

# FREE

## FREE FLU SHOT CLINIC

Thursday,  
November 7th  
from  
3pm to 7pm

**DOWLING  
LIONS DENS**  
27 Sturgeon  
Street

If you need a ride please  
call  
**705-562-9067** to  
reserve your free ride

### HELP WANTED

Part time position available.  
Serving, cooking,  
housekeeping.  
**Windy Lake Motel &  
Restaurant**  
Please contact Oscar or  
Amanda at 705-966-3967



**Sunday,  
November 3rd  
at  
2am**



# ONAPING FALLS NEWS

**Volume 26**

**November 2019**



Onaping Falls Branch 503  
1 St James, Onaping ~ 705-966-2387  
Branch [503@eastlink.ca](mailto:503@eastlink.ca)

## Legion

**Remembrance Day Cenotaph Ceremony**  
**Monday November 11<sup>th</sup>, 2019**  
**Downtown Levack – 11:00 am (fall in at 10:45)**

**Maplecrest Cemetery Ceremony - 11:30 am**  
**Branch 503 Cenotaph Ceremony - 12:00 noon**

**Lunch at the Legion Hall - 12:00 noon to 1:45**

**Wreath Laying Ceremony**  
**Onaping Community Centre - 2:00 pm**

Everyone Is Welcome to Attend ALL Legion Remembrance Day Services

# FEEL FREE



**FREE Public Skating**  
every Friday night from  
**7pm to 8pm at the  
Levack Arena**  
(also known as the  
I.J. Coady Memorial Arena)



**Fun for the whole family!**  
Program runs until March 13th, 2020  
Cancelled date January 17th, 2020

**FREE Public Swimming**  
Every Saturday from  
**1pm to 2:55pm**  
at the Onaping Pool



Everyone welcome!

Program runs from September 7th to December 21st, 2019  
and then January 11th to April 25th, 2020

# FEEL FREE

to  
**Swim and Skate**

Sponsored by the Greater City of Sudbury

# Home hardware

STORE HOURS  
Monday to Saturday  
from 9am to 5pm  
CLOSED on Sundays

47 Levack Drive, Levack, Ontario  
**705-966-3335**

Check out our many products online at  
[www.homehardware.ca](http://www.homehardware.ca)

**SAVE 50%**  
PVC Pine Holiday Decor  
9' garland or 24" wreath.  
5623-140, 5675-519  
Was \$6.99  
**3.47** Each

**SAVE 60%**  
24 Hour Outdoor Timer  
1000W. Dust to down.  
2 - 8 hour settings or manual on. 6' power cord.  
3681-100  
Was \$18.99  
**7.57**

**IN STYLE**  
150 LED Indoor/Outdoor Light Sets  
Connect up to 15 sets.  
Warm white, white or multi.  
5642-466/467/468  
Was \$69.99  
**29.97** Set

**SAVE 50%**  
Stainless Steel Polish & Cleaner  
12 oz. 4550-567  
Was \$7.29  
**3.57**

**SAVE 57%**  
Non-Stick Cookie Sheet Set  
Includes 9" x 13", 10" x 15" and 11" x 17" sheets.  
4020-015  
Was \$19.99  
**9.37** Set

**SAVE 59%**

November 7 to 13 (9236)

**SAVE 45%**  
Cookie Barrel  
Chocolate Covered Finger Cookies  
400 g. 5820-230  
Was \$9.99  
**5.47**

**SAVE 36%**  
FUSL-N  
Holiday Solar Stake  
Assorted. 5622-166  
Was \$12.99  
**6.44** Each

**SAVE 50%**  
REACTOR  
PACK OF 50  
50AA Alkaline Batteries  
5314-199  
Was \$16.99  
**8.44** Pack

**SAVE 33%**  
WD-40  
All Purpose Lubricant  
342 g. 9800-138  
Was \$5.99  
**3.97**

**SAVE 50%**  
27" x 17" Boot Tray  
Beige or grey.  
4433-633/642  
Was \$12.99  
**6.47** Each

November 14 to 20 (9237)

**SAVE 65%**  
6" Indoor/Outdoor Dial Thermometer  
4470-655  
Was \$6.99  
**2.44**

**SAVE 62%**  
Daily Mechanical Indoor Timer  
3682-047  
Was \$10.49  
**3.97**

**SAVE 50%**  
MightiCan Can Opener  
Leaves no sharp edges.  
4150-126  
Was \$14.99  
**7.47**

**SAVE 30%**  
Oscillating Ceramic Heater  
750/1500W. heat or fan settings.  
over-heat and tip-over safety protection.  
3836-504  
Was \$44.99  
**31.47**

**SAVE \$10**  
3 P.C. LED Starburst Pathmarkers  
96 lights. Warm white or multi.  
5662-220/222  
Was \$29.99  
**19.97** Set

November 21 to 27 (9238)

**SAVE 50%**  
C6 70 LED Twinkle Light Set  
Green wire. Pure white or multi.  
5642-440/441  
Was \$19.99  
**9.97** Set

**SAVE 50%**  
10" Non-Stick Frypan  
Induction compatible.  
4042-589  
Was \$29.99  
**14.97**

**SAVE 41%**  
Toffifee® Chocolates  
123 g. 5820-262  
Was \$5.39  
**1.97**

**SAVE 57%**  
LED 1 Tier Candle  
Realistic flickering or full flame.  
Battery operated (not incl.).  
Assorted finishes.  
3680-020/021/022  
Was \$13.99  
**5.97** Each

**SAVE 33%**  
All Purpose Cleaner  
Citrus scent.  
4320-029  
Was \$14.99  
**9.97** (3.78 L)

**SAVE 45%**  
Retract-A-Bit® Auto Advance  
6 preloaded bits, spring activated, soft grip.  
1008-066  
Was \$24.99  
**13.74**

November 28 to December 4 (9239)

# WHY THE POPPY?

During World War 1, towns and farms were destroyed, forests were burned and the ground was cratered and muddy from the bombings and rain.

Despite the widespread environmental damage, one thing survived.

In spring thousands of red poppies started growing everywhere.

When Lieutenant-Colonel John McCrae from the Canadian Army saw the poppies in May of 1915, he wrote a poem called *In Flanders Fields*.

To this day it remains one of the most memorable poems ever written.



JOHN MCCRAE  
1872-1918

## *In Flanders Fields*

*In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place: and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.*

*We are the dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.*

*Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold high.  
If ye break faith with us who die  
**WE SHALL NOT SLEEP,  
THOUGH POPPIES GROW  
IN FLANDERS FIELDS.***



WE WILL REMEMBER THEM





**Onaping Falls Branch 503**  
 1 St James, Onaping, ON  
 705-966-2387  
 Email: [Branch503@eastlink.ca](mailto:Branch503@eastlink.ca)  
 Visit us on FaceBook



**Fall Hours:** Monday to Friday ~ 4:00 pm to closing  
 Saturday ~ 1:00 pm to closing  
 Sunday ~ 4:00 pm to closing



**Join The Royal Canadian Legion**  
**Onaping Falls Branch 503**  
**Annual Membership is Only \$50**

Every Member makes a difference in the lives of Veterans, their families, our youth, and our communities! Branch 503 donates thousands of dollars each year for specialized medical equipment, youth organizations, local activities, sports teams and individuals in need of assistance.

