

NOVEMBER 2020

## WELL DONE ELLA!!!



What a great achievement Ella Kurtis! Ella won 1st place in the 2019 Annual Legion Poster Contest. Her beautiful poster won 1st place at Branch, Zone and District Levels. **BRAVO!!**

Youth Education Officer, for Branch 503, Martha Cunningham-Closs presented Ella with her award in October. Martha would also like to remind everyone that the 2020 Legion Poster Contest closes on November 18th. The schools have all the info needed to enter, so be sure your child gets their entry in! You can also contact the Onaping Falls Legion, Branch 503 at 705-966-2387 or go online to [www.legion.ca](http://www.legion.ca)



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Christmas Hampers

Onaping Falls  
Curling Club

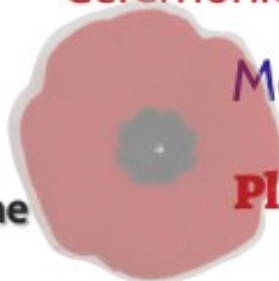
Daylight Savings Time

Remembrance Day  
Ceremonies

**Jana Yoga**

Melinda Moments

**Please BUY A POPPY!**



**EXTRA BIG BLACK NOVEMBER SAVINGS**  
WHILE SUPPLIES LAST. Not valid for the online orders. We reserve the right to limit quantities.

**SAVE 50%**  
34" Mega Maxx Deluxe Snow Brush  
Assorted colours.  
\$678-398  
Was \$12.99  
**6.47** Each

**SAVE 47%**  
Chocolate Covered Finger Cookies  
400 g.  
\$820-330  
Was \$10.49  
**5.47**

**SAVE 44%**  
Gas & Diesel Motor Treatment  
473 mL. \$619-372  
Was \$13.49  
**7.47**

**SAVE 50%**  
25 LED Dewdrop Light Sets  
Pure white, warm white or multi.  
\$640-169/172/179  
Was \$4.99  
**2.47** Set

**SAVE 35%**  
10 Pc. 2" Driver Bit Set  
Red #2 Original Robertson® bits.  
1286-296  
Was \$9.99  
**6.47** Set

November 5 to 18 (9240)



47 Levack Drive  
**705-966-3335**

Store Hours  
Monday to Saturday 9am to 5pm  
Sunday CLOSED  
[www.homehardware.ca](http://www.homehardware.ca)

**SAVE 50%**  
6" Dial Window Thermometer  
4470-655  
Was \$6.95  
**3.47**

**SAVE 50%**  
30 Micron Filter Cartridge  
1115-195  
Was \$5.99  
**2.97**

**SAVE 30%**  
Allsorts® Licorice  
700 g. \$820-038  
Was \$5.99  
**5.57**

**SAVE 37%**  
Gap & Crack Foam Sealant  
340 g. 1600-654  
Was \$8.49  
**5.97**

**SAVE 55%**  
8 Pc. Paint Tray and Roller Kit  
\$656-211  
Was \$12.99  
**5.77** Kit

November 19 to 25 (9241)

**SAVE 35%**  
Amaryllis Kit  
With quality bulb, ceramic pot and instant grow mix. Red or striped red.  
\$629-092/162  
Was \$19.99  
**12.97** Kit

**SAVE 60%**  
4.5 m Outdoor Extension Cord  
3 outlets.  
\$628-667  
Was \$7.99  
**2.97**

**SAVE 45%**  
Holiday Wrapping Paper  
2 rolls of foil, 4 rolls of paper.  
30" x 800" total.  
\$650-668  
Was \$13.99  
**7.67** Pack

**SAVE 50%**  
3 Pc. Non-Stick Cookie Sheet Set  
Includes 9" x 13", 10" x 15" and 11" x 17" sheets. 4020-015  
Was \$22.99  
**11.47** Set

November 26 to December 2 (9242)



**Marc G. Serré**

MP/Député  
Nickel Belt

marcserre.ca  
1-800-267-4829

**Working hard for  
YOU!**

**Stay safe and keep following public health measures  
to help ensure the safety of our communities! I am here to help  
address your concerns and help you find support during these  
challenging times.**

**Restez en sécurité et continuez à suivre les mesures de santé  
publique pour aider à assurer la sécurité de nos communautés!  
Je suis ici pour répondre à vos préoccupations et vous aider à  
trouver du soutien en ces temps difficiles.**



MarcSerreMP



MarcSerreMP



marcserre



Levack

Knights of Columbus

Fr. Don McLellan

Council 11565

Catholic Gentlemen dedicated to:

Church Family Community Country

## **The Catholic Parishes of Onaping Falls & Cartier**

### *Community Christmas Spirit White Tag Trees 2020*

Due to COVID 19 the White Tag Tree will not go up this year.

We will not be asking local churches and businesses to place tags on their trees for 2020.

