Onaping Falls News

August 2023

Youth Soccer year end BASH!



The Onaping Falls Soccer Club had over 360 kids registered to play soccer from May to July this year! The Youth played soccer in Dowling 2 nights per week.

To end the year with a BASH the Club held a Giant party at the Onaping Community Centre Splash Pad on July 5th.

Bounce Houses, Face Painting and Pizza were just a few things on the fun list. Medals were handed out to all of the soccer players.

The day began as a rainy day but the skies cleared up and the sun came out so all of our little athletes had beautiful weather for their party!

7 year old Martine Lefebvre is proud of her medal! Martine played in Division 3 Team 2 with Coach Nicole Grande (owner of La Lusso Salon in Onaping)

The smiles say it all! Ava Edward and her brother, Easton with sisters Stella and Ada Schweyer had an amazing day of sun, fun and laughter.

The Onaping Falls Soccer Club is headed up by Jessica Draper of Onaping along with numerous volunteer organizers and Coaches. Follow their Facebook page for next years season. Sign up begins in January 2024.



The SUMMER PROGRAM for families and all ages is in its final month!
The Onaping Falls Recreation Committee has employed 4 summer student through the Canada Summer Jobs program to run fun activities all summer. The month of August bring Sand Art, Finding Crystals through Geodes, our very own Re Greening Project and Painting Paddles. These programs are avail;able to any age. This summer the participants ages have been from 18 months to 72 years! Fun for everyone!

Check out the Summer Schedule on the back of the Onaping Falls News.



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Condolences to the family of Murray Simser.

WOW - with the warm weather here everyone is enjoying the outdoors with all types of activities. One particular event of note was the Onaping Falls Soccer Club year end party at the Onaping Community Centre field.!

The field was packed with over 200 children and adults taking part in the activities. They had inflatables, face painting, a popcorn truck, pizza, cake and games galore and they left the field in immaculate shape when they left. Jessica Draper informed me that there were 360 children registered for soccer this year. That is awesome and a nice reminder of more things to come. Does anyone remember the good ole days when we had these events at the Elks Club on Windy Lake? (even the 10 year olds could play Crown & Anchor) LOL

The next day I was out for a walk and I saw that somebody was having a big birthday party at the Community Centre and the Splash Pad was busy!

Another SHOUT OUT to Martha the Librarian in Onaping who has all sorts of things happening and has the lastest 'reads' from most authors available to us. Don't forget about the Market Truck that come to the Onaping Library site on Wednesdays form 11-12:45. I noticed the gardening boxes at the Community Centre are starting to prosper in veggies etc. We are fortunate to have these community activities that seems to be catching on. Let's keep it going and Keep enjoying the summer in Onaping Falls which is 'Ours to Discover'!

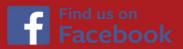
The Start of School is only few weeks away! Don't forget International Beer Day is August 4th!



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Levack Onaping Library Services Available:

- Bus Tickets / Passes
- Dog / Cat licences
- Garbage Tags
- Document scanning
- Faxing
- Laminating (Business cards or 3x5 \$2.00, Letter \$3.00, Legal \$4.00, Ledger \$5.00)
- Internet (High Speed / Wireless)
- Printing & Photocopying (15¢ per page for B&W, 25¢ per page for Colour copies)
- Chromebook (in-branch use)
- Dead Battery disposal (residential)
- Public Use Computers (Internet & Word Processing)
- Ask about borrowing: Wi-Fi Hotspots & Chromebooks!

Levack Onaping Library is open: Mon 9-2 Tue 2-7 Wed 10-2 Thu 2-7 (*closed Saturdays in summer)





Call 705-966-2077 For more information or for reservations

Join us for summer fun!

League Play:

Tuesday Mens Day—2 person best ball, join us for a round with closest to hole competions and hole in one jack pot to be won.

Wednesday—Ladies Morning—9 am start anyone can join in Thursday—Senior Men—9 am start anyone can join in Friday Couples Night—3:45 shotgun start for those who can make it, tee times booked from 5pm on for those who can't.