*Pick up a Membership Form at the Legion  
 or Contact us at 705-966-2387*



**EARLY BIRD Renewals for 2020  
 are Entered to Win**  
**ONE YEAR FREE MEMBERSHIP in 2021**  
*Dues Paid by November 30<sup>th</sup> 2019 are Entered to WIN !*

**~ THANK YOU for Supporting Onaping Falls Branch 503 ~**

Members participating in 2020 Legion Activities must have Dues Paid by December 31<sup>st</sup>, 2019.



**Annual Remembrance Student  
 Poster & Literary Contest**

This contest is **open to ALL students**  
**in the Canadian School System**

Branch 503 accepts entries from **ALL  
 Students** in the Onaping, Levack,  
 Dowling and Cartier areas.

All Students living in these locations are eligible to participate in the Onaping Falls Branch 503 Contest ~ even if you attend a School outside of the Branch 503 area ~ OR if you are a Home Schooled Student (If you live outside our BR 503 areas we can direct you to your Branch to enter the contest program)

**Deadline for Entries is Wednesday November 6th, 2019**

Entries must be on the Theme of  
 "Remembrance"

On Remembrance Day, Monday November 11<sup>th</sup>, all entries will be displayed at the Legion Hall for viewing, and voting by Ballot, by all Visitors, Branch Members and Executives, and Guests who attend the Remembrance Day program at our Legion.

Students that place 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> will be invited to the Awards Luncheon on Sunday November 24<sup>th</sup> and will be presented with their Certificates and Prizes.



By Tyla MacLeod ~ 2018 Winner ~ 1<sup>st</sup> Place Junior

Entry Forms are available at the schools, at the Branch, and on-line : <http://www.on.legion.ca/docs/default-source/PDF/Forms/youth-education/poster-literary-contest-forms/poster-literary-entry-form-june-2016.pdf?sfvrsn=6>



**Congratulations to**  
**Bryan Clance and Todd Spicer**  
 from Branch 503 (pictured here with  
 Zone H3 Sports Officer, Glenn Geeza)  
 for bringing home the Zone H3  
 1st Place trophy for 8 ball .  
 The tournament was held  
 October 12th at Branch 76  
 in Sudbury.

# FALLS FOOD



**NOVEMBER  
HOURS**  
November  
20th and 27th  
from  
4pm to 7pm

Contact us via  
Facebook  
or email at  
fallsfood@hotmail.com

Located in the Onaping Falls Community Centre

## Bazar de Noël / Christmas Bazaar

10 novembre 2019 / November 10, 2019

12:00—3:00 p.m.

Leisure Centre in Dowling

Adultes / Adults \$3.00

Enfants / Children \$1.00 (10 yrs old & under)

Activités pour enfants / Children's activities

Arbre de Noël / Christmas Tree from

Visite du Père Noël / Visit from Santa 1:30 p.m.

Artisanat / Crafts

Tirage de prix / Prize spin

Vente de pâtisseries / Bake Sale

Vente deux sou / Two Penny Sale

Organized by the Ladies of the Sanctuary

Église St-Étienne / St. Stephen Church Dowling

### Community Christmas Spirit

The White Tag Christmas Tree and Stockings will be up at the Catholic Churches in Levack, Dowling and Cartier the weekend of November 23<sup>rd</sup>. Stockings will also be available at other local churches, businesses and financial institutions. This project helps provide Christmas Stockings for area children in need.



If you would like to help make a child's Christmas a little brighter, please pick up a tag and stocking at any of the above locations.

Please return filled stockings or unwrapped gifts to the same location before December 13, 2019. \*\*\*Do not wrap items in stocking\*\*\*

A list of 'Stocking Stuffer Ideas' will be up at each location.

Cash Donations accepted.

Receipts will be issued for cash or donations made by cheque.

Cheques can be made payable to the Catholic Parishes of Onaping Falls & Cartier.

The Parish Office is located at the back of St. Bartholomew Church in Levack.

## CANADA'S NATIONAL DO NOT CALL REGISTRY

Did you know you can register your telephone number with the Canadian Government to stop telemarketers from calling you?

<https://lnnte-dncl.gc.ca/en>

Or call

1-866-580-3625

You can list your home, cell or VoIP number. Telemarketers have 30 days to stop calling you.

Check out this website for more details.



The Onaping Falls Winter Carnival needs volunteers!  
The next Carnival will be the weekend of  
January 30th to February 2, 2020.

If you are interested in volunteering or your group is interested in participating please join us for the next meeting **on November 12th at 3pm at the Dowling Leisure Centre in the Boardroom.**



# Windy Lake Motel & Restaurant

Catering available

Monday to Friday 5am to 9pm  
Saturday and Sunday 6am to 9pm

705-966-3967

Serving Breakfast, Lunch and Dinner

WiFi in rooms



Community Action Networks

The next Onaping Falls Community Action Network meeting will be held at the Dowling Leisure Centre in the Boardroom at 6:30pm on Thursday, November 28th, 2019

We welcome all Onaping Falls residents to come and see what we are doing for the community!



## Gerry Montpellier

City of Greater Sudbury  
Councillor ~ Ward 3

Phone : 705-698-2759

Email

[gerry.montpellier@greatersudbury.ca](mailto:gerry.montpellier@greatersudbury.ca)

Facebook @ Gerry Montpellier

# Things to do in our community!

## Onaping Falls Rocks

### **FREE SWIMMING**

at the Onaping Pool  
every Saturday from  
1pm to 2:55pm

### **FREE SKATING**

at the Levack Arena every  
Friday night from  
7pm to 8pm

### **FREE STORYTIME**

at the Onaping Library  
November 11th and 25th at  
10:30am

### **FREE DROP IN ACTIVITIES**

for kids at the  
'Onaping Library every  
Saturday from 10:30-1

### **HOCKEY GAMES Onaping Falls Huskies at the Levack Arena**

Saturdays from 1:30 to 4pm  
and Sunday from 12 to 2:30

### **BINGO EVERY**

Monday Night at the  
LIONS CLUB in DOWLING  
Warm ups start at 6:30

### **FREE Childrens Playgroup**

Ages 0 to 6 years  
at the Levack Public School  
every Friday from 9:30 to 11:30  
(healthy snack included)  
No pre registration..just walk in

### **SNOOKER/POOL CLUB**

Start up Tuesday November 5th at 1pm  
Onaping Falls Golden Age Club  
Call Harvey Picard  
705-855-4223

### **SEWING CLUB**

with LEONA  
Sewing ~ Serger Classes  
Knitting ~ Crocheting  
705-966-3493

### **FREE COOKING PROGRAMS**

at Levack Public School  
Every Tuesday from 10am to Noon  
To register please call  
705-822-4037

# Cathy's Artistic Cuts

'Best hairdresser in town'

Onaping Plaza

705-966-2766

Shop Local

**valu-mart** Roger's

30 Main Street East  
DOWLING, Ontario

705-855-5121

*Healthy Smiles At Home*



Paula O'Connor  
Registered Dental Hygienist

705-920-5466

healthysmilesathome.ca  
windylake@xplornet.ca

Carmen Portelance  
Sales Representative  
Telephone 705-560-5650  
Cell 705-562-9067

RE/MAX Crown Realty (1989)  
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Free delivery with orders over \$50 within Onaping Falls



**Fleurs Magiques**  
Flowers

705-855-3321

**yoga** with Jana

Open your mind, body and spirit  
Offering private lessons

705-923-1774



**Korean Martial  
Arts**

DOWLING

Yvon Carriere

Master

705-626-1814

yvonarriere@hotmail.com

**Kim Depatie is a  
Registered Practical Nurse.**

Her business  
Kind Hearts Home Care  
offers non-medical and medical  
services to residents of  
Onaping Falls and throughout  
Greater Sudbury.