**Instead, gift cards will be mailed to families in need with children that have registered for the 2020 Christmas Hamper.**

***We are asking for your kind generosity once again!***

**If you would like to help make a child's Christmas a little brighter, please consider making donation.**

**Cheques can be made payable to Catholic Parishes of Onaping Falls & Cartier and mailed to:**

**P.O. Box 650, Levack, Ontario PoM 2Co**

**(please note on reference part of the cheque that it is for White Tag)**

**Cash donations accepted at the St. Bartholemew Parish office at 30 Church Street in Levack.**

Tax receipts will be issued for donations made by cash or cheque.

The deadline for donating to this project is November 25, 2020.

## **NOTICE**

### **Onaping Falls Golden Age Club ROAST PORK TAKEOUT DINNER**

Complete with all the trimmings and a yummy dessert.

**When:** Wednesday November 18, 2020

**Designated pick up times:** Between 4: p.m. & 6: p.m.

**COST-** \$ 7.00 each complete dinner

For information: Call Carol Weber – 705-929-5251

Tickets are available from: Sharon Leblanc,  
Linda Dusick, Bev Rouleau, Gail Puro  
and Carol Weber.

**NOTE:** You will be advised when you  
purchase your "Dinner Ticket" how to  
register for your preferred pick-up time.

Little piece of  
Beauty

Great hair doesn't  
happen by chance.

*It happens by  
appointment!*

**705-595-2150**

Conveniently located in the Onaping Plaza.





## *Windy Lake Motel & Restaurant*

**OPEN Monday to Friday at 5am  
OPEN Saturday & Sunday at 6am  
CLOSED at 7pm daily**

- Licensed Family Restaurant-order in or take out!
- Breakfast>Burgers>Pizza>Home Baking on Request
- Clean, modern, and economical rooms
- Ontario Northland Bus Stop & BPX service
- We now sell Bus tickets!!
- Banquet room for your event
- Gas bar—including premium!

