Baking on Request
- Clean, modern, and economical rooms
- Ontario Northland Bus Stop & BPX service
- We now sell Bus tickets!!
- Banquet room for your event
- Gas bar—including premium!

**Northern Hillside Inn- daily, weekly and monthly rates!!**

*Proud community supporter for over 20 years!*

**Highway 144 & Old Cartier Road**

**705-966-3967**

**www.windylakemotel.com**

**WE ARE BACK!**

**ONAPING FALLS  
LION'S  
CHARITY**



**Every Monday**

6:30pm - Warm-ups  
7pm - Regular Bingo  
Dowling Lion's Den  
27 Sturgeon St

Must be 18 years or older to play

### **RANDOM BITS OF INFORMATION**

Classic Toys that were best  
sellers in 1983

1. Cabbage Patch Kids
2. Care Bears
3. Trivial Pursuit
4. My Little Pony

**DO YOU  
REMEMBER??**

**Top 5 TV Shows of 1983**

Dallas, Dynasty, 60 Minutes,  
Simon & Simon and Magnum P.I.



## Valley Driver Training

Your Road to the Future

Ministry approved Beginner Driver  
Education Program

**705-673-6220**

**www.valleydrivertraining.ca**

**Owner/Instructor ~ Shelley Moir**

### **ONAPING FALLS SOCCER CLUB**

Will have games in  
**DOWLING** every  
**Tuesday and Thursday**  
**From 6pm and 7:30pm**  
starting May 22nd

**Come out and watch!**  
Support our **YOUTH** in **SPORTS!**



# Kids Korner

by Arianna Thibodeau



## MOTHER'S DAY MAZE

This little boy wants to pick a flower for his Mom.  
Can you help him find the way??

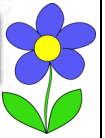
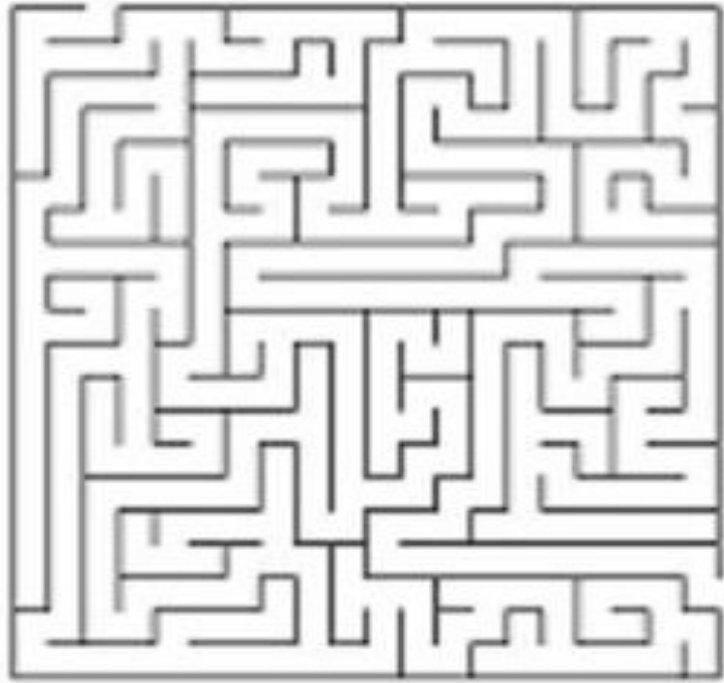
### Jokes from a lil jokester!

**What do you call a  
small Mom?**

A Minimum

**Why did the baby  
strawberry cry?**

Because his Mom  
was in a jam!



# Onaping Plaza

The Onaping Plaza is now under new management.

This fantastic location offers an LCBO, Subway, Kwik Way Convenience Store and a full service Hair salon.

Conveniently located between Levack and Onaping on Regional Road 8  
This location can't be missed.

Great traffic flow into plaza, prime location near gas station and mining lots.  
Commercial Units now available for lease.

A blank canvas for the artistic mind. A bar, a pool hall, a clothing store? Rent is based on per sq. ft. Units can be combined up to 8000 sq. ft.

Each unit has a two piece washroom/multiple washrooms. Available May 1st.

