

FREE



May 10th

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**STAY HOME
&
STAY SAFE**



ONAPING FALLS NEWS

MAY 2020



Canadian Artists truly came together on Sunday, April 26th to create a memorable rendition of Bill Withers hit Lean on Me. The airing of a TV special called 'Stronger Together, Tous Ensemble' had more than two dozen artists perform to create this fabulous virtual ensemble.

Juno award nominated singer-songwriters Tyler Shaw and Fefe Dobson created a collective artists initiative, now known as **ArtistsCAN** and began enlisting the star studded roster earlier in April. Each musician recorded their version of Lean on Me from the comfort of their homes.

The charity single was released to raise funds for the Canadian Red Cross's COVID 19 initiatives.



Performing on the song are Canadian Superstars like Rush front man Geddy Lee, Justin Bieber, Avril Lavigne, Michael Buble, Bryan Adams, Jann Arden, Sarah MacLachlan and Buffy St. Marie, to name a few. The song finishes with a message from our Prime Minister Justin Trudeau.

Many other Canadian celebs are seen through out the video holding up messages and inspiring us to stand together and stay strong.

We will get through this!

Canadians can contribute to this initiative simply by streaming the single on their preferred music streaming platform, viewing the official music video or downloading the single from the digital music retailer of their choice.

Any monetary donations can be contributed by visiting redcross.ca/leanonme or by texting **'LEANONME' to 20222*** to donate \$10 from your mobile device, at your discretion.

*Standard Text Message Rates Apply. You may opt-out of receiving a call from the Red Cross regarding your donation by texting 'NO THANKS' to 20222

LEVACK |||



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For information related to supportive measures
announced due to COVID-19 visit
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Gerry Montpellier

City of Greater Sudbury
Councillor ~ Ward 3

Phone : 705-698-2759

Email

gerry.montpellier@greatersudbury.ca

Facebook @ Gerry Montpellier

The Onaping Falls Golden Age Club is
CLOSED during the
COVID 19 pandemic.

All members are looking forward
to its reopening.

Stay Safe everyone ~ Stay Home

Join today - \$20 a year - age 50 plus

Onaping Falls

**Golden Age
Club**

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Happy Birthday Queen Victoria!

The British queen was born on May 24, 1819.
She was a **reigning monarch** (Queen) for 63
years, seven months and two days.

Victoria Day was declared a Canadian holiday
by the government in 1845.

At that time, it was celebrated with picnics,
parades, sporting tournaments, fireworks
and cannon salutes.

When Queen Victoria died in 1901,
Canada's parliament officially named the
holiday Victoria Day.

It was decided that the day would be
celebrated on May 24th each year
(or on May 25th if the 24th fell on a Sunday).

Victoria Days fall s on a Sunday in 2020!



formerly TRANSCAB

GOVA Zone Update effective May 1, 2020

Effective Friday, May 1, 2020, the phone number for
the GOVA Zone service provider will change for the
following routes:

Dowling/Onaping/Levack via route 104

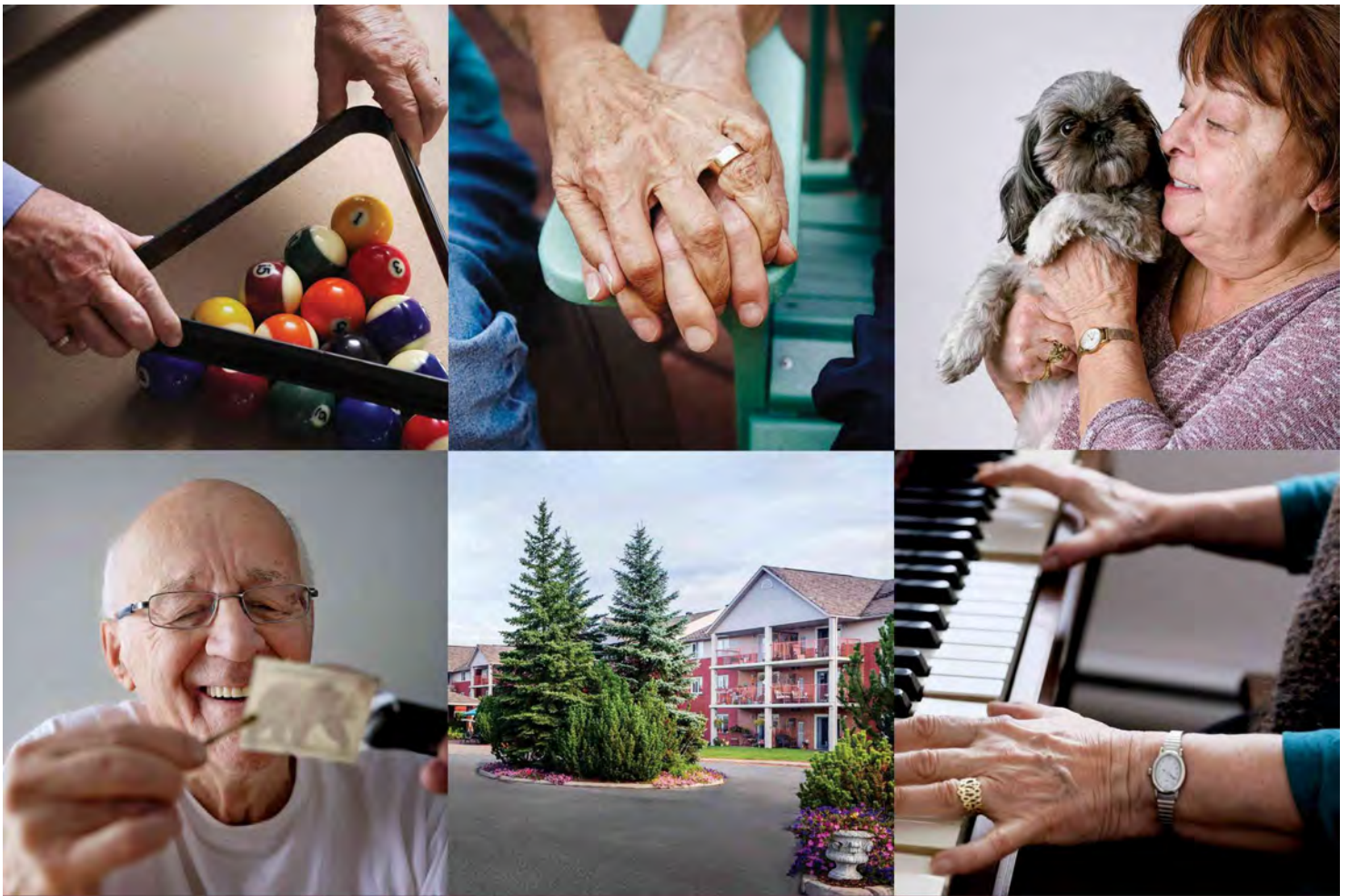
Regional Road 15 travelling via route 104

Regional Road 15 travelling via route 105

The new number to book is 705-670-2300, and the
service will now be provided by a GOVA Plus
vehicle. This is a temporary measure during the
COVID-19 Emergency Declaration.

WHEN SHOULD I PLANT ?