**Northern Hillside Inn- daily, weekly and monthly rates!!**

*Proud community supporter for over 20 years!*

**Highway 144 & Old Cartier Road**

**705-966-3967**

**[www.windylakemotel.com](http://www.windylakemotel.com)**



## Gerry Montpellier

City of Greater Sudbury  
Councillor ~ Ward 3

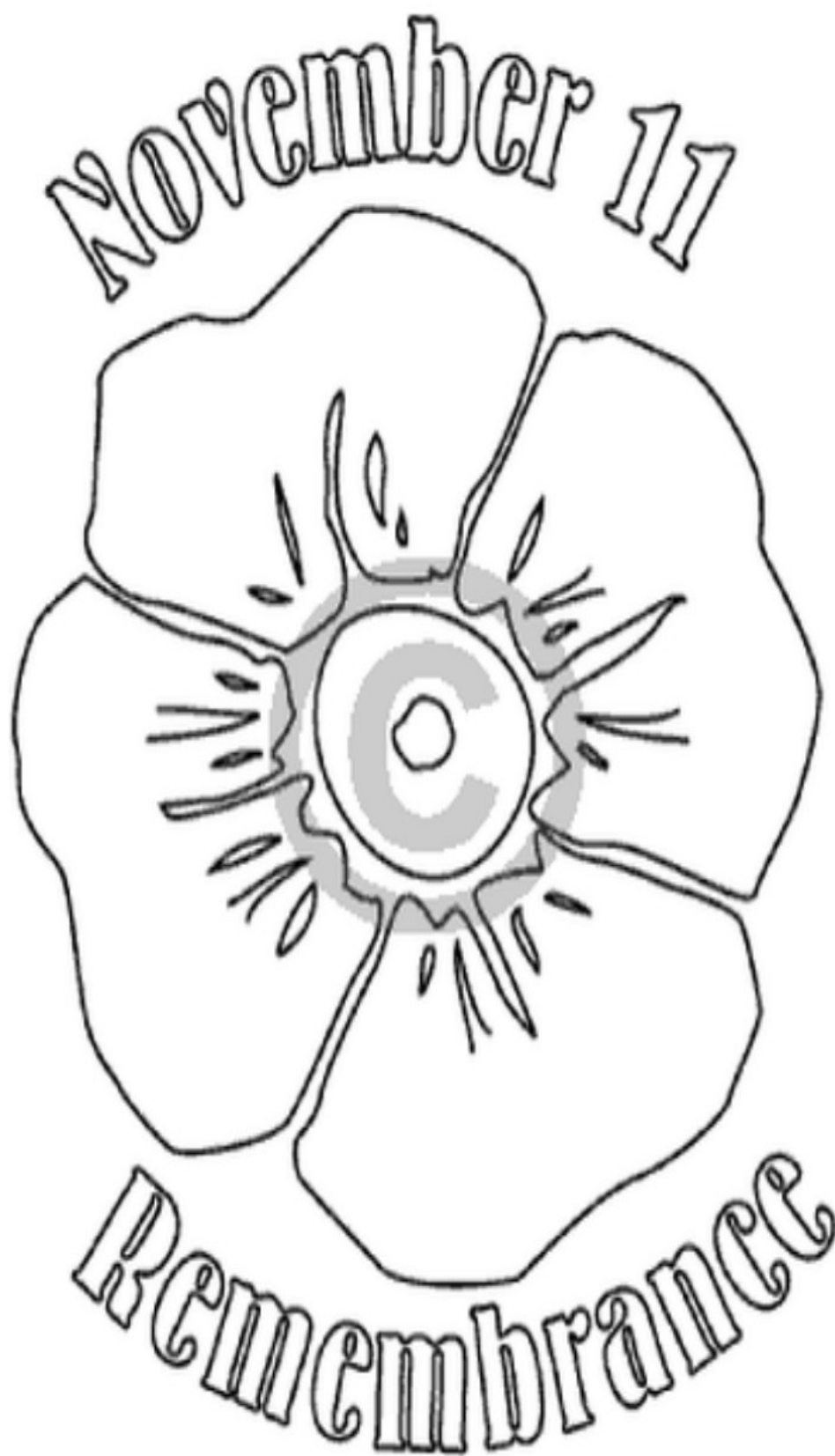
Phone : 705-698-2759

Email

[gerry.montpellier@greatersudbury.ca](mailto:gerry.montpellier@greatersudbury.ca)

Facebook @ Gerry Montpellier

R  
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C  
R  
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I  
C  
E

Colour me, cut me out and put me in your window

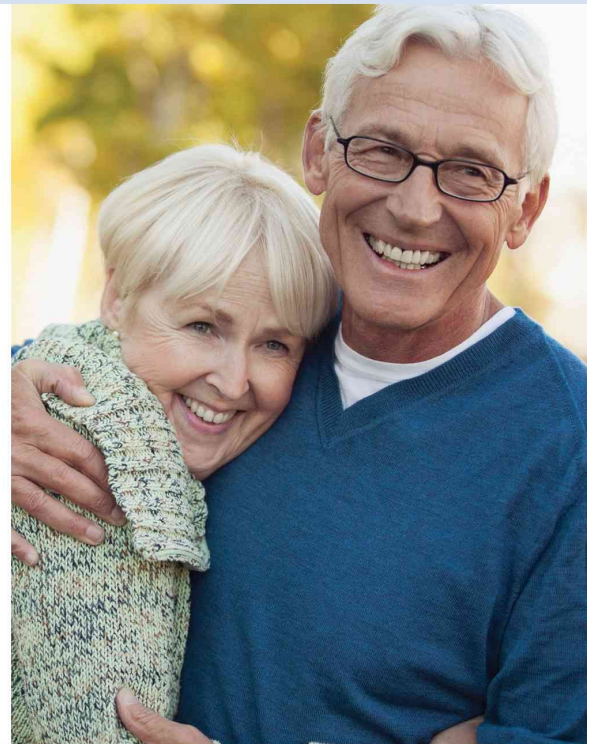


## CHARTWELL MEADOWBROOK RETIREMENT COMMUNITY EXPANSION OPENING IN 2020

We are excited to share that we will be adding three-storeys of new independent supportive living suites with contemporary one-bedroom layouts to the northwest side of our retirement residence! Additionally, the new wing of our community will feature brand-new amenities that all residents can benefit from, including a welcoming fireplace lounge, bistro for snacks and beverages, and a lovely outdoor terrace.

This new expansion will also include the construction of 14 townhomes available for rent, located along the eastern edge of our property. Ideally suited for independent and active individuals, these two-bedroom townhomes will offer older adults who are looking to downsize with the freedom to continue to cook and manage their own household, as well as the benefits of 24-hour security, housekeeping services and all social and leisure opportunities in our retirement residence.

**PRESENTATION CENTRE NOW OPEN!**



**MEADOWBROOK**  
retirement community

18 Jacobson Drive  
Lively • 705-836-9999

[CHARTWELL.COM](http://CHARTWELL.COM)

# ONAPING FALLS & CARTIER CHRISTMAS HAMPERS

## *2020* Registration for CHRISTMAS HAMPERS

Due to COVID 19 restrictions Christmas Hampers will be following a new procedure this year

DOWLING LIONS CLUB  
Friday November 13th  
1pm to 4pm

ONAPING FALLS  
LEGION,  
Branch 503  
Monday, November 16th  
1pm to 4pm

PLEASE BRING YOUR I.D. for  
EACH family Member  
and proof of address.



Please be sure to  
register your family  
this holiday season  
if you are in need!