For more information or to book a  
FREE consultation call

705-920-1861



Levack I.D.A. Pharmacy  
Mickey Brunelle - Owner/Manager

705-966-3612  
2 First Avenue North



My Supergirl Lily is turning 5 years old on November 9th. The day you were born and everyday since you have made me the happiest and the luckiest Nanny ever.

You're sweet and smart..  
funny and so brave.  
You are getting so big.  
You're like a best friend  
for me.



*Happy Birthday  
My Sweet Lily!  
Love from Nanny*



Thank you for making last year a great ski season! We are looking forward to another one with your help!

Here are some key dates to get ready for the season.

Nov. 9—Walden Ski Swap 9am to 3pm  
Get there early for the best selection.

Dec. 14-15 ~ Coaching Clinic at Walden Ski Club . We need recreational skiers interested in teaching children (4-13) ski techniques. No experience necessary. Contact us through Facebook if you are interested.

Dec. 15 ~ Last day to become a member and be eligible to win back your annual membership fee (\$85).

Register at [zone4.ca](http://zone4.ca)



Onaping Falls Nordics Ski Club

See you on the trails!!

# WaxZ Off

## Pro Detailing & Car Care

### Interior

All Come with an Exterior Wash 'N' Dry

#### Quick Vac 'N' Wipe

Vacuum front seats & carpets, wash front windows, Clean & Protect front dash / door panels **\$59.99**

#### Normal Vac 'N' Wipe

Quick Vac 'N' Wipe + back seat / 2nd row and trunk **\$99.99**

#### XL Vac 'N' Wipe

Vac 'N' Wipe for SUV's & Van's with 3rd row seating **\$129.99**

Add **STAIN REMOVAL** and **SHAMPOO** option to any row

### Exterior

#### Wash 'N' Dry

Hand wash and dry your Car, Truck, ATV, Bike or any other Toy **\$19.99**

#### Tire Shine

Acid wash rims and dress tires / add to other services **\$14.99**

#### Mud Bogger Rinse

Full undercarriage and frame rinse. Including tail light removal on trucks for inside the fender access **\$14.99**

#### Engine Shampoo

Fully clean the engine bay and shine the plastics **\$19.99**

#### Paint Pro-Tection

A full cut and polish starting with a multi wash road tar & contaminant removal, engine shampoo and tire shine. Finishing with paint restoration cut and polish for minor scratch elimination & Pro-Tection

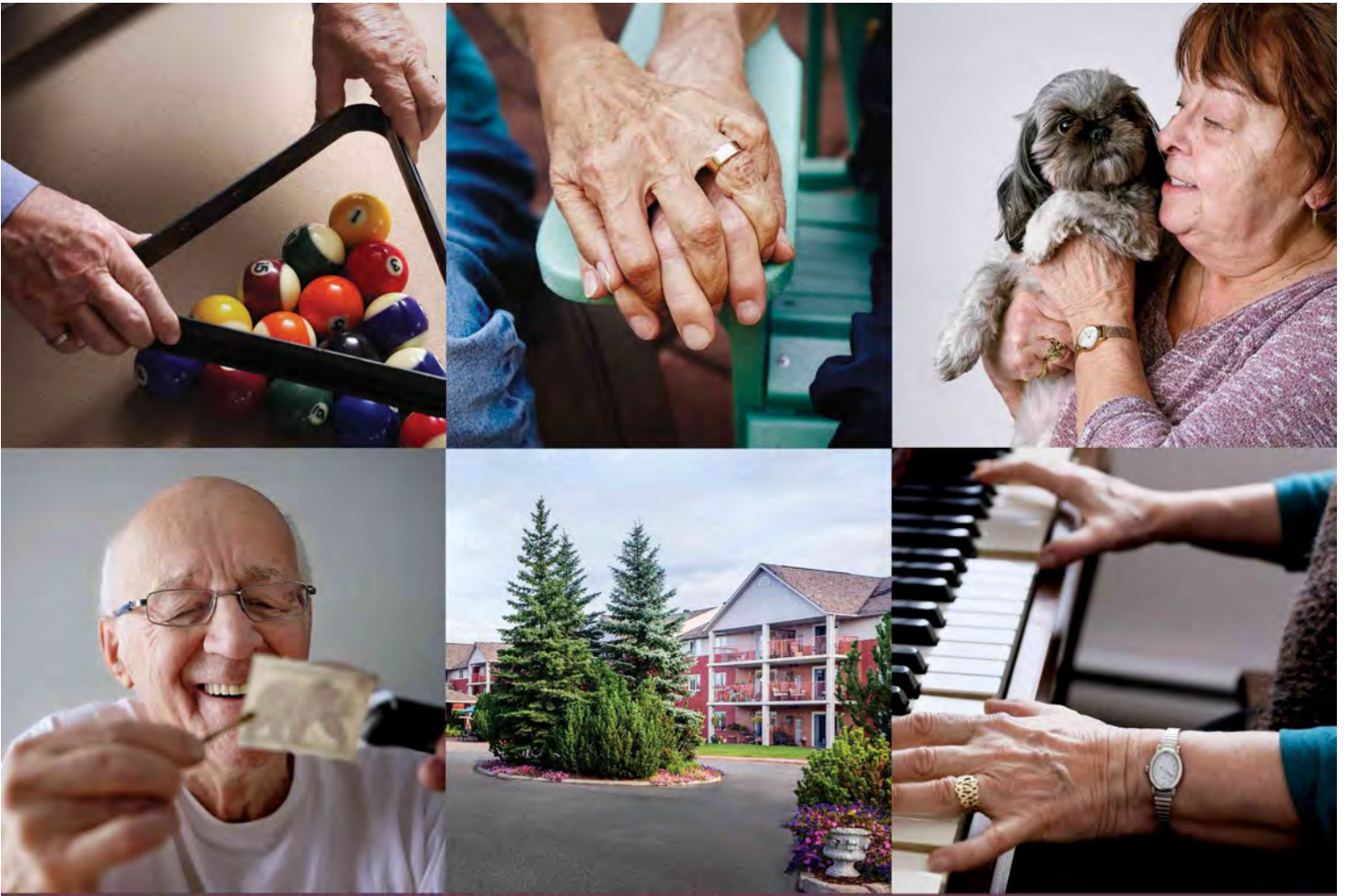
\*Quote by Inspection **Minimum \$250.00**

Seniors & Students get 10% off

705-590-2565

Unit 5 ~ 3390 Hwy. 144, Chelmsford

[www.waxzoff.com](http://www.waxzoff.com)



# Moments That Matter

**CHARTWELL MEADOWBROOK**  
18 Jacobson Drive, Lively  
705-836-9999 • [CHARTWELL.COM](http://CHARTWELL.COM)



**CHARTwell**  
retirement residences

# And then it is Winter!

You know time has a way of moving quickly and catching you unaware of the passing years. It seems like yesterday that I was young, just married, and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all those years went.