Asparagus	Mar 15-Apr 15	Kale	Apr 1-30
Bean, bush,	May 10, June 15		July 1-Aug 1
lima		Kohlrabi	Mar 25-Apr 5
Bean, bush,	Apr 25-July 15		Aug 1-10
snap		Lettuce,	Mar 25-May 15
Beet	Apr 10-July 15	leaf	Aug 15-Sept 15
Broccoli	Apr 10-May 1	Muskmelon	May 10-June 15
	July 1-15	Mustard	Apr 1-May 10
Cabbage	Apr 10-July 15		Aug 15-Sept 15
Carrot	Apr 10-July 15	New Zealand	Apr 25-June 15
Cauliflower	July 10-20	spinach	
Chard	Apr 10-June 1	Okra	May 10-June 15
Corn, sweet	May 1-July 9	Onion, from	Mar 25-April 15
Cucumber	May 10-June 15	seed	
Eggplant	May 10-June 15	Onion, from	Mar 25-May 1
Endive	Apr 1-May 1	plants or	
	July 1-Aug 15	sets	
Garlic, from	Mar 25-Apr 15	Parsley	Apr 10-May 1
cloves		Peas	Apr 10-May 1
Kale	Apr 1-30	Pepper	May 10-June 1
	July 1-Aug 1	Potato	Apr 1-15
Rutabaga	May 1-July 1		June 1-10
Spinach	Mar 25-Apr 15	Pumpkin	May 20-June 10
	Aug 15-30	Radish,	Apr 5-June 1
Squash,	May 10-June 15	spring	Aug 20-30
summer		Radish,	Aug 1-15
Squash,	May 20-June 1	winter	
winter		Rhubarb	Mar 25-May 15
Sweet Potato	May 10-June 1	Turnips	Mar 25-Apr 15
Tomato	May 10-June 1		Aug 1-15
		Watermelons	May 10-June 1



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A Moment With Melinda

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Onaping Falls **Pastoral Charge**

*Larchwood Memorial, Dowling & St. John's,
Levack, Onaping, Cartier*

*The Onaping Falls Pastoral Charge
is very pleased to
announce that we have 'called' a
new minister to the United Churches
in Levack – Onaping - Cartier and Dowling.*

***The Rev. Susan Peverley will
begin her ministry on
July 1, 2020.***

Schedule of Services

**All services are cancelled at this time until
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Tax deadline is extended until June 1st, 2020



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COVID-19



Helpful INFO utiles

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*La période de validité pour les cartes Santé qui
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COVID-19



Helpful INFO utiles

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COVID-19



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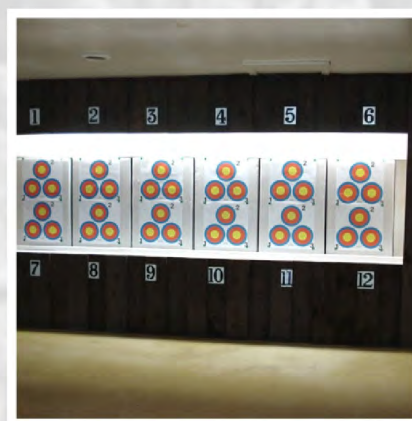




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The Onaping Falls Community Action Networks have big plans for the next few months. As soon as we are given the go ahead to move forward with our projects we will do so.

Follow us on our Facebook page 'Onaping Falls CAN' and stay in the loop to find out what is planned for the coming months.

BUT FOR NOW.... STAY IN and STAY SAFE.
We will meet on the other side of this viral threat to all of us!

The communities within Onaping Falls will come out stronger and together!

Let's get our community gardens and our dog parks going! We can do this with you! Volunteer to be a part of these fantastic community happenings through the C.A.N.



**ONAPING
FALLS
NEWS**

Published on the 1st day of each month
Submission deadline is the 23rd of each month by noon

Editor ~ Dolly Gordon 705-662-9095

Website/Online Editor ~ Samantha Brazeau-Wilson

Contributors ~ Kylene Gray, Sean 'Blue' Gray, Arianna Thibodeau,
Jana Lahnalampi, Danika Lavoie-Rochette, Blockhead Blunders
and Melinda Mott

400 paper copies are distributed within the community.

You can view the full online version at www.onapingfallsnews.com

Join our Facebook page for daily happenings.

For more information please email justdolly@persona.ca

Call or text 705-662-9095

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**MAY
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AND

May 27th
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Facebook
or email at
fallsfood@hotmail.com

Located in the Onaping Falls Community Centre



Onaping Falls Lions Club

27 Sturgeon Street, Dowling, Ontario

705-855-1765



THANK YOU!