Dinner Specials Available

Tuesdays and Fridays—Check facebook for options **Sunday Brunch** served 11 am—1 pm we kindly ask that you reserve

Monday—Afternoon Tea served 1pm –3pm



Gerry Montpellier

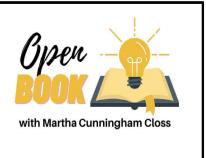
Ward 3 Councillor

City of Greater Sudbury

705-698-2759 gerrymontpellier@greatersudbury.ca



Onaping Falls News August 2023



As you look out the windows of the library, you can see families enjoying the splash pad and the community garden. There is space to picnic and there are the swings and play structure too. Come into the library for a cool down after you've had your fun outside! It's air-conditioned and a great place to spend family time. Make a craft, join the Summer Reading Club, pick out a game or puzzle to take home or just spend some time reading a book, newspaper or magazine. The library is here for you!

The fishing rods have arrived! **Fishing rods and full tackle boxes are available for borrowing.** You get them for one week with your library card!

Here are some more adventures you can find throughout the summer at your Levack Onaping Branch:

BEDTIME BOOK CLUB happens on August 1st and 15th at 6 p.m.. Wear your pyjamas!

YOU AND YOUR HUE is an outdoor painting and writing activity. Create a piece of art or writing that represents you and your hue on **August 2nd at 10:30 a.m.**

More art with **SPIRIT OF THE DANDELION** on **August 16th from 10:30 a.m. to 11:30 a.m.** Participants learn fast facts about this beautiful flower while following a step-by-step guide to paint the Dandelion. Ideal for ages 12 and under. All materials and instructions will be provided.

LET'S TALK SCIENCE comes to our Library on **August 23rd at 10:30 a.m.** This will be a Candy DNA Activity – Participants will learn about the double helical structure of DNA by working with marshmallows and licorice to create their own DNA model.

TRIVIA NIGHT continues throughout the summer on THURSDAYS AT 6 PM!

Watch for our ARTS & CRAFTS SUPPLIES SWAP MEET on August 17th from 2 to 7 pm! Got stuff to donate? Drop it off to the library before August 17th!

I hope you give yourself time this summer to enjoy this great weather, soak up some sun and read a great book.

See you soon!

You can find Martha at the Levack Onaping Library in the Onaping Community Centre wondering how many iced teas count as "too much".

The Levack Onaping Library is open Mon 9-2 Tue 2-7 Wed 10-2 Thu 2-7 (*closed Saturdays in the summer!)



Families in the Kitchen offered in Onaping Falls

Parents and children ages 4-12 will have the opportunity to prepare 2 healthy recipes that will be brought home.

Tuesdays, August 1st, 8th and 15th 100 High Street Levack, Levack Public School 9:30 a.m.–11:30 a.m. Limited Spaces

Like us on Facebook @ OCOFOnapingFalls

If interested, please call or text 705-822-4037





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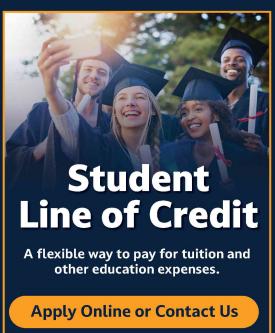
Onaping Falls News August 2023

Happy Civic Holiday



Monday August 7th











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Onaping Falls News August 2023

District A5 Lions Fundraiser



Caribbean Cruise



6 Nights on the Celebrity Reflection

VALENTINES CRUISE FEB.11[™] 2024

and more dates added - Check below

Ports of Call

Fort Lauderdale, Florida Grand Cayman, Cayman Islands Cozumel, Mexico Bimini, Bahamas

Fort Lauderdale, Florida

Price Inclusions

Classic Beverage Package, WIFI Package Gratuities, \$50 USD on board credit per cabin \$200C donation to District A5 Lions per person

NOT INCLUDED ARE FLIGHTS & HOTELS - PRE AND POST

FOR FURTHER INFORMATION CONTACT

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WALK IN CLINICS

Thank you to Valerie Kirwan from the Valley East Facebook page for creating this list!