*Join the Club!*  
*Come out and have some fun!*

## Onaping Falls Curling Club

### Membership Fees

\$150 / curl 1 night  
\$200 / curl 2 or more nights  
16 years of age and up

For more information contact  
Club President,  
Dan Messier at 705-966-5220

*Monday night - Ladies*  
*Tuesday day - Ladies*  
*Tuesday night - Mens*  
*Wednesday morning - Seniors*  
*Thursday night - Mens*  
*Friday Night - Mixed*

COVID 19 RULES WILL BE SET IN PLACE

10 Fraser Extension, Onaping, Ontario.

## FALLS FOOD FOOD BANK

Your Community Food Bank  
Serving Onaping Falls and Cartier

**OPEN**  
**November 18th**

4pm to 7pm

Located in the  
Onaping Community Centre

Suite F (Across the hall from the Library)

**705-966-7470**



**SUNDAY**  
**NOVEMBER 1st**

# Fall Back



# LAW OFFICE

Darren Berlinguette



- ✓ Real Estate
- ✓ Power of Attorney
- ✓ Wills/Estate
- ✓ Family Law/CAS
- ✓ Criminal Law
- ✓ Traffic Tickets

Now located in the Onaping Plaza



By appointment only

**(705) 677-0000**

## ***A Moment with Melinda***

**“Silence is  
the best  
reply to  
a fool.”**

### **ONAPING FALLS GOLDEN AGE CLUB**

Most of the regular activities are back, conveners will advise each group of COVID 19 rules.

**Euchre – Marlene Draper. Crib – Georgette Lebel.**

**Card Game 31 – Angie Charlebois.**

**Pay-me – Patsy Laberge or Linda Dusick 705-966-2044**

**Men’s Pool– Lawrence Thibodeau**

**Ladies Pool- Carol Weber Yoga -Jana Niemi-Lahnalampi**

**Exercise room – Lawrence Thibodeau Shop – Larry Puro**

**Bowling Gene Barkett- 705-966-2251 ( Always need more Bowlers)**

**Music Jam-Cancelled till further notice—Jim- 705-966-0137**

**Club Bookings- Call Linda Dusick 705-966 2044**

**Join today only \$20.00 pr. Year. One partner must  
be age 50 or over for a couple to join.**

**Information please call**

**President Jim at 705-966-0137**

# Early Bird Bonus Pricing for

2021! \$500<sub>plus tax</sub>

**2021 Memberships On Sale  
September 1—December 30!**



\*\*\*\*\*

A great Christmas gift for that special someone, **gift certificates** also available. **Book Our Cabin** - 2 bedroom sleeps four, private beach and sauna available!

**Book a Party** - For the office, Birthdays, Retirement, Family Reunions, Bridal & Baby Showers, Celebration of Life etc.

For more info try our **Website** [www.golfwindy.com](http://www.golfwindy.com) or **Email** [info@golfwindy.com](mailto:info@golfwindy.com)

**Call 705-966-2077 or off season 705-626-8355**

**Join us for League Play:** TUESDAY 12pm - Onward Men's Day

WEDNESDAY 9 am – Sr. Ladies

THURSDAY 9 am - Sr. Men, THURSDAY 5pm till  
dark Thirsty Nitters!

FRIDAY 5pm - Couples Night Golf

**\*\*\*Friday Supper Specials open to all, please call for reservation**



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**Dorothy Godin**  
 Real Estate Broker  
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- Care giver relief (Respite) for seniors or adults/children with disabilities
- 1:1 care
- Home help & home making, including cleaning and meal prep
- In-home nursing services such as post surgery care
- Palliative care
- Advanced and Diabetic Foot care


**CALL KIM FOR YOUR FREE  
CONSULTATION 705-590-2445**

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*Get in touch if you would like to host an online or an in home party!  
Fundraising? I can help! Maybe you would like to join my team?  
It's fun! It's rewarding! It's TUPPERWARE!*


 Phoenix Audiology  
 Revitalize Your Hearing

**HEARING CLINIC**

Wednesday, November 25TH  
10AM TO 3PM

Onaping falls Lions Club in Dowling

If you are interested in having a low cost hearing assessment  
please call 705-805-9630 to book an appointment.

# Families in the Kitchen

for parents and children  
ages 0-12 and/or expecting

POP-UP

Our Children  
Our Future  
Nos enfants  
notre avenir



Receive ingredients and a recipe to  
prepare together as a family!

2nd and 4th Thursday of the month at 11:00am

Pick up location of ingredients and recipe:

I. J. Coady Memorial Arena parking lot  
(13 2<sup>nd</sup> Avenue North, Levack)

To register, please  
call 705-969-4040 x265 or text 705-822-4037



For more information  
please contact:



Pierrette Prince - president @ofhr.ca  
Jesse Hayes - vice-president@ofhr.ca  
Karen Morley - treasurer@ofhr.ca



facebook

www.ofhr.ca

P.O. Box 934,  
Dowling, Ontario  
P0M 1R0

The Onaping Falls High Riders Snowmobile Club has been busy preparing the trails for the upcoming season. A day spent with volunteers helping us re-deck Venetian bridge North of Cartier. Brushing and clearing all the trails is ongoing as well as a trail re-route between the back of Onaping to Levack.