I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

But, here it is... the winter of my life, and it catches me by surprise... How did I get here so fast? Where did the years go and where did my youth go? I remember well seeing older people through the years and thinking that those "older people" were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is...my friends are retired and getting grey... they move slower and I see an older person in myself now. Some are in better and some worse shape than me but, like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd be.

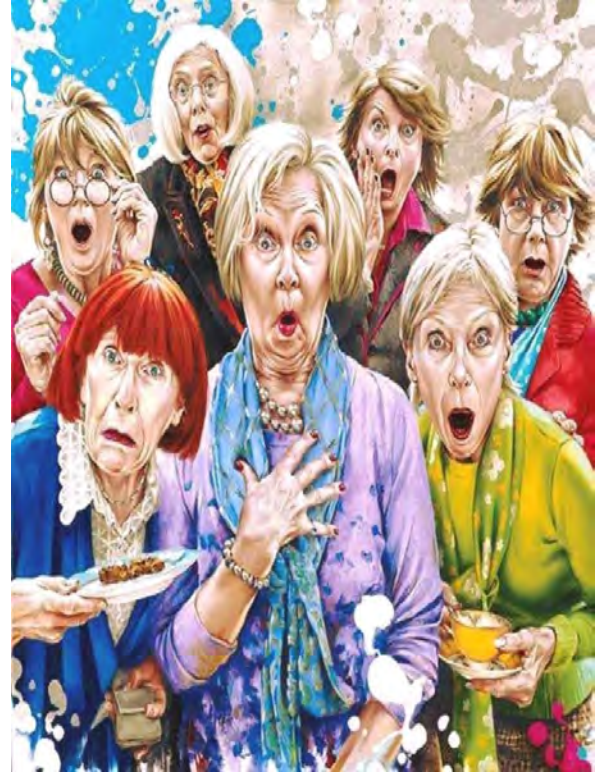
And so... now I enter this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But, at least I know, that though the winter has come, and I'm not sure how long it will last... this I know, that when it's over on this earth... it's over.

## **A new adventure will begin!**

Yes, I have regrets. There are things I wish I hadn't done... things I should have done, but indeed, there are also many things I'm happy to have done. **It's all in a lifetime.** So, if you're not in your winter yet... let me remind you, that it will be here faster than you think. So, whatever you would like to accomplish in your life, please do it quickly! Don't put things off too long!! Life goes by quickly.

**So, do what you can TODAY**, as you can never be sure whether this is your winter or not!

You have no promise that you will see all the seasons of your life... so, **LIVE FOR TODAY** and say all the things that you want your loved ones to remember.. and hope that they appreciate and love you for all the things that you have done for them in all the years past!!



**"Life" is a GIFT to you.** The way you live your life is your gift to those who come after. Make it a fantastic one. Remember: "It is Health that is real Wealth and not pieces of gold and silver."

~Your kids are becoming you.....but your grandchildren are perfect!

~Going out is good.. coming home is even better!

~You forget names... but it's OK, because other people forgot they even knew you!!!

~You realize you're never going to be really good at anything.... especially golf.

~The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore.

~You sleep better on a lounge chair with the TV blaring than in bed. It's called "pre-sleep."

~You miss the days when everything worked with just an "ON" and "OFF" switch..

~You tend to use more 4 letter words ... "what?"..."when?"...???

~Now that you can afford expensive jewelry, it's not safe to wear it anywhere.

~You notice everything they sell in stores is "sleeveless?!"

~What used to be freckles are now liver spots.

~Everybody whispers.

~You have 3 sizes of clothes in your closet.... 2 of which you will never wear.

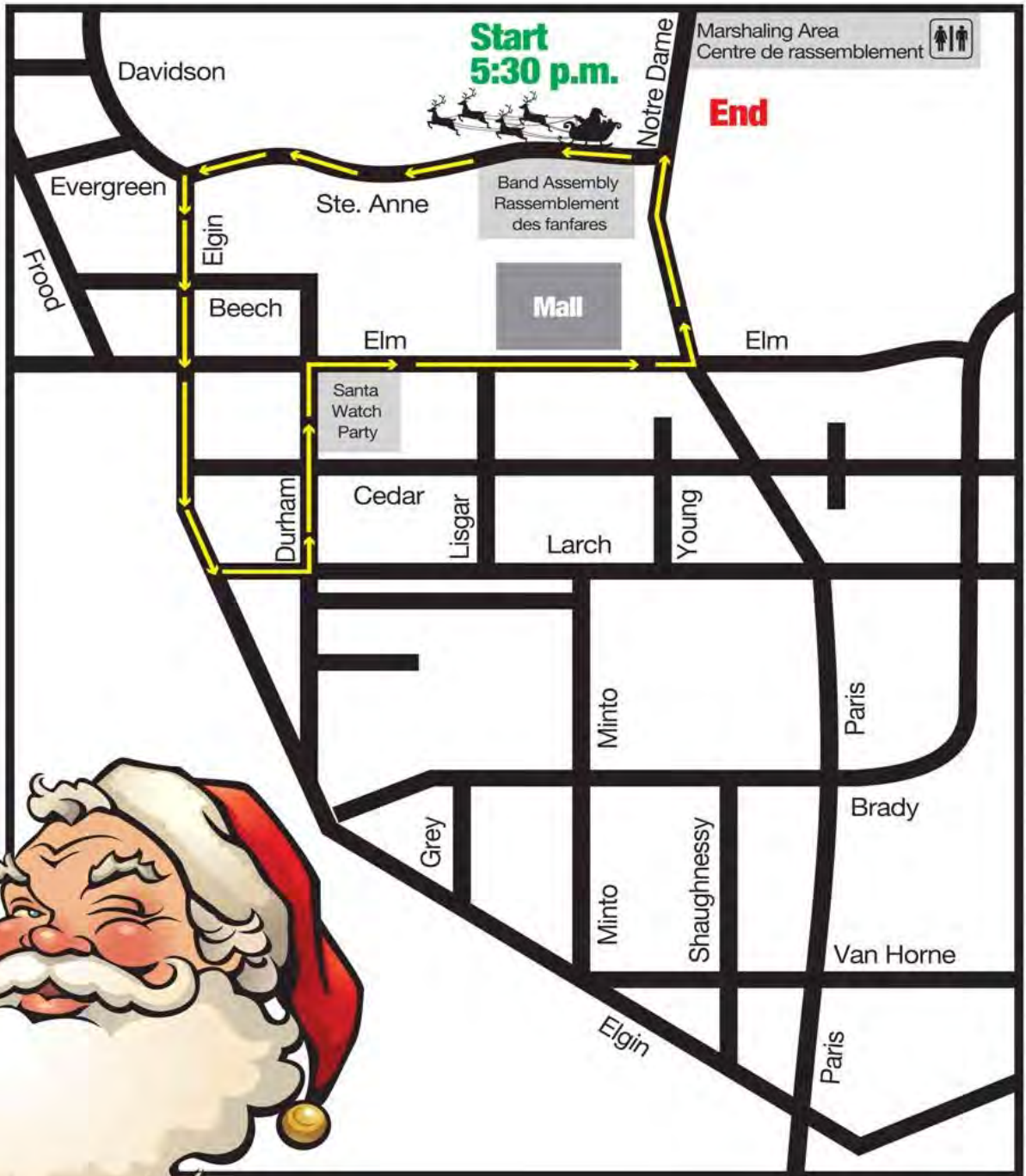
**But "Old" is good in some things:  
Old Songs, Old movies ...  
and best of all, our dear ...OLD FRIENDS!!**