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Friday - 8:30 - 11:45am Sat & Sun - 9:00am - 12pm

Northwood Clinic

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Phone: 705-522-3380

HOURS:

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Northwood Clinic

80 Elm St., Sudbury Phone: 705-522-3380

HOURS -

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Sat & Sun - Closed

Northwood Clinic

1280 Lasalle Blvd., Sudbury

Phone: 705-560-2227

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France Gélinas La députée de Nickel Belt - MPP for Nickel Belt

NICKEL BELT BULLETIN

AUGUST / AOÛT 2023

Hello,

I hope you are enjoying our summer!

Here is some information on accessible parking permits. You can apply, replace or renew online, by mail or in-person at a Service Ontario location. There is no cost to obtain or renew your accessible parking permit.

Accessible parking permits are available to individuals with mobility, lung or cardiovascular issues, visual limitation, and others. The following health care provider can sign depending on your limitation: physician, nurse practitioner, physiotherapist, occupational therapist, chiropodist, podiatrist, and chiropractor.

The permits can be issued to individuals or company vehicles, used to transport people with a disability. You can also apply to have them temporarily.

To learn more about accessible parking permit, you can visit the following website:

ontario.ca/page/get-accessible-parking-permit

If you have any questions, you can call us and we would be happy to help you 1-877-280-9990 or 705-969-3621.

Until next month...

Bonjour,

J'espère que vous profitez bien de notre été!

Voici des informations sur les permis de stationnement accessible. Vous pouvez demander, remplacer ou renouveler en ligne, par la poste ou en personne à un centre Service Ontario. Il n'y a aucun coût pour obtenir ou renouveler votre permis de stationnement accessible.

Le permis de stationnement accessible est disponible aux personnes à mobilité réduite, ayant des problèmes pulmonaires ou cardiovasculaires, une limitation visuelle et autres. Les fournisseurs de soins de santé suivant peuvent signer selon votre limitation : médecin, infirmière praticienne, physiothérapeute, ergothérapeute, podologue, podiatre et chiropracticien.

Les permis peuvent être délivrés à une personne ou à un véhicule d'entreprise qui sert à transporter des personnes handicapées. Vous pouvez également demander un permis temporaire.

Pour en savoir plus au sujet des permis de stationnement accessible consulter le :

ontario.ca/fr/page/obtenir-un-permis-destationnement-accessible

Si vous avez des questions, vous pouvez nous appeler et nous serons heureux de vous aider 1-877-280-9990 ou au 705-969-3621.

Au mois prochain...

705-969-3621 1-877-280-9990 www.francegelinas.ca fgelinas-co@ndp.on.ca

Written by Rae Swan



Artist of the Month le a Surprise

It might be you!

Check out the

Onaping Library

for the month of August

And if not you for this year,

Maybe next!

Being

You don't have to paint in oils or watercolours or acrylics... You don't have to draw with a graphite pencil or coloured pencils or pastels... You don't have to etch or sculpt or carve... You don't need to study or take lessons or watch tutorials online...

All you have to do is look inside, discover what it is that makes you who you are, discover what you want to tell others, discover how you want to convey that...

That's all an artist does, no matter in what medium... or small... or extra large...

Spirit of the Dandy-lion

A children's art workshop being offered at the Levack-Onaping Library on August 16th starting at 10:30 will have as the Onaping Falls Art Club volunteer,

Angelina Chevrier.

These workshops are always a treat

And who knows,

maybe the start of an artist's career

Angelina always adds a great artistic touch

and a smile!

Contact the Library for more details

Almost Here!!

Onaping Falls Lions Club Cavalcade of Colours Art Show

Friday, September 29 – Sunday October 1, 2023
Leisure Centre Dowling, Ontario
Open to any artist in the Sudbury area
16 yrs or older

For more info contact Nevaida Howe at 705-066-0137 or 705-923-4543 or nevaida@hotmail.com

Get your entry registered soon!!



New 2 U <u>will NOT</u> be taking any donations over the summer.

Please wait until we re-open that last two weeks of August!

Have a great SUMMER!