We are always looking for new volunteers/members.

You are welcome to attend monthly meetings every  
second Wednesday of the month.

Send an email to one of our executives for further details.

Larchwood Memorial, Dowling & St. John's United, Levack, Onaping and Cartier

# ONAPING FALLS PASTORAL CHARGE

*Please join us!*

## Schedule of Fall Services

Larchwood Memorial Sunday at 9:30am

St. John's, Levack Sunday at 11am

November 1st  
All Saints Sunday

November 8th  
Remembrance Sunday

November 29th  
ADVENT 1

*St. John's United Church is making cookies....  
cost \$7 per Baker's dozen or 3 dozen for \$20.*

*Baker's dozen or 3 dozen for \$20.*

*To order call Jean Duffus at 705-966-3375, Sharon Leblanc at 705-677-4585*

*Barb Dobbie at 705-966-0553 or Ruth White at 705-855-9714*

St. John's United Church  
**35th Annual TURKEY  
DINNER**



### TAKE OUT ONLY

*Tickets required*

**Saturday  
November 14th**

**Adults \$15**

**Children \$5** under 10

**Limited delivery available**

*Tickets available from  
Sharon Leblanc, Carol Weber, Chris  
Allen, Marg Rabson or  
Bill Hedderson*

## Skate Sharpening

Local Skate Sharpening

Located in Dowling

Open 7 Days a week as it is done from home

Please give me a call or text

J.P. 705-698-0877

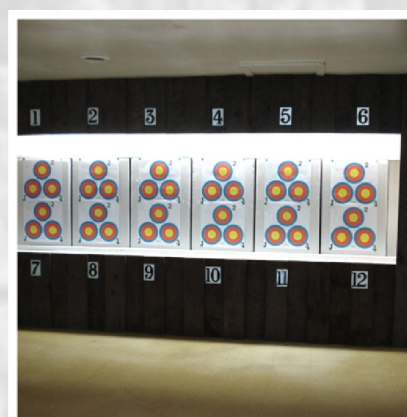




**Ten Point Archery** is your local source for top-quality archery products, including bows, targets, hunting clothing and more.

Located at **3450 Hwy 144 in Chelmsford**, our store also features an air-conditioned range where you can test your aim.

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- Game Calls
- Scents & Attractants
- Bow Accessories & Targets
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- DVD Rentals

### Our Brands

- |             |                   |
|-------------|-------------------|
| • Hoyt      | • Mission         |
| • Mathews   | • Diamond         |
| • Elite     | • Bowtech         |
| • PSE       | • Martin          |
| • Bear      | • Jandao          |
| • Obsession | • Excalibur       |
| • Quest     | • Stryker         |
| • Prime     | • Killer Instinct |

[www.tenpointarchery.ca](http://www.tenpointarchery.ca)  
[info@tenpointarchery.ca](mailto:info@tenpointarchery.ca)

Call us today! **1-705-222-0010**



**WILL IT RAIN?  
WILL IT SNOW?**

**I LIVE IN  
CANADA**

**I DO  
NOT KNOW!**

[www.healthysmilesathome.ca](http://www.healthysmilesathome.ca)



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Get your teeth cleaned

**STAY SAFE**

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[www.waxzoff.com](http://www.waxzoff.com)

The **ONAPING FALLS NEWS** is a community based, volunteer run, monthly news paper! We deliver 400 paper copies to our community and you can see the full paper online at **www.onapingfallsnews.com** anytime.

You can call or text Dolly at 705-662-9095 or via email at [justdolly@persona.ca](mailto:justdolly@persona.ca)

EDITOR ~ Dolly Gordon      ONLINE EDITOR ~ Samantha Brazeau-Wilson



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**Community Action Networks**

**Volunteers needed for our  
Community Gardens**

**and other**

**Community projects!**

**Please text /email**

**Community Action Network Chair**

**Amanda at**

**705-391-9972**



# France Gélinas

MPP/Députée provinciale Nickel Belt

[fgelinas-co@ndp.on.ca](mailto:fgelinas-co@ndp.on.ca)

5085 Hwy 69 North, Unit #15  
Hanmer Valley Shopping Centre  
Hanmer, ON P3P 1P7

Phone / Téléphone

**705-969-3621 1-877-280-9990**

Fax / Télécopieur

**705-969-3538**

## OFFICE HOURS

Monday to Thursday  
9:00 a.m. to 5:00 p.m.  
closed daily for lunch between  
12:00 p.m. and 12:30 p.m.

Friday

By appointment only

Hello,

Did you know that there is support available for residents who are struggling to pay their energy bills due to the Covid-19 emergency? It is a one time, on-bill credit to help catch up on your energy bill.

To apply for the COVID-19 Energy Assistance Program commonly known as CEAP, you should contact your utility provider directly, whether it is an electricity provider or a natural gas provider. Their contact information is on your bill.