This story was  
borrowed from  
Facebook.  
Unknown author

# 2019 Santa Claus Parade Route Trajet de la défilé du père Noël

Saturday, November 16th from 5:30 to 8:30

www.sudburysantaclausparade.com



Revised September, 2019



# CP Holiday Train



## Sudbury

at the VIA Train Station,  
Elgin Street  
Friday, November 29th  
at 8:50pm  
Event time 9:15 to 9:45pm

## PERFORMERS

**Scott Helman  
and  
Madeline Merlo**

## Cartier

at the CP Train Station,  
3 Spence Street  
Saturday, November 30th  
at 10:30am  
Event time 10:45-11:15am

# Kids Korner

by Arianna Thibodeau



Can you lead the poppy to the end  
of the parade maze?

## KNOCK KNOCK??

Who's there?

Lettuce!

Lettuce who?

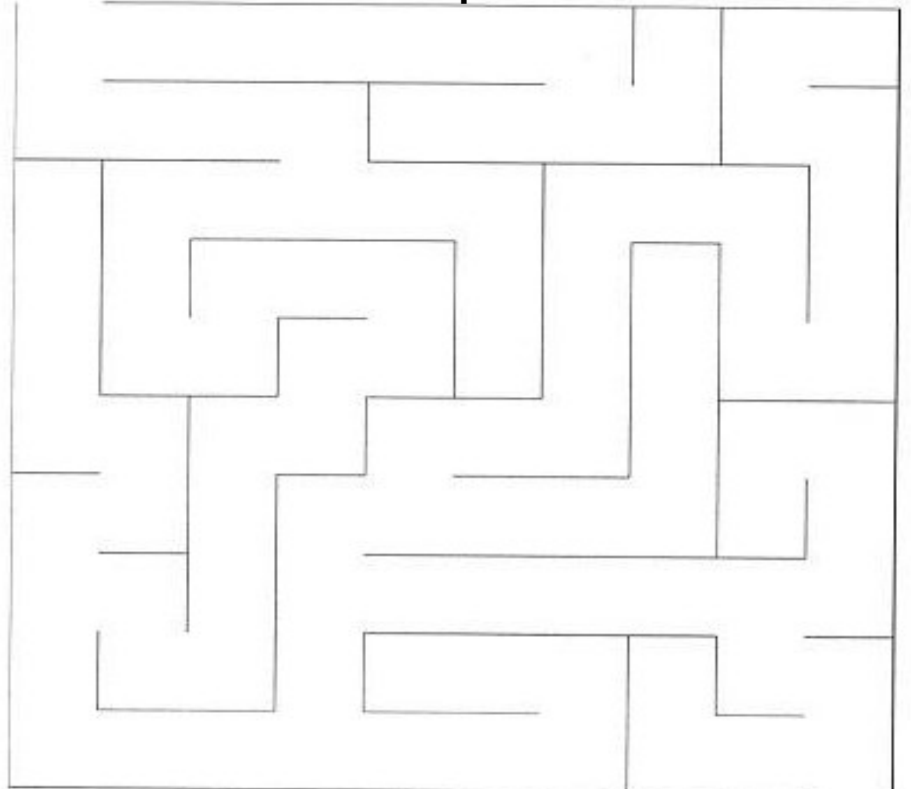
*Lettuce in and you will  
find out!*

# HaHaHa

What kind of key  
can never  
unlock a door?



A Monkey!!!!



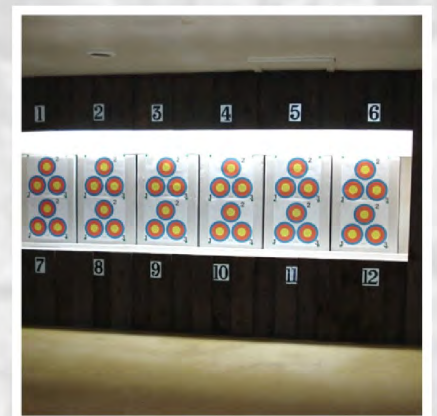
Parade End



**Ten Point Archery** is your local source for top-quality archery products, including bows, targets, hunting clothing and more.

Located at **3450 Hwy 144 in Chelmsford**, our store also features an air-conditioned range where you can test your aim.

TAKE YOUR **BEST SHOT** AT TEN POINT ARCHERY. VISIT US TODAY!



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- Indoor Range
- Hunting Equipment
- Game Calls
- Scents & Attractants
- Bow Accessories & Targets
- Hunting Clothing and Apparel
- DVD Rentals


### Our Brands

- Hoyt
- Mathews
- Elite
- PSE
- Bear
- Obsession
- Quest
- Prime
- Mission
- Diamond
- Bowtech
- Martin
- Jandao
- Excalibur
- Stryker
- Killer Instinct

[www.tenpointarchery.ca](http://www.tenpointarchery.ca)  
[info@tenpointarchery.ca](mailto:info@tenpointarchery.ca)

Call us today! **1-705-222-0010**



Check us out at [www.ofhr.ca](http://www.ofhr.ca) OR  Find us on Facebook

Next General Meeting  
**EVERYONE WELCOME**  
 November 13th at 7pm  
 Windy Lake Motel and Restaurant



## ONAPING FALLS CURLING CLUB

Come on over and  
 join the fun !



**Everyone welcome!**

Membership fees are \$150 for one night.  
 \$200 for two nights of curling.



Monday ~ Open Night  
 Tuesday & Thursday ~ Men's Night  
 Wednesday Morning ~ Senior Men's  
 Wednesday ~ Ladies Night  
 Friday ~ Mixed Night  
 \$10 for non members  
 For more info please call the  
 Club President Dan Messier

BUY A TICKET,  
 WIN A TURKEY!