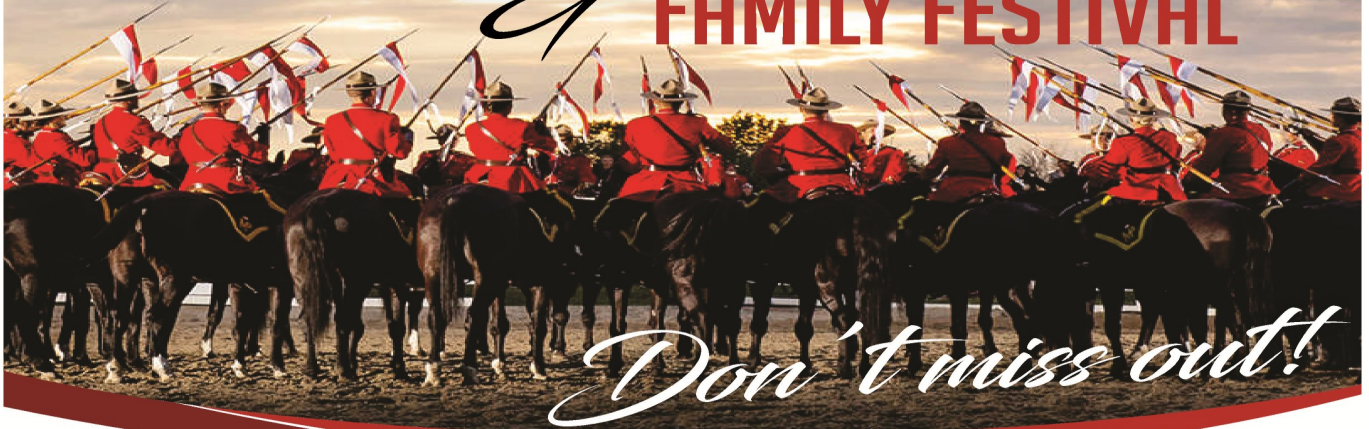
## Endless ideas for your next business.

Lots of windows and parking for customers and employees. The sky is the limit.

Please call 1-647-212-4477 or email [balbaljit@hotmail.com](mailto:balbaljit@hotmail.com) for more information!



# The RCMP Musical Ride & FAMILY FESTIVAL



*Don't miss out!*

*Join us:* **JUNE 9-10, 2018**  
**12 NOON - 5 PM** **688 PANACHE LAKE RD. WHITEFISH, ON**  
 OLD PANACHE GOLF COURSE  
**AT NORTHERN LEGACY HORSE FARMS**

Capreol Centennial Committee, Onaping Falls Recreation Committee and Northern Legacy Horse Farms is proud to present the Royal Canadian Mounted Police Musical Ride & Family Festival.

## TICKETS AVAILABLE AT:

**Onaping Falls Locations:**

Levack Mini Mart, Onaping Kwik-way and Dowling IDA Pharmacy

**Capreol Locations:**

Home Hardware, The Firehouse Restaurant, Lynn's Place, M & R Grill

**Hanmer & Val Caron Locations:**

Metro Groceries in Val Caron, Pharmasave in Hanmer Mall

**Sudbury:** Greenhawk Equestrian Sport (Newgate Ave.)

**and Online:** <http://sudbury.snapd.com/events/view/1138806>

**\$15**  
 LIMITED TICKETS AVAILABLE  
**under 3 FREE**



FOR MORE INFORMATION PLEASE CONTACT  
 CARRIE AT 705-918-1978 OR RANDY AT 705-919-2413  
 OR VISIT [WWW.FACEBOOK.COM/GROUPS/RCMPMUSICALRIDE](http://WWW.FACEBOOK.COM/GROUPS/RCMPMUSICALRIDE)

THE FREE BUS SCHEDULE WILL BE POSTED AROUND TOWN AND ALSO IN THE  
 JUNE ISSUE OF THE ONAPING FALLS NEWS.

FREE BUSSING will be provided for all **ticket/bracelet holders** from Levack, Onaping and Dowling.

Limited admission so please buy your ticket/bracelet today!

50% of the money raised from this event comes back to our community.

PLEASE BE A SUPPORTER!

You must have a ticket/bracelet to get on the bus