A message from the Onaping Falls Lions Club

~ Thank you to all the Snowbirds who followed protocol upon their return and used us for Grocery Delivery!

~ Since isolation began March 16th we have served over 1000 meals to Onaping Falls residents.

The 'Feed Our Friends' program is fully approved and overseen by the S.D.H.U. Since isolation began in mid March the Lions club has served over 1000 meals. Chair of the program, Carmen Portelance would like to Thank the following people who have been preparing meals since the beginning.

Lions club members ~ Jerome (President), Brenda, Marcel, Sue, Mike, Armand, Leslie, Lorraine and Pauli. Chevalier, Serge and our cooks, Diane and Angie.



Thank you to everyone in our community who made donations these past few weeks and to Giant Tiger for the donation of 250 bags to make our deliveries a little easier.

Did you happen to catch our interview on CTV News last week? CTV news Video Journalist Molly Frommer came out and did a **socially distanced** interview with Carmen Portelance and some of our residents receiving meals.

Good people doing good deeds for good people

The CLUB remains CLOSED during this time.

We are here for you!

Please remember if you need anything that help is just a quick phone call away. The Lions Club is doing their best to keep us all fed and happy during this crazy time in history!

Call Carmen 705-562-9067



Onaping Falls Branch 503

1 St James, Onaping, ON

705-966-2387

Email: Branch503@eastlink.ca



**Onaping Falls, Branch 503 remains CLOSED during this time.
Please follow our FACEBOOK page for updates.**

Stay home ~ Stay Safe



Phone Numbers

**Here is a list of essential businesses in Onaping Falls.
Please call to check hours of operation as they are changing
daily as we adapt to Government rulings.**

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Tim Hortons Dowling 705-855-0752

Gillo's in Dowling 705-855-6665

Scotia Bank in Dowling 705-855-9424 ext. 4205 or 4201

IDA in Dowling 705-855-4562

Lions Club in Dowling Contact Carmen Portelance 705-562-9067

Windy Lake Motel & Restaurant 706-966-3967

Kwikway in Onaping 705-966-2066

Fergies Restaurant in Onaping 705-595-3004

Cobi's in Onaping 705-966-2282

Subway in Onaping 705-966-1223

LCBO in Onaping 705-966-2331

IDA in Levack 705-966-3612

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Mini Mart in Levack 705-966-2460

Beer Store in Levack 705-966-2221

Bluebird in Levack 705-966-3707

Credit Union in Levack 705-966-3451

Greater City of Sudbury DIAL 311

**And, of course, our M.P. Marc Serré and M.P.P. France Gélinas
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@ 705-626-8355

CHECK FACEBOOK FOR UPDATES STARTING
AT THE END OF APRIL!

WE HOPE TO SEE EVERYONE SOON!

Community Heart & Soul....

continued from the back page!

I had the good fortune to work in cooperation with knowledgeable and dedicated physicians over the years, with the support of excellent staff, to whom I express my gratitude.

For any compliment coming my way there were three or four for my secretary Renee Hull. She did not miss a beat.

In earlier years too, Wendy Hull was a very capable secretary and administrator. I wish to thank Dr. Jennifer Laski for her expertise and support over the years as well as contributing fresh ideas to the operation of the clinic here. Also, I would like to pay tribute to Mr. Bob Parker, who as Mayor of Levack-Onaping, and afterwards, demonstrated an appreciation of the challenges facing the primary care physician in the rural setting. Over the years too, I have received timeless support from Barbara in the operation of my practice and much of this has been spontaneously volunteered. To the operators of the pharmacy downstairs, the owners and all the staff, I send my thanks for their expertise and advice and the high level of care. I will miss working with Amanda, Chris and Norm and the same goes with Mark, Tim and Shannon and their team in Dowling from where much help as been forthcoming.

It is important for us all to look beyond this community and to the operation of Health Sciences North and the personnel there, at all levels, who provide us all with a wide range of care and expertise. My patients often expressed their appreciation for the care given there.