## TURKEY RAFFLE

Saturday, November 9th  
 8pm\* - 1am  
 (\* updated time)

St. Bartholomew Church Hall  
 30 Church Street, Levack

**Live Music**

JOEY  
 CAMPBELL  
 & FRIENDS  
 Light meal for sale  
 Cash bar

Must Be 18+



No room in the  
 freezer?  
 Turkey  
 vouchers  
 available for  
 Roger's  
 Valu-Mart

**Early bird tickets ON SALE NOW!**

\$5/ticket = 5 chances to win without attending  
 Buy from any local Knight

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Levack  
 Knights of Columbus  
 Fr. Don McLellan  
 Council 11565

Catholic Gentlemen dedicated to:  
 Church Family Community Country

## IT'S TRUCKING AWESOME



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Service: 705-523-5235

Cell: 705-670-7856

2601 Regent Street  
 Sudbury, ON P3E 6K6

tim@southsidechev.com



*France Gélinas*  
MPP/Députée provinciale Nickel Belt

**OFFICE HOURS**  
Monday to Thursday  
9:00 a.m. to 5:00 p.m.  
closed daily for lunch between  
12:00 p.m. and 12:30 p.m.  
Friday  
By appointment only

[fgelinas-co@ndp.on.ca](mailto:fgelinas-co@ndp.on.ca)  
5085 Hwy 69 North, Unit #15  
Hanmer Valley Shopping Centre  
Hanmer, ON P3P 1P7

Phone / Téléphone  
**705-969-3621 1-877-280-9990**  
Fax / Télécopieur  
705-969-3538

## WE ARE HERE TO HELP!

Our Community Office Team is available to help residents of Nickel Belt in areas such as:

- Birth Certificates and Certificates of Marriage
- Commissioner of Oath Stamp
- Congratulatory Messages (Birthdays, Anniversaries, Special Accomplishments)
- Family Responsibility Office
- Health Services (Home Care, Ontario Drug Benefit, Travel Grants)
- Ministry of Transportation (Licensing, Medical Review)
- Social Services





# KGHM

**We believe the best mines are the safest mines. We are committed to zero harm to our employees, the communities we operate in and the environment.**

**Learn more about us as at [www.kghm.com](http://www.kghm.com)**



**FREE**

## **Cooking Programs in Levack**

For families with children up to 12 years of age

### **SLOW COOKER WORKSHOP**

This program offers parents/caregivers the opportunity to prepare healthy affordable slow cooker meals and learn about the importance of healthy eating.

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month  
from 10:00am to 12:00pm

### **COOKING WITH OCOF**

This program offers parents/caregivers the opportunity to learn about the importance of healthy eating and to develop their cooking skills by preparing healthy affordable meals.

2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month  
from 10:00am to 1:00pm

Levack Public School • 100 High Street, Levack  
Childcare may now be provided on the 3<sup>rd</sup> & 4<sup>th</sup> week of the month

*For more information or to register,  
please call or text 705-822-4037*

## *Miss Teen* *Onaping Falls*

**Would you like to be the next  
Miss Teen Onaping Falls?**

All girls between the ages of 14 and 18  
are welcome to join!

*It has been 20 some years since  
our last pageant.*

### **Who will wear the crown in 2020??**

If you live in Onaping, Levack, Dowling or  
Cartier you are eligible to enter.

We are only accepting 12 contestants!

Please call or text 705-662-9095  
if you would like more information or  
would like to join!



# Onaping Falls Lions Club

27 Sturgeon Street, Dowling, Ontario  
705-855-1765



## ONAPING FALLS LIONS TUESDAY EUCHRE

is back

### September 3rd 2019

Doors open at 12noon

WHEN: Every Tuesday

WHERE: Dowling Lions Den

27 Sturgeon St

START TIME: 12:30 pm

COST: \$1.00



### WE PLAY FOR FUN HERE!

# FLU SHOT CLINIC

## THURSDAY NOVEMBER 7th 2019

3pm - 7pm

### DOWLING LIONS DEN

### 27 STURGEON ST

If you need a ride call 705 562 9067 and reserve a ride



## ONAPING FALLS LIONS CHARITY



### PRESENTS TURKEY

## BINGO

MONDAY NOVEMBER 25th

AND

MONDAYS DECEMBER 2nd, 9th & 16th

6:30pm Warm-ups

7pm Regular Bingo

Dowling Lion Den

27 Sturgeon St

A total of 20 turkeys  
to be won!

Must be 18yrs of age to play



## ONAPING FALLS LIONS CHARITY



### MONDAY NOVEMBER 18th 2019

The Onaping Falls Lions Charity Bingo is asking the communities  
of Onaping Falls and surrounding areas to come out to the bingo  
and help support



## JESSICA GRAY



Jessica of Sudbury, was born with Spina Bifida, a birth defect that occurs  
when the spinal cord and spine don't form properly. It can cause mobility  
problems, orthopedic complications and a range of other health issues.

In her case one of her issues is that her right foot is a size 9  
and her left foot is a size 7. Jessica will require expensive surgery and  
treatments to help her to deal with the pain associated with Spina Bifida.  
Lets come out and support Jessica with the financial difficulties she faces  
living with Spina Bifida.

6:30pm - WARM UPS

7pm - REGULARS

Dowling Lions Den

27 Sturgeon St

Must be 18 years of age to play

# Community Heart and Soul

A little bit about the Dowling Horseshoe Club  
and the legacy it left behind

by Dolly Gordon

The Dowling Horseshoe Club, started in 1969 by Bert Leadbeater and Fred Sealy, provided residents with an enjoyable competitive setting and contributed to the social fabric of the Dowling community. Back then, the club used the change rooms of the old Dowling rink as their clubhouse. The club began to grow and they bought an old hotdog stand and turned it into a clubhouse. In 1972 lights were put up and 26 pits with cement pads were built. In 1973 the club was host to the North Eastern Regional games.



Photo above left to right Frank Desbarbieux and Ray Poirier

Membership was \$15 per year . \$1 of the fee provided each a membership to the Ontario Pitchers Association. It was one, of only a few of its kind, in Canada.

*If you have gotten this far in the story and you are wondering how this legacy lives on, I have intrigued you, so keep reading...*

In 1971 ladies were invited into the club .

The Dowling Ladies Club existed .... but it was in Norm and Verla Crawford's backyard until then.

Pictured to the right are a trio of ladies champs Jean Bellefontaine, Alice Rattu and Cecile Ruff.

The ladies of the club were instrumental in its growth by running the kitchen and organizing fundraisers .



Continued back on back page

# Sudbury Credit Union

Community Banking Services



**Celina Martel**  
BRANCH SUPERVISOR



**Sue Whealon**  
BRANCH MANAGER

## Income Property FINANCING

PURCHASING A RENTAL PROPERTY?  
CONTACT OUR INCOME PROPERTY FINANCING  
SPECIALISTS TO DISCUSS YOUR FINANCING  
OPTIONS. CALL 705.522.2716.



WE CAN HELP WITH TUITION,  
SO YOU CAN FOCUS ON CLASSES.