To be eligible for this funding, you must meet some criteria. To learn more about this, you can visit the Ontario Energy Board website at:

[oeb.ca/rates-and-your-bill/covid-19-energy-assistance-program-ceap](https://oeb.ca/rates-and-your-bill/covid-19-energy-assistance-program-ceap)

or you can call them at

**1-877-632-2727**

If we can help, please call us at **705-969-3621** or **1-877-280-9990**.

Until next month...



Bonjour,

Saviez-vous qu'il y a un programme pour aider les gens qui ont de la difficulté à payer leurs factures d'énergie en raison de la situation d'urgence liée à la Covid-19. C'est un crédit unique pour vous aider à rattraper le retard sur vos factures d'énergie.

Pour accéder au Programme d'aide aux impayés d'énergie en raison de la Covid-19, aussi connu comme AIEC, vous devez contacter votre fournisseur d'électricité ou de gaz naturel.

Il y a certains critères d'admissibilité au programme AIEC. Pour en savoir plus, vous pouvez visiter le site web de la Commission de l'Énergie de l'Ontario au :

[oeb.ca/fr/tarifs-et-votre-facture/programme-daide-aux-impayes-denergie-en-raison-de-la-covid-19](https://oeb.ca/fr/tarifs-et-votre-facture/programme-daide-aux-impayes-denergie-en-raison-de-la-covid-19)

ou les appeler au

**1-877-632-2727**

Si nous pouvons vous aider, appelez-nous au **1-877-280-9990** ou au **705-969-3621**.

Au mois prochain...



## Onaping Falls Branch 503

1 St James, Onaping, ON

705-966-2387

Email: [Branch503@eastlink.ca](mailto:Branch503@eastlink.ca)

Visit us on FaceBook



**Fall Hours:** Monday to Friday ~ 4:00 pm to closing

Saturday ~ 1:00 pm to closing

Sunday ~ 3:00 pm to 7:00 pm

## Weekly Events at Branch 503

* Thursday	7:00 pm	Fun Darts Mixed Teams League starts October 29th (no spares) Call Marlene for more info 705-918-2074
Thursday	7:00 pm	Euchre *Starts Sept 5 <sup>th</sup> ~ Upstairs in the Hall
Thursday	7:00 pm	Dart League Join the League or Spare In
Saturday	3:00 pm	Porquetta Bingo ~ in the Club Room



**Branch 503 Plays**

Every Thursday Nite at 7:00 pm  
\*\*Starting Thursday Sept 5<sup>th</sup> \*\*

Please register between 6:45 and 7:00

No Partner is required



Upstairs in the Legion Hall  
At 1 St James in Onaping





**BRANCH 503  
LEGION DART LEAGUE**

Starts October 3rd  
Plays Every Thursday

Register at 7:00 pm  
Play Starts at 7:30 pm

No Experience Necessary  
Just Have Fun!!

Join the League, or  
Just come out and Spare In!!

For information contact Marlene Draper ~ 705-595-2074  
Or call the Legion ~ 705-966-2387

**SATURDAY  
PORQUETTA BINGO**

Downstairs in the Club Room  
at Onaping Falls BRANCH 503  
1 St James, Onaping

~ 3:00 pm Every Saturday ~

4 Rounds of Games ~ 3 Winners each Round

Plus draw prizes for tasty treats!

Everyone has a Chance to WIN



# Observation Deck

November 2020

## with Ellard

Condolences to families who have lost loved ones lately:  
Rose Barkett ~ William Bonhomme ~ Sandra Cowie  
Ernie Gervais ~ Danny Malleau ~ Heather Zielenewski.

First Snow ~ October 21st, 2020 ~  
BEAUTIFUL ~ People will now start getting  
organized for winter ~ Christmas time,  
snow tires, presents, home baking,  
decorations, shovelling and shovelling!

PHONE 311 ~ If you have a complaint, concern or praise,  
please call this number. The operator will relay your  
information to the department responsible. They don't  
consider it 'crank calls' and appreciate the information.  
I had 2 occasions to call this month and I was impressed by  
the operators attitude and genuine assistance. Please be  
sure to get a 'case number' for your call. 311 is live from  
7:30am to 6pm Monday to Friday. After hours calls are  
forwarded to an on-call public works employee if necessary.

### Distracted Driving

We had a driver returning home and saw a spider on their windshield, reached down for a kleenex and ended up into a rockcut on the backside of Clear Lake Hill. It is unbelievable this driver did not suffer any serious injury but the vehicle was totalled.

It only takes a second for this to happen! Drive Safe!

### TRASHY RUMOURS

In February of 2021 the Greater City of Sudbury will be picking up 2 bags of garbage every OTHER week. (Phase 3 of their master plan) Blue Box recyclables will be picked up every week UNTIL 2022/23 when the city is set to transition to a

Producer Responsisbilty model under the  
'Waste Free Ontario Act'.