In my retirement my pursuits will include travel (on hold), biking, hiking, reading, (mostly non fiction) and music and I will share time with family and friends. I will be happy to re-engage in cooking again but will have to tread lightly here as my wife Wendy has a tendency to call the shots in the home environment. Does anyone else have this problem? Wendy is approachable though and a wonderful companion and friend, please note. Finally, when I began to sketch out my thoughts for a fond thanks and farewell to the community of Levack-Onaping and others beyond, the collective realization of the global tragedy that is unfolding was at a much lower level than it is today. Now more than ever, we are all guardians not only of our own health but also of the welfare of others and the environment.

Dr. Walter Kealy was born and raised in Ireland. He graduated in medicine at University College Dublin in 1969.

After residences in surgery, medicine, obstetrics and gynecology, psychiatry and pediatrics he entered into general practice for eighteen months in county Wexford. In 1976 he emmigrated to Saskatchewan and moved to Northwestern Ontario in 1979.

~~~

***“Thank You to Dr. Kealy for answering my list of questions and providing the Onaping Falls News with a wonderfully written article. Since his retirement announment last Fall our Town Hall meeting attendees have been requesting an article on Dr. Kealy. He will surely be missed and we wish him happiness in a, much deserved, retirement. “***

*Dolly Gordon ~ Editor, Onaping Falls News*

# Community Heart & Soul

A little bit about Dr. Walter Kealy

by Dr. Walter Kealy

In 1986 I moved my family from the healthy forests and beautiful rivers and lakes of Northwestern Ontario to the recovering landscape of the Sudbury basin. It was time to find a new home and new opportunities for four growing children.

Following recommendations from Dr. Ciaran Kealy, surgeon and first cousin of mine, we made the move. He and his wife Cathy kindly put themselves to the task of helping my family settle in, paving the way for professional and social contacts.

I was welcomed into the medical practice of the Onaping Medical Clinic by Dr. Paul Wilson and Dr. Linda Tenhunen and I settled in to work here and at the hospitals in Sudbury.



My medical practice encompassed the adult population mainly. Much time was spent focusing on diabetes, chronic obstructive pulmonary disease, vascular disease and the scourge of tobacco. Over the thirty-four years spent here I have observed a decline in morbidity associated with the reduction in the number of smokers. The stress of a busy day at work could be offset by a person beating the smoking habit.

In the first 12 years of my work here it was not unusual to work late into the evenings because of work commitments other than office and hospital rounds. Over the latter part of my time here my practice became totally community based and my quality of life improved substantially. The extra time spent in the office helped to foster a closer relationship with people and often there was time to engage in conversation outside the realm of medicine. I felt that I became integrated into the community. From the outset people here have been very welcoming and appreciative of my decision to work here.

I have been profoundly moved by the courage and resilience of patients in the face of adversity. On the other side, more often than not, there has been joy and relief in sharing good news.

It was in 1990 that I surrendered a small 10 acre farm on the Whitson river for a cottage on Windy Lake, sandwiched between two very welcoming neighbours, the Bedfordth's and the Grimms, both extra ordinarily good neighbours. Hospitality and an off the wall sense of humour was the mix. In addition my wife Wendy and I befriended other people in the community close by in Onaping and Levack. Regular music sessions were a feature at the cottage on Windy Lake, the focus being on Irish traditional music, but not exclusively. The activity drew in some people in the community as well as a few of my colleagues and associates and musicians from the Greater Sudbury area and beyond.

I owe a debt of gratitude to Kevin Closs, Heather Parker and Martha Langley for contributing to several musical projects and Kevin was central to two, in every way possible. Incidentally, on Kevin's last CD of his, is a brilliant song, my favourite of all, on track 13 untitled and unlisted. It is about the arctic fox and if you know nothing at all about this fox, this song tells you all you need to know. This CD is titled "In Deep". I also have to acknowledge my music group, "the Wild Geese" who like the arctic fox could help anyone cope with the harshest of winters.