## Educator STUDENT LINE OF CREDIT



37 LEVACK DRIVE 705.966.3451



[WWW.SUDBURYCU.COM](http://WWW.SUDBURYCU.COM)



# Onaping Falls Minor Hockey Association



**Support our local Onaping Falls Huskies. Come on out to the Levack Arena and watch a game and cheer them on. Let's bring back our hometown hockey spirit and fill the stands!**

### Game schedule for November

Nov 1st ~ Atom at 6pm    Nov 2nd ~ Bantam at 2:30pm    Nov 3rd ~ Atom 12pm    Bantam 1pm  
Nov 5th ~ Atom at 6:30pm    Nov 9th ~ Pee wee at 2:30pm    Nov 10th ~ Bantam at 12pm  
Nov 10th ~ Bantam at 12pm    Nov 16th ~ Pee wee at 2:30    Nov 23rd ~ Pee wee at 2:30pm  
Nov 24th ~ Bantam at 1pm    Nov 26th Atom at 6:30pm

**The CANTEEN is open during hockey games!!**

**Let's Go Huskies Let's GO**

## PORKETTA BINGO



### FUNDRAISER

**for the OFMHA**  
at the Onaping Falls Legion Friday  
November the 8th  
at 7pm  
Tickets are \$20  
Call 705-918-1978

## Paint Social

in support of  
Onaping Falls Bantam Huskies



Wednesday, November 27th  
7 pm  
Onaping Legion Hall  
\$ 45 per person

Tickets available from Bantam Huskie parents or  
Amanda Lepage (705) 822-9079 or  
Carrie Morin (705) 918-1978

## More exciting hockey at the Levack Arena!



Date	Start Time	Game / Event Name
10/5/2019	4:00 PM	vs. North Bay Trappers
10/6/2019	10:00 AM	vs. North Bay Trappers
10/26/2019	4:00 PM	vs. Soo Jr. Greyhounds
10/27/2019	10:00 AM	vs. Soo Jr. Greyhounds
1/11/2020	4:00 PM	vs. North Bay Trappers
1/12/2020	10:00 AM	vs. North Bay Trappers
1/25/2020	4:00 PM	vs. North Bay Trappers
1/26/2020	10:00 AM	vs. North Bay Trappers
2/1/2020	4:00 PM	vs. Soo Jr. Greyhounds
2/2/2020	10:00 AM	vs. Soo Jr. Greyhounds
2/8/2020	4:00 PM	vs. Soo Jr. Greyhounds
2/9/2020	10:00 AM	vs. Soo Jr. Greyhounds



**EARLY BIRD MEMBERSHIPS ON SALE NOW FOR THE  
2020 SEASON!**

**\$565.00 TAX INCLUDED!**

**DEAL ENDS DECEMBER 31, 2019**

**CHRISTMAS IS JUST AROUND THE CORNER!  
PRE-ORDER YOUR GIFT CERTIFICATES FOR YOUR  
LOVED ONES!**



**FOLLOW US ON FACEBOOK FOR UPDATES AND COURSE  
INFORMATION!**

**BOOK EVENTS EARLY TO SAVE YOUR DATE - SPACE IS  
FILLING UP!**

**WINTER CONTACT:  
CINDY CORNETT 705-626-8355**

**WE WISH EVERYONE A HAPPY AND SAFE HOLIDAY SEASON!  
SEE YOU IN THE NEW YEAR!**

# Onaping Library Hours



Monday & Saturday from 10am to 2pm  
Tuesday, Wednesday, Thursday 3pm to 8pm  
Onaping Library phone number is 705-688-3951

Don't forget **EVERY SATURDAY** from 11am to 1pm  
the library hosts a free drop in activity/craft!  
Be sure to join in the fun!

## Onaping Falls Pastoral Charge

Larchwood Memorial, Dowling  
St. John's, Levack, Onaping, Cartier

### Schedule of Services for the Fall

St. John's, Levack 9:30 a.m.

Larchwood Memorial, Dowling 11:00 a.m.

November 3<sup>rd</sup> All Saints Sunday

November 10<sup>th</sup> Remembrance Sunday

Please join us!

St. John's United Church

## 34<sup>th</sup> Annual TURKEY SUPPER

**Saturday, November 2, 2019**

4:30 and 6:00 pm sittings

TAKE OUTS Available, Delivered

ADULTS: \$15.00 CHILDREN (UNDER 10) \$5.00

For info: Sharon LeBlanc, Chris Allen, Carol Weber,  
Bill Hedderson

*Looking Ahead ...*

*Annual Carol Fest on Sunday Evening  
December 8th*

## LARCHWOOD UNITED CHURCH

*Christmas Tea*

BAKE  
TABLE

CRAFT  
TABLE



PENNY  
TABLE

DOOR  
PRIZES

TOUCH & TAKE TABLE

Sunday, November 17th from 1pm to 3:30pm

at the Dowling Leisure Centre

**EVERYONE WELCOME**

\$5 per adult

Santa will be visiting around  
2pm !!



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# SCHOOL NEWS



Larchwood Public School is a Junior Kindergarten to Grade 8 English program school. It is a small, friendly community school where everyone knows each other and is located in Dowling. Larchwood Public School originated from the pupils from small schools which were in the area.

The schools were New Cobden, Pine Grove, Errington, the Blue School, the two Bridge Schools and P.S.S #1 Fairbanks and Creighton.

Students at Larchwood Public School are actively involved in many teacher-run co-curricular activities throughout the year. Basketball, volleyball, track and field, king's court, four square, slo-pitch and cross country running are some of the ways our students keep active, fit and involved.

We are the Larchwood Lasers and we strive to play fair and have fun.



## Home Run for High Schools

Engaging with our local youth is a top priority for the Greater Sudbury Police Service.

Young people need to know that Police Officers are approachable, trustworthy, and always willing to help. That's why they hold an annual Home Run for High Schools baseball tournament at the Rick McDonald Sports Complex - to spend quality time with local high school students and engage in some friendly competition!

This is the 3rd year for the competition. Pictured to the right are some of our local students from Chelmsford Valley District Composite School who participated this year!



Left to Right ~ Ellis, Lacey, Cass, Marissa, Jeremy, Carter Carter, Cameron, Seth, April and Skyler and Coach Murray



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Sudbury, ON P3A 1Z2  
Direct: 705-561-2360 Toll Free: 800-601-8601  
Website: www.dorothygodin.com

**705-560-5650**



**Clean out your closet**

Our community closet needs you! Winter is almost here. please drop off all of the clothing you no longer want at our clothing drop box located at the community centre in Onaping down by the new 2 u and Rio Encore entrance!

A community closet **FREE** to local residents.

**OPEN**  
Mon-Thurs 10am-1pm  
Wed. 4pm-7pm

Gently used clothing, shoes and small household appliance needed.