FALLS FOOD FOOD BANK











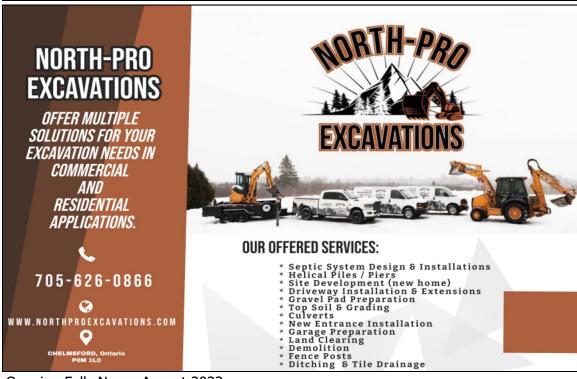
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- Dermatitis
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- GERD
- Hemorrhoids
- Tick Bites

This service can be provided by our pharmacist by appointment only. The assessments are free of charge (with your Ontario Health Card), however, any prescriptions dispensed (if any) will incur pharmacy charges.

AUGUST 2023

Lions Club News

Lion Carmen visits Boston for the Lions Club International Convention (LCIC)





Lion Carmen Portelance took a trip to Boston, Massachusetts to attend the 105th Annual Lions Club International Convention that was held from July 7th to 11, 2023

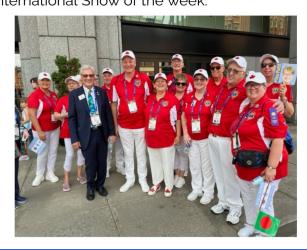
Carmen and her fellow Canadian Lions attended the "Parade of Nation's' and she says she was 'proud to represent the Red and White' and she was also so proud to see the Canadian Lion Pride so strong with so many Red and White shirts representing Canada at the event.

Attendees were treated to Killer Queen' the tribute band to the legendary rock band QUEEN as their International Show of the week.

In the photo above Carmen is ready for the parade dressed in her red and white while carrying the 'Fleuredelise'

In the photo to the right Carmen stands with her fellow Canadian attendees and Lions International Canadian Past Director Tom Gordon (suit) outside Boston Convention Centre.

The L.C.I.C. 2024 will be held in Melbourne Australia!





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Community Happenings

C.V.D.C.S. celebrates 70 Years



CLASS OF 1969

Ward 3 Councillor Gerry Montpellier and his wife Denise posed for photo. Gerry's roots in Ward 3 go back a few years!



CLASS OF 1982

Our beautiful Cindy Picotte-Turgeon wasn't to sure if she wanted to attend but with a little prompting and a promise she would have a blast she was there!!

On the Canada Day Weekend the Chelmsford Valley District Composite School Alumni kicked off its celebrations for their 70th Anniversary/RecconeXion. Registration was held on Friday afternoon at the Highschool (now also an elementary school). Flyers from 1953 and above came in carloads to get their weekend lanyard.

A giant sign was set up in the front area of the school that offered each alumni an opportunity to take a selfie or group photo with the year they graduated.



CLASS OF 1984

These pretty ladies showed up! Nicky Castonguay-Kant, Riita Ala-Leppilampi and Linda Castionguay-Kant

A Variety Show with performances from alumni was held Friday Night with an Evening Social held on Canada Day. You can check out more photos of the Reunion on the Facebook Page 'CVDCS Alumni Association'

A.Y. Jackson Lookout Activity Schedule August 2023

All participants must register for the programs each week on a first-come, first-serve basis.

Contact Dolly at (705) 662-9095 to register.

<u>Dates</u>	<u>Times</u>	<u>Program</u>
Friday, August 4		
Saturday, August 5 Sunday, August 6	11:30 am or 2:00 pm	Sand Art Create your unique and one-of-a-kind designs using sparkling and colourful sand.
Friday, August 11		Find a Crystal
Saturday, August 12	11:30 am or	Two activities in one! Crack open your very own geode to discover an amazing surprise inside. Dig like a real miner to
Sunday, August 13	2:00 pm	excavate a unique rock or mineral and create a keepsake necklace.
Friday, August 18		Po groon Trop Planting
Saturday, August 19	11:30 am or	Re-green Tree Planting Plant a tree at the Lookout and take one home to plant in honour of a birthday or the
Sunday, August 20	2:00 pm	memory of someone you love!
Friday, August 25	11:30 am	Paint a Paddle
Saturday, August 26	or 2:00 pm	Create your own Paddle design with the help of our Liaison's.
Sunday, August 27		