Although it may be better for the planet (and save the City alot of money) it may not be very convenient for our residents! However, the program was designed to shift the full cost of the Blue Box program to the companies producing the packaging.



Onaping Falls Lions Club  
27 Sturgeon Street, Dowling Ontario  
705-855-1765



# FLU SHOT CLINIC

BY APPOINTMENT ONLY

Call Carmen Portelance @ 705 562 9067 to schedule your appointment time

WEDNESDAY NOVEMBER 4th 2020

COVID 19

12noon - 7pm

DON'T FORGET

TO

\*WEAR A MASK

REGULATIONS

DOWLING LIONS DEN

\*SANITIZE YOUR

HANDS

WILL BE

27 STURGEON ST

\*MAINTAIN

SOCIAL DISTANCE

IMPLEMENTED

## ONAPING FALLS LIONS CHARITY



# WE ARE BACK

PLEASE  
REMEMBER  
TO WEAR A  
MASK

## EVERY MONDAY

6:30pm - WARM UPS

7pm - REGULAR

Dowling Lion's Den

27 Sturgeon St.

Must be 18yrs of age to play

COVID-19

REGULATIONS

WILL BE

IMPLEMENTED

Follow our Facebook  
page to see the winners of our  
**PUMPKIN CARVING  
CONTEST!!**

Scariest ~ Funniest ~ Most Original  
Different age categories

**CARING BEYOND PRESCRIPTIONS**  
 WITH YOUR DENTAL HYGIENIST PAULA O'CONNOR  
 HEALTHY SMILES AT HOME with PAULA O'CONNOR  
 705-920-5466

**The Brain**  
 Your memory may suffer due to oral bacteria. Oral bacteria may spread to the brain and contribute to degeneration linked to Alzheimer's disease.

**The Lungs**  
 Unhealthy teeth can affect your breathing. Gum disease can increase the risk of getting lung infections like COPD and pneumonia.

**The Heart**  
 Poor dental health can lead to an unhealthy heart.

**The Skin**  
 Oral disease can affect the look of your skin.

**The Pancreas**  
 Advanced gum disease can increase the likelihood of pancreatic cancer.

**The Kidney**  
 Tooth loss can increase the risk of chronic kidney disease.

**Gum disease can kill more than your smile !**

Friday, November 13th

# FRIDAY the 13th

Superstitious?  
Shrug off superstition and  
go buy a lottery ticket!

## Friday the 13th TRIVIA

- Most buildings do not have a 13th Floor.
- Many people will not set a table for 13 people.
- Captains would not go out to sea with a crew of 12.  
Including the Captain, that made 13.
- Some cultures consider the number 13 sacred.
- If you live in fear of the number 13 you suffer from Triskaidekaphobia!

# Melissa's Kitchen

## HOLIDAY BAKING

Each holiday tray is filled with delicious treats like Date Squares, Peppermint Fudge, Tarts, Coconut balls, Sugar Cookies, Marshmallow Squares.  
Mmmmm .....so good!

**Small Holiday Tray/Box**  
approximately 25 treats  
**\$25**

**Medium Holiday Tray/Box**  
approximately 40 treats  
**\$40**

**Large Holiday Tray/Box**  
approximately 100 treats  
**\$100**

**COOKIE DELIGHT BOX**  
a delightful assortment of Sugar, Gingerbread, Chocolate Chip and Molasses Cookies. All freshly baked for your holiday enjoyment or they make a wonderful gift to a friend or teacher.  
**\$25**

**By the Bakers Dozen**  
You can also order items by the bakers Dozen (13 pieces)  
Buttertarts, Dates, Cupcakes.

**Cakes, Cakes and more Cakes**  
Custom made Birthday Cakes, All occasion cakes, Cupcakes and of course our 'to die for' Cheesecakes.

**You can order your desserts  
by calling Melissa's Kitchen  
at 705-929-1978.**

*We know you have  
a choice!*

*Thank you for  
choosing us!*



LEVACK IDA  
PHARMACY

2 First Avenue N, LEVACK, Ontario

705-966-3612

levackpharmacy@gmail.com



**We are OPEN  
Monday to Friday  
from 9am to 5pm**

**\* Masks/face coverings are  
mandatory when visiting  
the pharmacy**

**\* We offer FREE  
PRESCRIPTION delivery  
every Tuesday and Friday  
to residents of  
Levack & Onaping**

**\*Have questions about  
your medications?  
Book a medication review  
with the pharmacist.**

### **Important Notice regarding Flu Shots**

Our flu shot clinic days are by appointment only this year due to the Covid-19 pandemic.

Call us at 705-966-3612 or email us at levackpharmacy@gmail.com to get your name on our wait list. If you have your name on the wait list already, we will contact you to schedule your appointment as vaccines become available. When you arrive for your scheduled appointment we kindly ask that you wear a mask, use the hand sanitizer at the entrance to the pharmacy and bring your health card.