**New 2 U**

Located in the Onaping Community Centre

*Glitter Sparkle SHINE but most of all be kind*

**Spa Pedicure \$50**  
**Spa Manicure \$40**  
**Spa Facial \$65**  
Mini Pedicure \$40  
Mini Manicure \$25  
Waxing \$10 Brows-Lip-Chin

**Splendid Beauty Lounge**

Gift certificates and baskets are now available for Christmas  
Please call or text Dolly  
**705-662-9095**

**AQUAFIT**

*Punch Cards may be bought and used for all Aquafit. Ask Lifeguards for details.*

**Aquasize Classes**

Monday & Wednesday 12:30pm  
Friday 2:30pm

**Aquatherapy Classes**

Tuesday/Thursday 2:30pm

Punch card Prices		
Visits	Adult	Senior
1	14.00	
5	\$49.00	\$42.00
10	\$97.00	\$79.00
15	\$133.00	\$108.00
20	\$171.00	\$137.00
40	\$260.00	\$205.00

Punch Cards are accepted at all City of Greater Sudbury Pools. (Gatchell, RG Dow, Howard Armstrong Rec. Centre, Nickel District and Onaping Pool)

**ONAPING POOL**

September 3<sup>rd</sup>, 2019 to December 21<sup>st</sup>, 2019  
**NEW RECREATIONAL SWIMS**

**Adult Swim**

Monday & Wednesday 2:30pm  
Tuesday/Thursday/Friday 8:00pm  
Saturday 12:00pm

**Public Swim**

Monday to Friday 3:30pm  
Tuesday/Thursday/Friday 7:00pm

**Family Swim**  
*(Children under 16 must be accompanied by parents in the pool)*

Wednesday 1:30pm  
Friday 6:00pm

**FREE SWIM**

Saturday 1pm-2:55pm

	1 Visit	10 visit Card	3 Month Pass
Student/ Child Senior	\$4.00	\$41.00	\$82.00
Adult	\$6.00	\$47.00	\$109.00
Family	\$12.00	\$97.00	\$192.00

For pool rental and swimming lesson registration please call:  
**705-688-3908**

Child Rate is for ages 0-16 yrs. Senior Rate is 65+ yrs. Students must show valid student ID



# ONAPING FALLS NEWS

Published on the 1st day of each month  
Submission deadline is the 23rd of each month by noon

Editor ~ Dolly Gordon 705-662-9095

Website/Online Editor ~ Samantha Brazeau-Wilson

Contributors ~ Kyleen Gray, Sean 'Blue' Gray, Arianna Thibodeau,  
Jana Lahnalampi, Danika Lavoie-Rochette, Blockhead Blunders  
and Melinda Mott

400 paper copies are distributed within the community.

You can view the full online version at [www.onapingfallsnews.com](http://www.onapingfallsnews.com)

Join our Facebook page for daily happenings.

For more information please email [justdolly@persona.ca](mailto:justdolly@persona.ca)

Call or text 705-662-9095

A moment  
with  
Melinda

You are the kind  
of person people  
feel very lucky  
to know!

## DID YOU KNOW??

The Golden Age Club is a fully licensed facility available  
for Weddings, Showers and Birthday Parties with a fully  
equipped kitchen and licensed patio??

Contact Linda for details at 705-966-2044

Join today - \$20 a year - age 50 plus

*Onaping Falls*

**Golden Age  
Club**

705-966-2502

109 Service Road, Onaping, Ontario P0M 1L0

## Golden Age Club November Daily Schedule

**Monday-** Cribbage at 1pm & Yoga with Jana at 6pm

**Tuesday-** Cards at 1pm & Men's Pool 1pm & **BINGO 7pm**

**Wednesday-** Line Dancing at 10am & Euchre at 1pm

**Thursday-** Cards at 1pm & Women's Pool at 6:30pm

Mens Super Senior 9 Ball or 6 Ball League @1pm

**Friday-** Third Friday each month- Open Music Jam at 1pm

Super Senior 9 Ball League Friday November 8 at 7pm

**Saturday-** Second Saturday of each month –RUMMOLI 6:30 pm

**Sunday** – Ladies pool 6:30 pm

**NOTE- If there is an activity you would like please contact  
Nevaida 705-966-0137.**

Darts- Bocce- Shuffleboard – Horseshoe – Bridge.

We will help get your activity started.

**COMMUNITY CHRISTMAS SPIRIT HAMPER FORM**

**DEADLINE – DECEMBER 2, 2019**

**(Please Print clearly)**

**Name:** \_\_\_\_\_

**Telephone #:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Children: List any children in home under the age of 18. (Please Print)**

<b>Name</b>	<b>Age</b>	<b>Male</b>	<b>Female</b>
-------------	------------	-------------	---------------

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Drop off completed forms at: Falls Food (Onaping CC); St. Bartholomew's (Levack) or  
Lion's Den (Dowling)

**TO MAKE SURE THAT YOU RECEIVE YOUR HAMPER, YOU MUST:**

- Have a working phone number
  - Have your driveway/path/stairs free of snow/ice
  - Have someone at home to accept delivery
- Failure to do the above may result in you not receiving a Christmas Hamper!

**FORMS MUST BE IN A SEALED ENVELOPE**

# A community legacy .....continued from page 19

*Now this is where my story gets interesting and even more informative.*

The club has since folded and the building sold but the Legacy lives on in a Bursary called the “Dowling Horseshoe Club Bursary”. The Bursary is awarded to a student from the Sudbury area (with preference given to a resident of Dowling) demonstrating financial need. (What 1st year student is not in financial need?), . The award is presented annually to a student entering first year studies at Laurentian University.’



The Bursary began in 1997. The dollars donated from the Dowling Horseshoe Club, to create this Bursary, were substantial and have provided students with an amount anywhere from \$800 to \$1800 each year. With the balance of the Donation, this Bursary, will live on for many more years to come!

There were no names on the back of this picture . Maybe you can name these gentlemen and next month I can run the photo with names. Contact me 705-662-9095 Dolly

Norm Crawford was the Acting President when the Horseshoe Club closed. Now that Norm and his wife, Verla have passed away it is Bev Crawford who receives an email every year regarding the payout of the annual Bursary. I thank Bev for meeting me, at Tim Hortons, to sit down and chat about our lives growing up in Onaping Falls and sharing this community information. Bev is the proud daughter of parents (Norm & Verla) who were strong community volunteers.

### **Volunteers make and create strong communities**

If you are a student or know of any of our local youth attending Laurentian next year, be sure to check out this Bursary. Apply for it. It is ours for the taking. You can Google ‘Dowling Horseshoe Club Bursary’ and find out more information.

<http://www.ontariouniversitiesinfo.ca/scholarships/72>

I hope you found this an interesting read. Our communities thrive when you volunteer your time.

It is not the City or the Provinces responsibility to grow your backyard. It belongs to us. Please get involved in your community. Your community groups need you. It is rumoured the Horseshoe

Club closed its doors because of lack of volunteers, after many years.

Don't let that happen to the clubs we have.

**Join the Onaping Falls Lions Club, the Knights of Columbus, Onaping Falls Golden Age Club, Onaping Falls Legion, Branch 503, Onaping Falls Highriders Snowmobile Club, Ona-lac Canoe Club, Onaping Falls Nordics Ski Club or your Local **Community Action Network.****