**We thank you for your patience and understanding as we navigate through flu season during these unprecedented times.**

### **In-store Specials**

All COVERGIRL products are reduced to clear. Come and check out the selection before it is all gone!

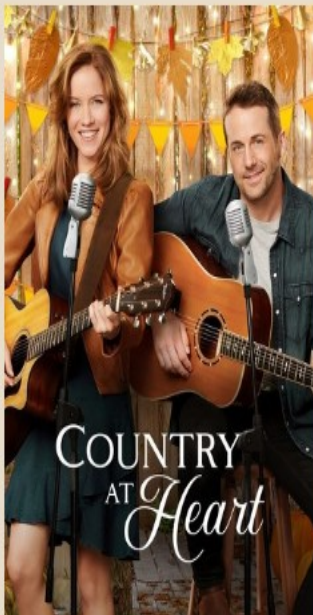
Come into the store during the month of November to see our weekly sales on select Christmas merchandise!

# Filming in our little towns

by Dolly Gordon

The Resident Evil franchise has earned over 1.2 Billion dollars worldwide with movies, television and video games. Currently filming in Sudbury is 'Resident Evil ~ Zombie Apocalypse'. The title has controversy with onlookers. Is it a Reboot of the Movie or a Netflix series? Let's keep a lookout for its March 2021 release and watch for the many hometown locations (Greater Sudbury) that were used in filming.

The last 2 weeks of October saw many streets shut down in the GCS for filming. And as inconvenienced as some may have been the incredible dollars filming is bringing into our communities is wonderful.



Many film companies are referring to the Greater City of Sudbury as the 'Nickel City'. Hallmark has filmed 13 movies in GCS and other major film houses are shooting here also. Most recently released (October 3rd) is 'Country at Heart' starring Canadian born actor, Lucas Bryant who plays Duke Sterling. Our very own singer/songwriter Larry Berrio has a small part as Earl. Our Beautiful Grand Theatre was used for the 'bar' scenes and Northern Legacy Horse Farm was another country location.

The very popular 'When Hope Calls' along with Cardinal, Antibrith, Goalie and Letterkenny were all filmed in the Sudbury area.

Movie extras are always needed! If you have ever wanted to be in a movie now is your chance. Visit local Casting Director, Micheline Blais's website and find out how to get in on the film action!  
[www.castnorth.com](http://www.castnorth.com)



# ARE YOU IN **PAIN?**

INNOVA MASSAGE THERAPY 

## MASSAGE THERAPY WORKS

- DEEP TISSUE
- RELAXATION
- CUPPING
- HOT STONES

## PRICES

- 30 MINUTES \$60
- 45 MINUTES \$70
- 60 MINUTES \$90
- 90 MINUTES \$125



**705-929-1372**

INNOVA Massage Therapy

Brandi Purvis Registered Massage Therapist

168 Regional Road 8 **ONAPING**



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to most insurance  
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**PLUMBING+**

**Tim Labelle**



**AFFORDABLE RATES**



**ALL WORK  
GUARANTEED**



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EXPERIENCES**



Find us on  
**Facebook**

**705-626-0866**



The armistice took effect at 11 o'clock in the morning – the "eleventh hour of the eleventh day of the eleventh month" in 1918.

*We Will Remember Them*

On November 11th at 11am  
please stand in silence for 2  
minutes in your doorway in  
respect for our soldiers who  
fought for freedoms we  
have today.



The Onaping Falls  
Legion , Branch 503,  
will be having a  
small ceremony  
downtown Levack .  
Please maintain  
social distance if  
planning to attend.

# Where is that?

## *Mining Heritage Sculpture*

by Dolly Gordon



### **The Mining Heritage Sculpture can be found at Bell Park in Sudbury!**

A celebration of Sudbury's mining heritage, the bronze sculpture stands 15ft high and symbolizes workers extracting mineral resources. The sculpture was unveiled in September of 2001 and had a price tag of \$750,000.

The Sudbury Mining Heritage Committee, our Federal Government's Millennium Partnership Program, along with corporate and private funding, made this monument possible. The sculpture depicts miners from the first prospectors and bare chested old timers, with their picks and axe, to modern day miners with sophisticated equipment.

The two sided monument represents the past and present of mining. Hundreds of miners descend on both sides merging into two giant hands extracting what lies beneath the Earth.

The artist, Timothy P. Schmalz is well known for his monuments which can be found worldwide. Although most of Mr. Schmalz's work carries a religious theme he has a few bronze sculptures here in Ontario. Gordon Lightfoot's 'Golden Leaves', Orillia. National Women's Worker Monument, Ajax. Canadian Veterans Memorial, Waterloo. Fallen Firefighters Monument, Kitchener. A 'Gordie Howe Alzheimers Monument' is yet to be unveiled in Calgary.

If you have not yet visited the Miners Monument at Bell Park be sure to put it on your bucket list!